

GAMBARAN TINGKAT PENGETAHUAN IBU TENTANG CARA MENYIKAT GIGI DAN JUMLAH KARIES PADA ANAK PRASEKOLAH

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ABSTRAK

Latar Belakang: Karies gigi merupakan salah satu masalah kesehatan gigi dan mulut yang masih banyak ditemukan pada anak prasekolah. Tingginya angka karies pada anak dapat dipengaruhi oleh berbagai faktor, salah satunya adalah pengetahuan ibu tentang cara menyikat gigi. Ibu memiliki peran penting dalam membimbing anak menjaga kebersihan gigi dan mulut sejak dini. Studi pendahuluan di TK ABA Patuk dan TK Al Hidayah menunjukkan bahwa 70% ibu memiliki pengetahuan yang kurang tepat tentang cara menyikat gigi, sedangkan hasil pemeriksaan menunjukkan 60% anak prasekolah mengalami karies gigi.

Tujuan Penelitian: Diketuinya gambaran tingkat pengetahuan ibu tentang cara menyikat gigi dan jumlah karies pada anak prasekolah.

Metode Penelitian: Penelitian deskriptif dengan pendekatan cross sectional. Populasi adalah ibu dan anak prasekolah di TK ABA Patuk dan TK Al Hidayah. Sampel menggunakan *purposive sampling* berjumlah 46 responden. Penelitian dilaksanakan bulan April. Aspek diteliti tingkat pengetahuan ibu tentang cara menyikat gigi dan jumlah karies anak prasekolah. Data dikumpulkan melalui kuesioner dan pemeriksaan gigi. Analisis menggunakan distribusi frekuensi dan tabulasi silang.

Hasil Penelitian: Tingkat pengetahuan ibu kategori kurang 39,1%. Jumlah karies anak prasekolah kategori banyak 60,9%. Ibu dengan tingkat pengetahuan kurang memiliki jumlah karies kategori banyak 30,4%.

Kesimpulan: Tingkat pengetahuan ibu tentang cara menyikat gigi kategori kurang memiliki jumlah karies kategori banyak

Kata Kunci: pengetahuan ibu, cara menyikat gigi, karies gigi, anak prasekolah.

DESCRIPTIVE STUDY OF MOTHERS' KNOWLEDGE LEVEL ABOUT TOOTH BRUSHING AND NUMBER OF DENTAL CARIES IN PRESCHOOL CHILDREN

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ABSTRACT

Background: Dental caries is one of the oral health problems still commonly found in preschool children. The high rate of caries in children can be influenced by various factors, one of which is mothers' knowledge about tooth brushing. Mothers play an important role in guiding children to maintain oral hygiene from an early age. Preliminary study at TK ABA Patuk and TK Al Hidayah showed that 70% of mothers had inadequate knowledge about tooth brushing, while examination results showed 60% of preschool children experienced dental caries.

Objective: To describe mothers' knowledge level about tooth brushing and number of dental caries in preschool children.

Methods: This was a descriptive study with a cross-sectional approach. The population consisted of mothers and preschool children at TK ABA Patuk and TK Al Hidayah. The sample was selected using purposive sampling, with a total of 46 respondents. The study was conducted in April. The aspects examined were mothers' knowledge of toothbrushing techniques and the number of dental caries among preschool children. Data were collected through questionnaires and dental examinations. Data analysis was performed using frequency distribution and cross-tabulation.

Results: The proportion of mothers with poor knowledge was 39.1%. The proportion of preschool children with a high number of dental caries was 60.9%. Mothers with poor knowledge had children with a high number of dental caries in 30.4% of cases.

Conclusion: Poor maternal knowledge regarding toothbrushing techniques was associated with a high number of dental caries among preschool children.

Keywords: mothers' knowledge, tooth brushing, dental caries, preschool children.