

DAFTAR PUSTAKA

- Al-shamrani, A.B.A. *et al.* (2024) 'The Role of Mobile Apps in Prehospital Emergency Care : A Literature Review', 2(11), pp. 1–8.
- Aminah, S. (2025). Efektivitas program edukasi interaktif terhadap kesiapsiagaan masyarakat dalam penanganan serangan jantung di komunitas. *Jurnal Keperawatan Komunitas*, 13(1), 45–54
- Anggraini, N.A. *et al.* (2024) 'Impact of Mobile Application Intervention : DETAK in Early Detection and Early Treatment of Acute Coronary Syndrome', 20(1), pp. 119–125. Available at: <https://doi.org/10.47836/mjmhs.20.1.16>.
- Arsyad, A. (2018) *Media Pembelajaran*. Edisi Revi. Jakarta: PT RajaGrafindo Persada.
- Benes, S. and Alperin, H. (2022) *The Essentials of Teaching Health Education: Curriculum, Instruction, and Assessment*. 2nd edn. Champaign, IL : Human Kinetics.
- Bolon, C.M.T. (2021) *Pendidikan dan Promosi Kesehatan*. Eureka Media Aksara.
- Bourke-, E. *et al.* (2024) 'A prediction model for prehospital clinical deterioration : The use of early warning scores', *Academic Emergency Medicine*, 31(11), pp. 1139–1149. Available at: <https://doi.org/10.1111/acem.14963>.
- Braunwald, E (2015) *Heart Disease: A Textbook of Cardiovascular Medicine 10 th ed.* 10th edn. Edited by Douglas L. Mann *et al.* Philadelphia: Elseiver Saunders.
- Cruz-Cobo, C., Bernal-Jiménez, M. Á., Calle, G., Gheorghe, L. L., Gutiérrez-Barrios, A., Cañadas, D., Tur, J. A., Vázquez-García, R., & Santi-Cano, M. J. (2024). Efficacy of a *Mobile health* App (eMOTIVA) Regarding Compliance With Cardiac Rehabilitation Guidelines in Patients With Coronary Artery Disease: Randomized Controlled Clinical Trial. *JMIR mHealth and uHealth*, 12, e55421. <https://doi.org/10.2196/55421>
- Damayanti, A.E. *et al.* (2018) 'Kelayakan media pembelajaran fisika berupa buku saku berbasis android pada materi fluida statis', *Journal of Science and Mathematics Education*, 1(1), pp. 63–70.
- Dike, F.O. *et al.* (2021) 'Implementation and impact of *mobile health* (mHealth)

- in the management of diabetes mellitus in Africa : a systematic review protocol’, *BMJ Open*, pp. 1–5. Available at: <https://doi.org/10.1136/bmjopen-2020-047556>.
- Dinkes Sleman (2026) *Dashboard Hipertensi*. Available at: <https://smartdinkes.slemankab.go.id/backend-v4/hipertensi/dashboard?pid=P3404130201>.
- Glanz, K., Rimer, B. K., & Viswanath, K. (Eds.). (2024). *Health behavior: Theory, research, and practice* (6th ed.). Jossey-Bass.
- Gustina Adi Priyanti, D., & Dyah Rahmawatie Ratna Budi Utami. (2023). 3Kesiapsiagaan warga dalam menghadapi bencana banjir di Desa Kleco Kulon Kabupaten Sragen. *Sehat Rakyat: Jurnal Kesehatan Masyarakat*, 2(1), 1–9. <https://doi.org/10.54259/sehatrakyat.v2i1.1163>
- Handayani, P.W. *et al.* (2022) *Konsep Mobile health dan Studi Kasus Implementasi Mobile health di Indonesia*. Jakarta: PT RajaGrafindo Persada.
- Hardini, D.S. *et al.* (2020) ‘Teradam Applications for Parental Knowledge in Child Emergency Management’, *Jurnal Basicedu*, pp. 388–397. Available at: <https://doi.org/https://doi.org/10.31004/basicedu.v6i1.2064>.
- Hasan, M. (2022). Hubungan tingkat pendidikan dengan kesiapsiagaan masyarakat dalam menghadapi situasi darurat. *Jurnal Kesehatan Komunitas*, 8(2), 112–120
- Heryana, A. (2022) *Metodologi Penelitian pada Kesehatan Masyarakat*. 3rd edn.
- Irwan. (2022). *Etika dan perilaku kesehatan* (Edisi revisi). CV Absolute Media.
- Jones, W., *et al.* (2023). Impact of vascular screening interventions on perceived threat, efficacy beliefs and behavioural intentions: A systematic narrative review. *Health Promotion International*, 38(3). <https://doi.org/10.1093/heapro/daad040>
- Khayudin, B.A. and Sugiyarto (2024) ‘Pengaruh media aplikasi penanganan henti jantung terhadap tingkat pengetahuan mahasiswa keperawatan poltekkes kemenkes surakarta’, *Journal of Health Science Leksia*, 2(5).
- Kumar, R., Anwar, M., Naeem, N., Zafar, M., Shahzad, K., & Ijaz, M. (2024). Effect of health education on knowledge, perception, and intended

- contraceptive use for family planning among university students in Pakistan. *Scientific Reports*, 14(1), 28474. <https://doi.org/10.1038/s41598-024-79550-5>
- Llubes-Arrià, L., Briones-Vozmediano, E., Mateos, J.T., Sol-Cullere, J., Gea-Sánchez, M., & Rubinat-Arnaldo, E. (2025). Gender differences in self-management activation among patients with multiple chronic diseases: A qualitative study. *Archives of Public Health*, 83(1), 200. <https://doi.org/10.1186/s13690-025-01686-1>
- Madona, M. (2021) ‘Kesiapsiagaan Individu Terhadap Bencana Gempa Bumi di Lingkungan Pusat Pendidikan dan Pelatihan Badan Meteorologi Klimatologi dan Geofisika’, *Jurnal Widya Climago*, 3(2), pp. 22–31. Available at: <https://doi.org/https://media.bmkg.go.id>.
- Maryuni, S., Noviardi, & Mayangsari, N. (2025). Perbandingan dampak video edukasi, leaflet, dan edukasi rutin terhadap peningkatan pengetahuan ibu tentang tanda bahaya masa nifas. *Jurnal Ilmu Multidisiplin*, 4(1), 122–130. <https://doi.org/10.38035/jim.v4i1.838>
- Mosleh, S.M., Khraisat, A., Shoqirat, N., & Obeidat, R. (2024). Using the Health Belief Model to predict self-care behaviors among patients with cardiovascular disease post COVID-19 pandemic. *SAGE Open Nursing*. <https://doi.org/10.1177/23779608241293667>
- Muraya, K., Ogutu, M., Mwadhi, M., *et al.* (2021). Applying a gender lens to understand pathways through care for acutely ill young children in Kenyan urban informal settlements. *International Journal for Equity in Health*, 20, 17. <https://doi.org/10.1186/s12939-020-01349-3>
- Nada, Q. and Furqan, M.H. (2023) ‘Kesiapsiagaan Bencana Gempa Bumi dan Tsunami pada Komunitas Sekolah SDN 21 Banda Aceh’, *Jurnal Pendidikan Geosfer*, 7(2), pp. 180–196. Available at: <https://doi.org/https://doi.org/10.24815/jpg.v7i2.28009>.
- Ningsih, J.S. and Fatryanto, L. (2022) ‘First Aid education media for fracture victims through Android Applications on student knowledge’, *Jurnal Teknologi Kesehatan Borneo*, 3(1), pp. 9–17. Available at:

<https://doi.org/https://doi.org/10.30602/jtkb.v3i1.90>.

- Pradono, J. (2020) *Hipertensi : Pembunuh Terselubung di Indonesia*. Jakarta: Lembaga Penerbit Badan Penelitian dan Pengembangan Kesehatan.
- Purnama (2020) *Analisis Data Penelitian Kuantitatif*. Available at: https://www.researchgate.net/publication/342476833_Analisis_Data_Penelitian_Kuantitatif.
- Puspitasari, I. & Indrianingrum, I. (2021) 'Keefektifan Aplikasi M-Health sebagai Media Promosi Kesehatan dalam Upaya Peningkatan Pengetahuan, Sikap, dan Perilaku Pencegahan Tanda Bahaya Kehamilan', *Jurnal Ilmu Keperawatan dan Kebidanan*, 12(1), pp. 40–48.
- Putu Yusniawati, Y.N. *et al.* (2020) 'Hubungan Persepsi Keluarga dan Pengetahuan Keluarga Terhadap Keterlambatan Tiba Pasien dengan Sindrom Koroner Akut', *Jurnal Kesehatan dr. Soebandi*, 8(2), pp. 96–103. Available at: <https://doi.org/10.36858/jkds.v8i2.215>.
- Rasul, F.A., *et al.* (2022). Women's role in family health decision-making: A systematic review. *BMC Women's Health*, 22(1), 385. <https://doi.org/10.1186/s12905-022-01972-8>
- Royal College of Physicians (2017) *National Early Warning Score (NEWS): Standardising the Assessment of Acute-Illness Severity in the NHS*. London.
- Sancassiani, F. *et al.* (2021) 'Surviving to Acute Myocardial Infarction : The Role of Psychological Factors and Alexithymia in Delayed Time to Searching Care : A Systematic Review', *Journal of Clinical Medicine*, 10(3813). Available at: <https://doi.org/https://doi.org/10.3390/jcm10173813>.
- Saffari, M., Sanaeinasab, H., Rashidi-Jahan, H., *et al.* (2024). An intervention program using the Health Belief Model to modify lifestyle in coronary heart disease: Randomized controlled trial. *International Journal of Behavioral Medicine*, 31(4), 631–641. <https://doi.org/10.1007/s12529-023-10201-1>
- Shahmohamadi, E. *et al.* (2023) ““ Recognition of heart attack symptoms and treatment - seeking behaviors : a multi - center survey in Tehran , Iran ””, *BMC Public Health*, pp. 1–11. Available at: <https://doi.org/10.1186/s12889-023-15826-1>.

- Shalahuddin, I., Salsabila, S., Rukmasari, E. A., Rosidin, U., Eriyani, T., Pebrianti, S., & Maulana, I. (2025). The Impact of Health Promotion Using Leaflet Media on Mothers' Knowledge of the Early Stimulation of Toddlers' Development and Growth. *Journal of multidisciplinary healthcare*, 18, 113–122. <https://doi.org/10.2147/JMDH.S427166>
- Siburian, U.D. *et al.* (2024) ‘The Effectiveness of Health Promotion Using Leaflet Media and Poster Media on The Knowledge of Mother Todders About Stunting 1’, *Scientific of Periodical Public Health and Coastal Health*, 6(1), pp. 752–763.
- SKI (2023) *Survei Kesehatan Indonesia Dalam Angka*.
- Stoleriu, S. *et al.* (2025) ‘The Impact of Mobile Applications on Improving Oral Hygiene Knowledge and Skills of Adolescents : A Scoping Review’.
- Sugiyono (2020) *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. 2nd edn. Edited by Sutopo. Bandung: ALFABETA, cv.
- Suriani, N., Risnita, & Jailani, M. S. (2023). Konsep populasi dan sampling serta pemilihan partisipan ditinjau dari penelitian ilmiah pendidikan. *IHSAN: Jurnal Pendidikan Islam*, 1(2). <https://doi.org/10.61104/ihsan.v1i2.55>
- Sya’diyah, H. *et al.* (2024) *Metodologi Penelitian Keperawatan*. MEDIA SAINS INDONESIA.
- Tang, Y. H., Lin, C. T., & Wu, L. C. (2025). Understanding Health Literacy Through Patients' Interpretation of Health Education Leaflets: A Thematic Narrative Review. *Health expectations : an international journal of public participation in health care and health policy*, 28(6), e70479. <https://doi.org/10.1111/hex.70479>
- Tintinalli, E.J. (2020) *Tintinalli's Emergency Medicine: A Comprehensive Study Guide*. 9th edn. Edited by Judith E. Tintinalli *et al.* McGraw-Hill Education.
- Trisutrisno (2022) *Pendidikan Kesehatan: Teori dan Aplikasi*. Yogyakarta: CV Budi Utama.
- WHO (2025) *Cardiovascular diseases (CVDs) – Key facts*, World Health Organization. Available at: <https://knowledge-action-portal.com/en/content/cardiovascular-diseases-cvds> (Accessed: 15

November 2025).

- Wong, E. M. L., Tam, H. L., Leung, A. Y. M., Cheung, A. S. P., Cheung, K. C., & Leung, D. Y. P. (2022). Impacts of Educational Interventions with Support of Mobile App versus Booklet for Patients with Hypertension and Metabolic Syndrome: A Secondary Data Analysis. *International journal of environmental research and public health*, 19(19), 12591. <https://doi.org/10.3390/ijerph191912591>
- Yatnikasari, S., Asnan, M. and Agustina, F. (2021) ‘Kesiapsiagaan Rumah Tangga terhadap Bencana Banjir di Kelurahan Gunung Lingai Kecamatan Sungai Pinang Kota Samarinda’, *Rang Teknik Journal*, 4(1), pp. 96–103. Available at: <https://doi.org/https://doi.org/10.31869/rtj.v4i1.2208>.
- Zhao, L., *et al.* (2024). Cardiovascular risk in middle-aged adults: Age and hormonal transitions. *Journal of Cardiology and Vascular Medicine*, 12(3), 101–109.