

DAFTAR PUSTAKA

- Aulia, R., & Pramesti, D. (2022). Efektivitas terapi rendam air hangat dalam menurunkan nyeri sendi pada lansia. *Jurnal Keperawatan Nusantara*, 15(2), 112–120.
- Chiaromonte, D., Tamai, A., & Bressan, S. (2021). Non-pharmacological management of pain in children. *Pediatric Reports*, 13(3), 473–481.
- Crellin, D. J., Harrison, D., Santamaria, N., & Babl, F. E. (2021). The FLACC observational pain scale: A review of its development, reliability, and validity. *Pain Research and Management*, 2021.
- Dalbeth, N., Merriman, T. R., & Stamp, L. K. (2021). Gout. *The New England Journal of Medicine*, 384(10), 935–946. <https://doi.org/10.1056/NEJMra2026136>
- Ekpenyong, C. E., & Akpan, E. E. (2021). Phytochemical constituents and anti-inflammatory properties of *Cymbopogon citratus*. *Journal of Pharmacognosy and Phytochemistry*, 10(3), 45–52.
- Hawker, G. A., Mian, S., Kendzerska, T., & French, M. (2022). Measures of adult pain. *Arthritis Care & Research*, 74(2), 203–212.
- Jafar, M. F., Khoiriyah, U., & Nadhiroh, S. R. (2022). Non-pharmacological pain management in clinical practice. *Journal of Nursing Care*, 11(1), 45–52.
- Karcioglu, O., Topacoglu, H., Dikme, O., & Dikme, O. (2022). A systematic review of the pain scales in adults. *Journal of Acute Disease*, 11(1), 15–22.
- Keller, S. F. (2025). *Gout*. MSD Manual Professional Edition.
- Kementerian Kesehatan Republik Indonesia. (2021). Laporan Hasil Riset Kesehatan Dasar 2021 (Riskesdas). Badan Penelitian dan Pengembangan Kesehatan.
- Kumar, K., Kirksey, M. A., Duong, S., & Wu, C. L. (2021). A review of opioid-sparing strategies for perioperative pain management. *Journal of Anaesthesiology*, 25(2), 138–149.
- Larasati, V., Parisa, N., Valentino, A. A., & Diba, M. F. (2024). Tinjauan sistematis histopatologi gout arthritis: Peran sel imun dalam proses inflamasi dan kerusakan jaringan. *Media Penelitian dan Pengembangan Kesehatan*, 34(4), 927–937.
- Mailawati, T., Laksono, R. M., & Fatoni, A. Z. (2021). Hubungan faktor sosiodemografi dengan angka kejadian nyeri kronik pasca bedah mayor. *Journal of Anaesthesia and Pain*.

- Mercadante, S., & Arcuri, E. (2022). Pharmacological management of cancer pain. *Cancers*, 14(3), 1–12.
- Nur Hidayah, N. (2025). Intervensi keperawatan sebagai rencana tindakan keperawatan. *Medic Nutricia Journal*.
- Nuraeni, A., Darni, Z., Rahayu, H. S., Dewi, D. S., Nelwetis, N., Ngasirotun, N., & Yosinda, K. R. (2023). Cegah penyakit gout arthritis melalui deteksi dini. *BERNAS: Jurnal Pengabdian Kepada Masyarakat*, 4(2), 1280–1286.
- Nurhayati, L., & Samodra, F. (2021). Manajemen nyeri menggunakan terapi komplementer pada lansia. *Jurnal Kesehatan Terapan Indonesia*, 9(3), 210–218.
- Potter, P. A., & Perry, A. G. (2021). *Fundamentals of Nursing* (10th ed.). Elsevier.
- PPNI (2018). Standar Intervensi Keperawatan Indonesia. Definisi Dan Kriteria Hasil Keperawatan, Edisi 1. Jakarta: DPP PPNI.
- PPNI (2018). Standar Luaran Keperawatan Indonesia. Definisi dan kriteria hasil keperawatan, Edisi 1. Jakarta: DPP PPNI.
- Putri, S., & Wicaksono, A. (2023). Pengaruh jahe dan serai sebagai antiinflamasi pada kasus peradangan sendi. *Indonesian Journal of Health Science*, 8(1), 45–53.
- Sari, D. A., & Widodo, A. (2022). Konsep dasar nyeri dalam praktik keperawatan. *Jurnal Keperawatan Indonesia*, 25(1), 45–53.
- Sari, D. P., & Handayani, S. (2021). Perubahan metabolisme purin dan kadar asam urat pada lanjut usia. *Jurnal Geriatri Indonesia*, 10(1), 22–29.
- Setyawati, K. S. (2024). Diagnosis and clinical management of gout arthritis. *KESANS: International Journal of Health and Science*, 3(8), 354–363.
- Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2022). *Brunner & Suddarth's Textbook of Medical-Surgical Nursing*. Wolters Kluwer.
- Sugiyono. (2021). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Alfabeta
- Toto, E. M., & Nababan, S. (2023). Penerapan terapi non-farmakologis mengurangi nyeri dan menurunkan kadar asam urat lansia gout arthritis. *Ners Muda*, 4(1), 13-19. <https://doi.org/10.26714/nm.v4i1.11488>
- Tsai, C. H., *et al.* (2021). Evaluation of the Wong-Baker FACES scale in pediatric pain assessment. *Pediatric Nursing Journal*, 47(3), 120-126.

- Utami, F., & Prasetyo, A. (2023). Dampak nyeri gout arthritis terhadap kualitas hidup lansia. *Jurnal Ners Indonesia*, 14(1), 55–63.
- Wagner, C. M., McCloskey Dochterman, J., & Bulechek, G. M. (2024). *Nursing Interventions Classification (NIC)*. University of Iowa College of Nursing.
- Wang, S., Li, Y., & Zhang, Y. (2022). Anti-inflammatory and analgesic effects of *Zingiber officinale*: A systematic review. *Molecules*, 27(21), 7223. <https://doi.org/10.3390/molecules27217223>
- Weaver, J. S., Vina, E. R., Munk, P. L., Klauser, A. S., Elifritz, J. M., & Taljanovic, M. S. (2022). Gouty arthropathy: Review of clinical manifestations and treatment, with emphasis on imaging. *Journal of Clinical Medicine*, 11(1), 166.
- Williamson, A., & Hoggart, B. (2021). Pain: assessment tools and guidelines. *British Journal of Pain*, 14(3), 163-172.
- World Health Organization. (2021). Global report on rheumatic and musculoskeletal disorders.
- Wulandari, S., & Rahmawati, I. (2023). Terapi nonfarmakologis pada nyeri sendi gout arthritis. *Jurnal Keperawatan Komunitas*, 6(1), 45–52.