

A STUDY OF POSYANDU CADRES' KNOWLEDGE OF CHILD GROWTH CHARTS AND THEIR SKILLS IN CREATING CHILD GROWTH CHARTS IN BANGUNCIPTO VILLAGE

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ABSTRACT

Background: The child growth chart on the *Kartu Menuju Sehat* (KMS) is an important tool for monitoring child growth and the early detection of nutritional problems. The accuracy of growth chart completion is highly influenced by the knowledge and skills of Posyandu cadres. Errors in filling out growth charts may lead to inaccurate nutritional status assessments, thereby hindering efforts to address nutritional problems among children under five.

Objective: To determine the level of knowledge and skills of Posyandu cadres regarding child growth charts and their ability to complete child growth charts in Banguncipto Village.

Methods: This study employed a quantitative descriptive design with a cross-sectional approach. The study population consisted of all 49 Posyandu cadres in Banguncipto Village, selected using a total sampling technique. Knowledge data were collected using a questionnaire, while skill data were obtained through direct observation using an observation checklist. Data were analyzed descriptively and presented as frequency and percentage distributions.

Results: All Posyandu cadres demonstrated a good level of knowledge regarding child growth charts, with 49 cadres (100%) categorized as having good knowledge. Based on the observation results, 41 cadres (83,7%) were classified as skilled, while 8 cadres (16,3%) were classified as less skilled in filling out child growth charts.

Conclusion: Posyandu cadres in Banguncipto Village have a good level of knowledge regarding child growth charts, and the majority of cadres are skilled in completing child growth charts on the KMS.

Keywords: child growth chart, Posyandu cadres, knowledge, skills, KMS.

KAJIAN PENGETAHUAN KADER TENTANG GRAFIK PERTUMBUHAN ANAK DAN KETERAMPILAN KADER DALAM MEMBUAT GRAFIK PERTUMBUHAN ANAK DI DESA BANGUNCIPTO

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ABSTRAK

Latar Belakang: Grafik pertumbuhan anak pada Kartu Menuju Sehat (KMS) merupakan instrument penting dalam pemantauan pertumbuhan balita dan deteksi dini masalah gizi. Ketepatan pengisian grafik pertumbuhan sangat dipengaruhi oleh pengetahuan dan keterampilan kader Posyandu. Kesalahan dalam pengisian grafik dapat menyebabkan ketidakakuratan penilaian status gizi sehingga menghambat upaya penanganan masalah gizi pada balita.

Tujuan: Mengetahui tingkat pengetahuan dan keterampilan kader tentang grafik pertumbuhan anak dan dalam membuat grafik pertumbuhan anak di Desa Banguncipto.

Metode: Penelitian ini merupakan penelitian deskriptif kuantitatif dengan desain cross sectional. Populasi penelitian adalah seluruh kader Posyandu di Desa Banguncipto sebanyak 49 orang yang diambil menggunakan teknik total sampling. Data pengetahuan dikumpulkan menggunakan kuesioner, sedangkan data keterampilan diperoleh melalui observasi langsung menggunakan lembar observasi. Data dianalisis secara deskriptif dan disajikan dalam bentuk distribusi frekuensi dan presentase.

Hasil: Seluruh kader Posyandu memiliki tingkat pengetahuan baik tentang grafik pertumbuhan anak, yaitu sebanyak 49 kader (100%). Berdasarkan hasil observasi, sebanyak 41 kader (83,7%) termasuk kategori terampil dan 8 kader (16,3%) termasuk kategori kurang terampil dalam mengisi grafik pertumbuhan anak.

Kesimpulan: Kader Posyandu di Desa Banguncipto memiliki tingkat pengetahuan yang baik tentang grafik pertumbuhan anak, dan sebagian besar kader telah terampil dalam mengisi grafik pertumbuhan anak pada KMS.

Kata Kunci: grafik pertumbuhan anak, kader Posyandu, pengetahuan, keterampilan, KMS.