

DAFTAR PUSTAKA

- Adhikari, S. P., Pathak, B. D., Ghimire, B., Baniya, S., Joshi, P., Kafle, P., Adhikari, P., Rana, A., Regmi, L., Dhakal, B., Simkhada, N., Tandon, O. P., Pathak, I. D., & Rawal, N. M. (2023). Prevalence of preoperative anxiety and associated risk factors among patients awaiting elective surgery in a tertiary care hospital. *F1000Research*, 12, 1207. <https://doi.org/10.12688/f1000research.136320.1>
- Amzoute, E. M., Mesfioui, A., Mohamed, B., Elharas, K., Elmastini, H., Elaazia, R., & Alilou, M. (2025). Sleep Quality and Preoperative Anxiety: Prevalence of Disorders and Impact on Surgical Recovery. *Bangladesh Journal of Medical Science*, 24(2), 487–495. <https://doi.org/10.3329/bjms.v24i2.81533>
- Annisa, R., Rosidah, I., & Riyadi, R. S. (2025). Pengaruh dilakukan visite anestesi terhadap tingkat kecemasan pasien pre-operasi bedah ortopedi spinal anestesi di RS PKU Muhammadiyah Gamping. *Journal of Health and Nursing*, Vol 3 No 2. <https://doi.org/10.58738/jhn.v3i2.800>
- Arafat, M. Y. (2024). Research Ethics: Meaning And Principles. In *International Journal of Academic Multidisciplinary Research* (Vol. 8). www.ijeais.org/ijamr
- Ayuningtyas, G., Rachmawati, R., & Marsiwi, A. (2024). Hubungan komunikasi terapeutik dengan tingkat kecemasan pasien pre operasi di RS DR.Sitanala Tangerang. *Prosiding SEMLITMAS: Diseminasi Penelitian Pengabdian Masyarakat*, Vol. 1 No.15.
- Fanuelciho, S., Ruhayati, Y., Sultoni, K., Suherman, A., Damayanti, I., & Rahayu, I. (2024). Reliabilitas pittsburgh sleep quality index versi bahasa Indonesia pada lansia aktif berolahraga. *Jurnal Kesehatan Dan Olahraga*. <http://jurnal.unimed.ac.id/2012/index.php/so>
- Fernández, E., Ordoñez, F. E., Gamez, G. M., Marmolejo, G. C., Parra, I. R., Soler, A.-G. N., & Caballero, C. G. M. (2023). Indicators and predictors modifiable by the nursing department during the preoperative period: A scoping review. In *Journal of Clinical Nursing* (Vol. 32, Issues 11–12, pp. 2339–2360). John Wiley and Sons Inc. <https://doi.org/10.1111/jocn.16287>
- Figueroa, H. R. M., & Alanis, T. B. (2025). Self-esteem and Self-concept as Predictors of Social Anxiety in University Students. *Revista Educación*, 49(1), 1–20. <https://doi.org/10.15517/revedu.v49i1.61007>

- Foster, R. G. (2020). Sleep, circadian rhythms and health. In *Interface Focus* (Vol. 10, Issue 3). Royal Society Publishing. <https://doi.org/10.1098/rsfs.2019.0098>
- Gustini, G., Syarif, I., Sasarari, Z. A., Khair, U., & Anggeraeni, A. (2023). Effect of Therapeutic Communication on Anxiety Levels in Preoperative Patients. *Jurnal Ilmiah Kesehatan Sandi Husada*, 12(2), 427–434. <https://doi.org/10.35816/jiskh.v12i2.1112>
- Halim, E., & Claudia, L. (2023). *The impact of customer satisfaction, customer experience, E-service quality to customer trust in purchasing digital product at the marketplace*. <https://doi.org/10.21776/ub.jam.2022.021.03.02>
- Husain, F. F., & Nuraryo, I. (2024). Health Communication Regarding Patient Anxiety in Orthopedic Surgical Services. *Jurnal Komunikasi Dan Bisnis*, 12(1). <https://doi.org/10.46806/jkb.v12i1.1119>
- Indra, I. (2020). Pre-Anesthesia Assessment and Preparation. *Budapest International Research in Exact Sciences (BirEx) Journal*, 2(2). <https://doi.org/10.33258/birci.v3i2.977>
- Jovanovic, K., Kalezic, N., Sipetic Grujicic, S., Zivaljevic, V., Jovanovic, M., Savic, M., Trailovic, R., Vjestica Mrdak, M., Novovic, M., Marinkovic, J., Kukic, B., Dimkic Tomic, T., Cvetkovic, S., & Davidovic, L. (2022). Patients' Fears and Perceptions Associated with Anesthesia. *Medicina (Lithuania)*, 58(11). <https://doi.org/10.3390/medicina58111577>
- Korkmaz, E., Hacıdursunoğlu Erbaş, D., İlbey Koç, B., Keperawatan, D., Ilmu Kesehatan Universitas Bahçeşehir, F., Sains Terapan Sakarya, U., Ilmu Kesehatan, F., & Şehit Rumah Sakit Penelitian dan Pelatihan İlhan Varank, S. (2024). Investigating the Impact of Preoperative Anxiety Levels on Postoperative Sleep Quality in Surgical Patients. *BAU Health Innov*, 2(2), 54–58. <https://doi.org/10.14744/bauh.2024.40085>
- Lakhe, G., Shrestha, B. B., & Subedi, A. (2022). Preoperative Anxiety among Patients Undergoing Elective Surgery in a Tertiary Care Centre: A Descriptive Cross-sectional Study. *Journal of the Nepal Medical Association*, 60(252), 681–684. <https://doi.org/10.31729/jnma.7636>
- Markos, Z., Mekuanint, A., Samuel Lorato, S., Wolde Mekeso, Y., Yirga, S., Mugoro, M., Aligaz, E. M., Soramo, G. G., & Endale Simegn, A. (2025). Evaluation of preoperative anxiety and anesthesia-related fears in a comprehensive hospital in Ethiopia. *Annals of Medicine & Surgery*, 87(6), 3162–3170. <https://doi.org/10.1097/ms9.0000000000003339>

- Maya, Á. M. S. (2022). Nursing Care during the Perioperative within the Surgical Context. *Investigacion y Educacion En Enfermeria*, 40(2). <https://doi.org/10.17533/udea.ice.v40n2e02>
- Sari, M. S. (2021). Analisis faktor-faktor yang berhubungan dengan kecemasan pada pasien pre operasi. 13(1), 126. <https://jurnal.stikes-aisyiyah-palembang.ac.id/index.php/Kep/article/view/>
- Patel, S., & Ownby, R. (2025). Interactions Between Anesthesia and Sleep: Optimizing Perioperative Care to Improve Sleep Quality and Surgical Recovery Outcomes. *Cureus*. <https://doi.org/10.7759/cureus.78505>
- Peerbhay, A., Miseer, P., & Lowton, K. (2025). Assessing sleep using the Pittsburgh Sleep Quality Index (PSQI) among comorbid HIV and psychiatric outpatients. *South African Journal of Psychiatry*, 31. <https://doi.org/10.4102/sajpsychiatry.v31i0.2366>
- Perdana, A., Fikry Firdaus, M., & Kapuangan, C. (2015). Uji Validasi Konstruksi dan Reliabilitas Instrumen *The Amsterdam Preoperative Anxiety and Information Scale (APAIS) Versi Indonesia Construct Validity and Reliability of The Amsterdam Preoperative Anxiety and Information Scale (APAIS) Indonesian Version*.
- Pratama, I., Susanto, A., & Budi, M. (2024). The Relationship Between Anxiety Levels and Pre-operative Sleep Quality Disorders for Spinal Anesthesia Patients. *Java Nursing Journal*, 2(1), 77–83. <https://doi.org/10.61716/jnj.v2i1.36>
- Rahman, A., Kusumajaya Pubian, A., Studi Keperawatan, P., Indonesia, U., & Sakit Graha Husada Bandar Lampung, R. (2020). Hubungan Kecemasan Dengan Gangguan Tidur Pada Pasien Yang Akan Menjalani Operasi. In *Jurnal Ilmu Keperawatan Indonesia (JIKPI) ISSN* (Vol. 1, Issue 1).
- Rodrigues, L., Ajith, J., Sequeira, J., Dsouza, J., & Lobo, L. (2024). Kecemasan pra operasi dan kualitas tidur pada pasien yang dirawat di rumah sakit terpilih.
- Rohmah, N., Utomo, D. E., & Idu, C. J. (2023). *Jurnal Bioedutech. Tahun*, 9. <http://jurnal.anfa.co.id>
- Shebl, M. A., Toraih, E., Shebl, M., Tolba, A. M., Ahmed, P., Banga, H. S., Orz, M., Tammam, M., Saadalla, K., Elsayed, M., Kamal, M., Abdulla, M., Eldessouky, A. I., Moustafa, Y. T., Mohamed, O. A., & Aiash, H. (2025). Preoperative anxiety and its impact on surgical outcomes: A systematic review and meta-analysis. *Journal of Clinical and Translational Science*, 9(1). <https://doi.org/10.1017/cts.2025.6>

- Sianturi, R., Dwi Putri Sitompul, A., & Pardede, L. (2022). Lama pengobatan hemodialis berhubungan dengan tingkat kecemasan pasien gagal ginjal kronik. *Jurnal Mitra Kesehatan*, 5(1), 57–64. <https://doi.org/10.47522/jmk.v5i1.162>
- Siburian, C. (2021). Hubungan kecemasan dengan kualitas tidur pada pasien pre operasi transurethral resection of the prostate (TURP) di rumah sakit umum imelda pekerja indonesia medan. *Trust Health Journal*, 4(2).
- Wang, L., Wu, Y. X., Lin, Y. Q., Wang, L., Zeng, Z. N., Xie, X. L., Chen, Q. Y., & Wei, S. C. (2022). Reliability and validity of the Pittsburgh Sleep Quality Index among frontline COVID-19 health care workers using classical test theory and item response theory. *Journal of Clinical Sleep Medicine*, 18(2), 541–551. <https://doi.org/10.5664/jcsm.9658>
- Zaki, A. (2022). *PERSPECTIVE Surgical Procedures Involved in Orthopedic Surgery*.