

*THE RELATIONSHIP BETWEEN HUSBAND'S SUPPORT AND THE
SELECTION OF POSTPARTUM CONTRACEPTION AMONG FIRST-
TRIMESTER PREGNANT WOMEN IN THE WORKING AREA OF IMOGIRI II
PRIMARY HEALTH CENTER, BANTUL, 2026*

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ABSTRACT

Background: The coverage of postpartum contraception services in the working area of Imogiri II Bantul Community Health Center in 2025 was only 1.35%, making it one of the health centers with the lowest postpartum contraception coverage in Bantul Regency. One of the factors presumed to be associated with the selection of postpartum contraception is husband's support.

Objective: To determine the relationship between husband's support and the selection of postpartum contraception among first-trimester pregnant women in the working area of Imogiri II Bantul Community Health Center in 2026.

Methods: This study employed a quantitative research design with an observational analytic approach using a cross-sectional design. The study population consisted of 125 first-trimester pregnant women, with a sample of 54 respondents selected using purposive sampling. Data were collected using a husband's support questionnaire and a respondent characteristics form, then analyzed using the Pearson Chi-Square test.

Results: The majority of respondents who received husband's support chose Long-Acting Reversible Contraceptive Methods (LARCs) (85.3%), while all respondents who did not receive husband's support chose non-LARC methods (100.0%). The Pearson Chi-Square test showed a significant relationship between husband's support and the selection of postpartum contraception ($\chi^2 = 36.847$; $p < 0.000$), with a Risk Estimate of 6.800 (95% CI: 3.027–15.278).

Conclusion: Husband's support is significantly associated with the selection of postpartum contraception. Therefore, the involvement of husbands in family planning counseling during pregnancy should be strengthened to support decision-making regarding postpartum contraception.

Keywords: husband's support, postpartum contraception, first-trimester pregnant women, long-acting reversible contraception (LARC), non-LAR

HUBUNGAN DUKUNGAN SUAMI DENGAN PEMILIHAN KONTRASEPSI PASCA SALIN PADA IBU HAMIL TRIMESTER PERTAMA DI WILAYAH KERJA PUSKESMAS IMOGIRI II BANTUL TAHUN 2026

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ABSTRAK

Latar Belakang: Cakupan pelayanan kontrasepsi pasca salin di Wilayah Kerja Puskesmas Imogiri II Bantul tahun 2025 hanya mencapai 1,35%, sehingga menjadi salah satu puskesmas dengan cakupan terendah di Kabupaten Bantul. Salah satu faktor yang diduga berhubungan dengan pemilihan kontrasepsi pasca salin adalah dukungan suami.

Tujuan: Mengetahui hubungan dukungan suami dengan pemilihan kontrasepsi pasca salin pada ibu hamil trimester pertama di Wilayah Kerja Puskesmas Imogiri II Bantul Tahun 2026.

Metode: Penelitian kuantitatif dengan desain analitik observasional menggunakan pendekatan *cross-sectional*. Populasi penelitian berjumlah 125 ibu hamil trimester pertama, dengan sampel 54 responden yang dipilih menggunakan teknik *purposive sampling*. Data dikumpulkan menggunakan kuesioner dukungan suami dan lembar karakteristik responden, kemudian dianalisis menggunakan uji Pearson Chi-Square.

Hasil: Sebagian besar responden yang memperoleh dukungan suami memilih MKJP (85,3%), sedangkan seluruh responden yang tidak memperoleh dukungan suami memilih Non-MKJP (100,0%). Hasil uji Pearson Chi-Square menunjukkan terdapat hubungan yang signifikan antara dukungan suami dengan pemilihan kontrasepsi pasca salin ($\chi^2 = 36,847$; $p < 0,000$) dengan Risk Estimate sebesar 6,800 (95% CI: 3,027–15,278).

Kesimpulan: Dukungan suami berhubungan dengan pemilihan kontrasepsi pasca salin sehingga keterlibatan suami dalam konseling keluarga berencana sejak masa kehamilan perlu ditingkatkan.

Kata Kunci: dukungan suami, kontrasepsi pasca salin, ibu hamil trimester pertama, MKJP, Non-MKJP.