

DESCRIPTION OF THE CONFORMITY OF SPECIFICATIONS FOR ACCEPTANCE OF ANIMAL DISHES AT THE NUTRITION INSTALLATION OF RSUD dr. TJITROWARDOJO PURWOREJO

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ABSTRACT

Background : Animal food ingredients are food ingredients that are prone to spoilage. The inspection of animal side dishes in the acceptance of food ingredients in hospitals is very important to ensure the quality and quantity of materials received. The process of checking food ingredients is carried out in accordance with the principles of acceptance, namely inspection, observation, recording and reporting on the specifications of receiving food ingredients.

Objective : The suitability of specifications in the acceptance of animal dishes in the Nutrition Installation of RSUD Dr. Tjitrowardojo Purworejo includes the type, quantity, specifications and time of receipt.

Method : This study used an observational method with a cross sectional research design and was conducted from November 2024 to May 2025. The population of this study was animal side dishes received at the Nutrition Installation of RSUD dr. Tjitrowardojo Purworejo with a research sample of four types of animal dishes that are often used in the 10 + 1 menu cycle, including minced chicken, beef, chicken eggs and milkfish. The variables analyzed included the suitability of the type, quantity, specification and time of receipt of animal side dishes.

Result : The suitability of receiving animal side dishes based on the type and quantity received reached a 100% suitability level, indicating that orders were fulfilled properly. Chopped chicken and chicken eggs experienced discrepancies on several days of receipt with a percentage of specification conformity of 71.21%, and conformity of receipt time of 89.39%.

Conclusion : Acceptance of animal side dishes in the Nutrition Installation of RSUD Dr. Tjitrowardojo Purworejo based on the type and amount is appropriate while based on specifications and time of receipt is not appropriate.

Keywords : Animal Dishes, Food Receiving, Receipt Specifications

**GAMBARAN KESESUAIAN SPESIFIKASI PADA PENERIMAAN LAUK
HEWANI DI INSTALASI GIZI RSUD dr. TJITROWARDOJO
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ABSTRAK

Latar Belakang : Bahan pangan hewani merupakan bahan makanan yang rawan akan kerusakan. Pemeriksaan lauk hewani pada penerimaan bahan makanan di Rumah Sakit sangat penting untuk memastikan kualitas maupun kuantitas bahan yang diterima. Proses pemeriksaan bahan makanan dilakukan sesuai dengan prinsip penerimaan, yaitu pemeriksaan, pengamatan, pencatatan dan pelaporan mengenai spesifikasi penerimaan bahan makanan.

Tujuan : Diketuainya kesesuaian spesifikasi pada penerimaan lauk hewani di Instalasi Gizi RSUD dr. Tjitrowardojo Purworejo meliputi jenis, jumlah, spesifikasi dan waktu penerimaan.

Metode : Penelitian ini menggunakan metode observasional dengan desain penelitian *cross sectional* dan dilaksanakan pada bulan November 2024 - Mei 2025. Populasi penelitian ini yaitu lauk hewani yang diterima di Instalasi Gizi RSUD dr. Tjitrowardojo Purworejo dengan sampel penelitian empat jenis lauk hewani yang paling sering digunakan dalam siklus menu 10+1, meliputi ayam cincang, daging sapi, telur ayam dan ikan bandeng cabut duri. Variabel yang dianalisis meliputi kesesuaian jenis, jumlah, spesifikasi dan jadwal penerimaan lauk hewani.

Hasil : Kesesuaian penerimaan lauk hewani berdasarkan jenis dan jumlah yang diterima mencapai tingkat kesesuaian 100%, menunjukkan bahwa pesanan dipenuhi dengan baik. Pada ayam cincang dan telur ayam mengalami ketidaksesuaian pada beberapa hari penerimaan dengan persentase kesesuaian spesifikasi sebesar 71,21%, dan kesesuaian jadwal penerimaan sebesar 89,39%.

Kesimpulan : Penerimaan bahan makanan lauk hewani di Instalasi Gizi RSUD dr. Tjitrowardojo Purworejo berdasarkan jenis dan jumlah sesuai sedangkan berdasarkan spesifikasi dan waktu penerimaan belum sesuai.

Kata Kunci : Lauk Hewani, Penerimaan Bahan Makanan, Spesifikasi Penerimaan