

**DESCRIPTION OF FEEDING PRACTICES AMONG STUNTED
CHILDREN UNDER FIVE BY CAREGIVERS IN SRIHARJO VILLAGE IN
2026**

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ABSTRACT

Background: Stunting is a chronic nutritional problem that can interfere with children's physical growth and cognitive development. One of the important contributing factors is the caregiver, particularly in feeding practices. Sriharjo Village, Imogiri District, Bantul Regency, still has stunting cases that require attention.

Objective: To identify the description of feeding practices among stunted children under five by caregivers in Sriharjo Village, Imogiri Subdistrict, Bantul Regency, in 2026..

Methods: This study employed a quantitative descriptive design with a survey approach. The subjects consisted of 46 caregivers of stunted toddlers. Data were collected using a Likert-scale questionnaire and analyzed using univariate analysis.

Results: The most dominant feeding practice was the democratic parenting style (65.2%). Most caregivers were mothers (80.4%), housewives (78.3%), had a middle-level education (52.2%), and had low-category sources of information (45.6%).

Conclusion: The feeding practices among stunted children under five by caregivers were predominantly characterized by a democratic parenting style.

Keywords: Stunting, parenting style, feeding practices, toddlers, caregivers

GAMBARAN POLA PEMBERIAN MAKAN PADA BALITA STUNTING OLEH PENGASUH DI KALURAHAN SRIHARJO TAHUN 2026

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ABSTRAK

Latar Belakang: Stunting merupakan masalah gizi kronis yang dapat mengganggu pertumbuhan fisik dan perkembangan kognitif anak. Salah satu faktor penting yang berperan adalah pengasuh, khususnya dalam pola pemberian makan. Kalurahan Sriharjo, Kecamatan Imogiri, Kabupaten Bantul masih memiliki kasus stunting yang perlu mendapat perhatian.

Tujuan: Diketuainya gambaran pola pemberian makan pada balita stunting oleh pengasuh di Kalurahan Sriharjo, Kecamatan Imogiri, Kabupaten Bantul tahun 2026.

Metode: Penelitian ini merupakan penelitian deskriptif kuantitatif dengan pendekatan survei. Subjek penelitian sebanyak 46 pengasuh balita stunting. Data dikumpulkan menggunakan kuesioner skala Likert dan dianalisis secara univariat..

Hasil: Pola pemberian makan pengasuh yang paling dominan adalah pola asuh demokratis (65,2%). Pengasuh sebagian besar adalah ibu (80,4%), bekerja sebagai ibu rumah tangga (78,3%), dengan tingkat pendidikan menengah (52,2%) serta sumber informasi kategori rendah (45,6%).

Kesimpulan: Gambaran pola pemberian makan pada balita stunting oleh pengasuh didominasi pola demokratis.

Kata kunci: Stunting, pola pemberian makan, balita, pengasuh