

ABSTRAK

EFEKTIVITAS VIDEO INTERAKTIF "*MISSION 2125*" TERHADAP PENGETAHUAN DAN SIKAP REMAJA DALAM PENCEGAHAN PERNIKAHAN DINI DI SMA N 6 YOGYAKARTA

Azila Khabba Najwaani¹, Niken Meilani², Yuliantisari Retnaningsih³

¹²³Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta

Jl. Mangkuyudan MJ III/304, Mantrijeron, Kota Yogyakarta, Daerah Istimewa Yogyakarta

Email: azilanajwaaa@gmail.com¹, nikenbundaqueena@gmail.com², yuliantisarir@gmail.com³

Latar Belakang: Pernikahan dini masih menjadi permasalahan kesehatan reproduksi yang berdampak pada kesehatan, pendidikan, dan kesejahteraan remaja. Pemanfaatan media edukasi digital, seperti video interaktif dan website, diharapkan dapat meningkatkan pengetahuan dan sikap remaja dalam mencegah pernikahan dini. Penelitian ini bertujuan menganalisis efektivitas video interaktif *Mission 2125* dibandingkan dengan website *Siap Nikah* terhadap pengetahuan dan sikap remaja dalam pencegahan pernikahan dini.

Metode: Penelitian ini menggunakan desain *quasi-experimental with control group pretest-posttest*. Sebanyak 100 siswa dipilih dengan teknik *simple random sampling*, terdiri atas 50 siswa kelompok intervensi di SMA Negeri 6 Yogyakarta dan 50 siswa kelompok kontrol di SMA Negeri 9 Yogyakarta. Data dikumpulkan menggunakan kuesioner pengetahuan (skala *Guttman*) dan sikap (skala *Likert*), kemudian dianalisis dengan uji *Wilcoxon*, *Mann-Whitney U*, dan *Chi-Square*.

Hasil: Video interaktif *Mission 2125* meningkatkan pengetahuan remaja secara signifikan ($p=0,006$), sedangkan website *Siap Nikah* tidak menunjukkan peningkatan yang signifikan pada pengetahuan ($p=0,160$) maupun sikap ($p=0,967$). Uji *Mann-Whitney* menunjukkan bahwa video *Mission 2125* lebih efektif dibandingkan website *Siap Nikah* dalam meningkatkan pengetahuan ($p=0,002$) dan sikap ($p=0,001$). Uji *Chi-Square* menunjukkan hubungan antara kelas dengan pengetahuan *posttest* pada kelompok intervensi ($p=0,027$) serta usia dengan sikap *posttest* pada kelompok kontrol ($p=0,004$).

Kesimpulan: Video interaktif *Mission 2125* lebih efektif dibandingkan website *Siap Nikah* dalam meningkatkan pengetahuan dan sikap remaja mengenai pencegahan pernikahan dini sehingga berpotensi menjadi media promosi kesehatan reproduksi di sekolah.

Kata kunci: pernikahan dini, pencegahan pernikahan dini, video interaktif, website, pengetahuan, sikap, remaja.

ABSTRACT

THE EFFECTIVENESS OF THE "MISSION 2125" INTERACTIVE VIDEO ON ADOLESCENTS' KNOWLEDGE AND ATTITUDES TOWARD THE PREVENTION OF EARLY MARRIAGE AT SMA N 6 YOGYAKARTA

Azila Khabba Najwaani¹, Niken Meilani², Yuliantisari Retnaningsih³

¹²³Department of Midwifery, Poltekkes Kemenkes Yogyakarta
Jl. Mangkuyudan MJ III/304, Mantrijeron, Yogyakarta City, Special Region of Yogyakarta, Indonesia

Email: azilanajwaaa@gmail.com¹, nikenbundaqueena@gmail.com²,
yuliantisarir@gmail.com³

Background: Early marriage remains a reproductive health issue that adversely affects adolescents' health, education, and well-being. The use of digital educational media, such as interactive videos and websites, is expected to improve adolescents' knowledge and attitudes toward early marriage prevention.

Research Objective: To determine the effectiveness of the Mission 2125 interactive video in improving adolescents' knowledge and attitudes toward early marriage prevention at SMA N 6 Yogyakarta.

Research Method: This quasi-experimental study with a control group design involved 100 students selected through simple random sampling. The participants were divided into an intervention group of 50 students at SMAN 6 Yogyakarta and a control group of 50 students at SMAN 9 Yogyakarta. Data were collected using a Guttman-scaled knowledge questionnaire and a Likert-scaled attitude questionnaire, and subsequently analyzed using the Wilcoxon signed-rank, Mann-Whitney U, and Chi-Square tests.

Results: The Mission 2125 interactive video significantly improved adolescents' knowledge ($p = 0.006$), whereas the Siap Nikah website did not significantly improve either knowledge ($p = 0.160$) or attitudes ($p = 0.967$). The Mann-Whitney U test demonstrated that the Mission 2125 interactive video was significantly more effective than the Siap Nikah website in improving both knowledge ($p = 0.002$) and attitudes ($p = 0.001$). The Chi-Square test revealed a significant association between grade level and posttest knowledge in the intervention group ($p = 0.027$), as well as between age and posttest attitudes in the control group ($p = 0.004$).

Conclusion: The Mission 2125 interactive video was more effective than the Siap Nikah website in improving adolescents' knowledge and attitudes toward early marriage prevention. Therefore, it has the potential to serve as a reproductive health promotion medium in schools to support early marriage prevention programs.

Keywords: early marriage, early marriage prevention, interactive video, website, knowledge, attitudes, adolescents.