

DAFTAR PUSTAKA

- Adventus, Jaya, I.M.M. dan Mahendra Donny (2019) *Buku Modul Promosi Kesehatan*. Jakarta.
- Agustin, L.R., Simanjuntak, B.Y. dan Wahyudi, A. (2023) “Edukasi gizi menggunakan media cakram dalam meningkatkan pengetahuan ibu balita tentang kunjungan ke Posyandu,” *Jurnal SAGO Gizi dan Kesehatan*, 5(1), hlm. 253–258. Tersedia pada: <https://doi.org/10.30867/GIKES.V5I1.1458>.
- Alyafei, A. dan Easton-Carr, R. (2024) *The Health Belief Model of Behavior Change*, StatPearls. StatPearls Publishing. Tersedia pada: <https://www.ncbi.nlm.nih.gov/books/NBK606120/> (Diakses: 21 Juni 2026).
- Amalia, R. dkk. (2024) “A Correlational Study of Self-Efficacy, Marital Status, and Quality of Life in Breast Cancer Patients in Aceh, Indonesia,” *Journal of Nursology*, 27(3), hlm. 163–170. Tersedia pada: <https://doi.org/10.17049/Jnursology.1433741>.
- Ariani, S. (2021) *Stop Kanker*. Disunting oleh Qoni. Yogyakarta: Istana media.
- Arikunto, S. (2006) *Prosedur Penelitian, Suatu Pendekatan Praktek*. Rineka Cipta.
- Arikunto, S. (2009) *Prosedur Penelitian, Suatu Pendekatan Praktek*. Jakarta: Rineka Cipta.
- Azwar, S. (2013) *Sikap Manusia Teori dan Pengukurannya*. 2 ed. Yogyakarta: Pustaka Pelajar.
- Cahya, A.D. dkk. (2024) “Profil Pengobatan Kemoterapi pada Pasien Kanker Payudara di Rumah Sakit Umum Daerah Kota Bogor pada Tahun 2022,” *Jurnal Riset Kefarmasian Indonesia*, 6(3), hlm. 437–451.
- Chaves, A., Arnáez, S. dan García-Soriano, G. (2024) “The Effectiveness of a Cell Phone eHealth App in Changing Knowledge, Stigmatizing Attitudes, and Intention to Seek Help Associated With Obsessive-Compulsive Disorder: Pilot Questionnaire Study,” *JMIR mHealth and uHealth*, 12(1), hlm. e48027. Tersedia pada: <https://doi.org/10.2196/48027>.
- Digambiro, R.A. dan Parwanto, E. (2024) *Prinsip Terapi Kanker*. 1 ed. Disunting oleh Andriyanto. Klaten: Penerbit Underline.
- Dina Zakia, S. dkk. (2024) “Hubungan Riwayat Keluarga dengan Kejadian Kanker Payudara Usia Muda di RSUD Ulin Banjarmasin,” 7(3), hlm. 649–656.
- Donsu, J.D., Harmilah dan Adriani, R.B. (2020) *Kemoterapi dan Asupan Suplemen Nutrisi*. Yogyakarta: Poltekkes Jogja Press.
- Guthrie, G. dan Bogue, R. (2015) “Impact of a Shared Medical Appointment Lifestyle Intervention on Weight and Lipid Parameters in Individuals with Type 2 Diabetes: A Clinical Pilot,” *Journal of the American College of*

Nutrition, 34, hlm. 1–10. Tersedia pada: <https://doi.org/10.1080/07315724.2014.933454>.

Irwan (2017) *Etika dan Perilaku Kesehatan*. Yogyakarta: Absolute Media.

Julious, S.A. (2005) “Sample size of 12 per group rule of thumb for a pilot study,” *Pharmaceutical Statistics*, 4(4), hlm. 287–291. Tersedia pada: <https://doi.org/10.1002/PST.185>;Journal:Journal:15391612;Wgroup:String:Publication.

Kementerian, K. (2024) “Rencana kanker nasional 2024-2034,” *Kementerian Kesehatan Republik Indonesia* [Preprint], (September).

Kementerian Kesehatan RI (2024) *Rencana kanker nasional 2024-2034*, *Kementerian Kesehatan Republik Indonesia*.

Khairi, M.F. dkk. (2025) “Evaluasi Keabsahan dan Keandalan Instrumen Penelitian,” *Jurnal Ilmiah Dikdaya*, 15(2), hlm. 709. Tersedia pada: <https://doi.org/10.33087/dikdaya.v15i2.891>.

Kleckner, A.S. dkk. (2022) “Time-restricted Eating to Address Cancer-related Fatigue among Cancer Survivors: A Single-arm Pilot Study,” *Journal of integrative oncology*, 11(4), hlm. 379. Tersedia pada: <https://pmc.ncbi.nlm.nih.gov/articles/PMC9489052/> (Diakses: 10 Juni 2026).

Knowles, M.S. (1984) *Andragogy in Action*. 1 ed. Jossey-Bass.

Kohta, M. dkk. (2025) “Evaluating the Knowledge Level, Practice, and Behavioral Change Potential of Care Managers in Pressure Injury Prevention Using a Mobile App Prototyping Model in the Home-Care Setting: Single-Arm, Pre-Post Pilot Study,” *JMIR formative research*, 9(1), hlm. e57768. Tersedia pada: <https://doi.org/10.2196/57768>.

Magriplis, E. dkk. (2026) “Feasibility and Preliminary Dietary Outcomes of the Smart Family Lifestyle Counseling Intervention in Greek Primary Care: A Single-Arm Pilot Study from Health4Eukids,” *Nutrients*, 18(12), hlm. 1848. Tersedia pada: <https://doi.org/10.3390/NU18121848>.

Maharani, S. (2012) *Mengenal 13 Jenis Kanker dan Pengobatannya*. 2 ed. Disunting oleh M. Sandra. Yogyakarta: KATAHATI.

Maryati, T., Prabowo, D.Y.B. dan Riani, S. (2025) “Pengaruh Diabetes Education (DIA-EDU) Terhadap Tingkat Kepatuhan Diet pada Pasien Diabetes Melitus,” *Jurnal Kesehatan Tambusai*, 6(3), hlm. 13654–13663. Tersedia pada: <https://doi.org/https://doi.org/10.31004/jkt.v6i3.49537>.

Maulida, M.N., Hikayati dan Alfira, D. (2024) “Quintet Educational Cards on Breast Cancer Patients’ Knowledge Regarding Nutrition,” *Biomedical Journal of Indonesia*, 10(3), hlm. 82–87. Tersedia pada: <https://doi.org/10.32539/BJI.V10I3.194>.

- Muscaritoli, M. *dkk.* (2021) “ESPEN practical guideline: Clinical Nutrition in cancer,” *Clinical Nutrition*, 40(5), hlm. 2898–2913. Tersedia pada: <https://doi.org/10.1016/j.clnu.2021.02.005>.
- Notoatmodjo, S. (2007) *Promosi Kesehatan dan Ilmu Perilaku*. Jakarta: Rineka Cipta.
- Notoatmodjo, S. (2014) *Promosi Kesehatan dan Perilaku Kesehatan*. Jakarta: PT Rineka Cipta.
- Novitarum, L., Tampubolon, L. dan Banurea, N. (2026) “Gambaran Status Gizi Pasien Kanker yang Menjalani Kemoterapi di RSUP Haji Adam Malik Medan Tahun 2024,” *Jurnal Kalitbangan*, 14(1). Tersedia pada: <https://jurnal.balitbangda.lampungprov.go.id/index.php/jip/article/view/1556/1079> (Diakses: 19 Juni 2026).
- Pangestu, S. *dkk.* (2025) “Associations between financial toxicity, health-related quality of life, and well-being in Indonesian patients with breast cancer,” *Quality of Life Research*, 34(6), hlm. 1709. Tersedia pada: <https://doi.org/10.1007/S11136-025-03925-Y>.
- Park, S.W. *dkk.* (2026) “Impact of a Mobile Nutrition App on Dietary Outcomes in Cancer Survivors: Pilot Feasibility Study,” *JMIR cancer*, 12. Tersedia pada: <https://doi.org/10.2196/79215>.
- PERSAGI (2016) *Konseling Gizi*. III. Jakarta: Penebar Plus.
- PERSAGI dan ASDI (2020) *Penuntun Diet dan Terapi Gizi*. 4 ed. Disunting oleh Suharyati dkk. Jakarta: Penerbit Buku Kedokteran ECG.
- Pramenisa, W.S. *dkk.* (2025) “Efektivitas Pemanfaatan Konten Edukatif Sebagai Media Edukasi Gizi Terhadap Perubahan Perilaku Asupan Gizi Pasien Kanker di RSI Siti Khadijah Kota Palembang,” *Journal of Nutrition College*, 14(4), hlm. 322–332. Tersedia pada: <https://doi.org/10.14710/jnc.v14i4.47121>.
- Putri, S., Adriani, M. dan Estuningsih, Y. (2019) “Hubungan Antara Nafsu Makan dengan Asupan Energi dan Protein pada Pasien Kanker Payudara Post Kemoterapi” *Media Gizi Indonesia*, 2(14), hlm. 170–176. Tersedia pada: <https://doi.org/10.204736/mgi.v14i2.170-176>.
- Rahman, N. (2017) *Makanan dan Diet Penderita Kanker*. Disunting oleh R. Adelina. Malang: AE Publishing. Tersedia pada: <http://aepublishing.id>.
- Rahmatia Alimun, S. *dkk.* (2024) “Analisis Faktor Risiko Kanker Payudara,” *Fakumi Medical Journal*, 4(6), hlm. 473–484.
- Ramadanti, N.D., Handayani, T.S. dan Pebriana, E. (2025) “Hubungan Pendidikan dan Dukungan Keluarga terhadap Kualitas Hidup pada Pasien Kanker Payudara yang Menjalani Kemoterapi di Rsud Dr. M. Yunus Bengkulu

- Tahun 2024,” *Journal of Multidisciplinary Research*, 1(4), hlm. 189–196.
Tersedia pada: <https://doi.org/https://doi.org/10.70963/jmr.v1i4>.
- Sanaky, M.M., Saleh, L.M. dan Titaley, H.D. (2021) “Analisis Faktor-Faktor Penyebab Keterlambatan pada Proyek Pembangunan Gedung Asrama MAN 1 Tulehu Maluku Tengah,” *Jurnal Simetrik*, 11(1), hlm. 432–439.
- Schwartz, A.R. dkk. (2021) “A Pilot Study of Home-Based Exercise and Personalized Nutrition Counseling Intervention in Endometrial Cancer Survivors,” *Frontiers in oncology*, 11. Tersedia pada: <https://doi.org/10.3389/FONC.2021.669961>.
- Shafa Pramenisa, W. dkk. (2025) “Efektivitas Pemanfaatan Konten Edukatif Sebagai Media Edukasi Gizi terhadap Perubahan Perilaku Asupan Gizi Pasien Kanker di RSI Siti Khadijah Kota Palembang,” *Journal of Nutrition College*, 14(4), hlm. 322–332. Tersedia pada: <https://doi.org/10.14710/JNC.V14I4.47121>.
- Sholihin, R. (2020) *Mengenal, Mencegah, dan Mengatasi Silent Killer Kanker*. Disunting oleh I. Wijayati. Romawi Press.
- Sugiyono (2013) *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. 19 ed. Bandung: ALFABETA, CV.
- Sulviana, S., Kurniasari, R. dan Elvandari, M. (2022) “Pengaruh Edukasi Gizi Menggunakan Media Cakram Gizi Terhadap Pengetahuan dan Perilaku Konsumsi Buah dan Sayur Pada Remaja,” *Jurnal Ilmiah Wahana Pendidikan*, 8(14), hlm. 308–316. Tersedia pada: <https://doi.org/https://doi.org/10.5281/zenodo.6994855> p-ISSN:
- Supariasa, I.D.N. (2013) *Pendidikan dan Konsultasi Gizi*. Disunting oleh D. Widiarti. Jakarta: Penerbit Buku Kedokteran ECG.
- Suraya, A. dkk. (2021) “Excess Risk of Lung Cancer Among Agriculture and Construction Workers in Indonesia,” *Annals of Global Health*, 87(1), hlm. 8. Tersedia pada: <https://doi.org/10.5334/AOGH.3155>.
- Suryani, Y. (2020) *Kanker Payudara*. 1 ed. Sumatera Barat: PT. Freeline Cipta Granesia.
- Susetyowati dkk. (2018) “Nutrition intake, nutritional status and quality of life breast cancer patients in Sardjito Hospital Yogyakarta,” *Jurnal Gizi Klinik Indonesia*, 14(4), hlm. 146–153.
- Syahrudin, E. dkk. (2025) “The Impact of Oral Nutrition Supplementation and Dietary Education on Nutritional Status, Knowledge, Attitudes, and Behaviour in Cancer Patients: A Randomized Clinical Trial,” *Nutrition and Cancer*, 77(4–5), hlm. 474–482. Tersedia pada: <https://doi.org/10.1080/01635581.2025.2474260>.

- Thessalonica, D.E., Iskandar, M.M. dan Fairuz, F. (2025) “Profil Klinis Pasien Tumor Otak: Studi Deskriptif Retrospektif di RSUD Raden Mattaher Jambi Tahun 2021-2024,” *Jurnal Penelitian Inovatif*, 5(4), hlm. 3347–3356. Tersedia pada: <https://doi.org/10.54082/JUPIN.2052>.
- Wahyu, E. dkk. (2025) “Perbedaan Efektivitas Leaflet dan Cakram Gizi terhadap Pengetahuan, Kepatuhan Diet, dan Kadar Glukosa Darah Pasien Diabetes Mellitus Tipe 2,” *NUTRITURE JOURNAL*, 4(1), hlm. 35–53. Tersedia pada: <https://doi.org/10.31290/NJ.V4I1.5257>.
- Wawan, A. dan Dewi, M. (2014) *Teori dan Pengukuran Pengetahuan Sikap dan Perilaku Manusia*. 2 ed. Yogyakarta: Nuha Medika.
- Whitehead, A.L. dkk. (2016) “Estimating the sample size for a pilot randomised trial to minimise the overall trial sample size for the external pilot and main trial for a continuous outcome variable,” *Statistical Methods in Medical Research*, 25(3), hlm. 1057–1073. Tersedia pada: <https://doi.org/10.1177/0962280215588241;ISSUE:ISSUE:DOI>.
- Wiati, F.F., Salsabila, H. dan Nugroho, B. (2025) “Profil pasien kanker pada remaja dan dewasa muda di RS Soeradji Tirtonegoro pada tahun 2018-2023,” *MJS Medical Journal of Soeradji*, 2(2), hlm. 112–120. Tersedia pada: <https://doi.org/10.70605/jt9qgs28>.
- Wongkar, R., Angka, R.N. dan Angeline, R. (2022) “Karakteristik Pasien Kanker Stadium 4 yang Mendapatkan Perawatan Paliatif di Rumah Sakit X,” *Jurnal Kedokteran Meditek*, 28(2), hlm. 126–132. Tersedia pada: <https://doi.org/10.36452/jkdoktmeditek.v28i2.2235>.
- Zhi, X. dkk. (2025) “Knowledge, Attitudes, and Practices Toward Nutritional Management among Patients with Gastrointestinal Cancer: A Cross-Sectional Study,” *Asia-Pacific Journal of Oncology Nursing*, 12. Tersedia pada: <https://doi.org/10.1016/j.apjon.2025.100688>.