

PENGARUH PENYULUHAN MENGGUNAKAN MEDIA *COLORING BOOK* TERHADAP CARA MENYIKAT GIGI PADA ANAK SEKOLAH DASAR

Medita Sekti Nur Sasti¹, Dwi Suyatmi², Hari Wibowo³
Jurusan Kesehatan Gigi Poltekkes Kemenkes Yogyakarta
Jl. Kyai Mojo No. 56, Bener, Kec. Tegalrejo, Kota Yogyakarta
Email: meditasastic21@gmail.com, dwi_suyatmi@yahoo.com,
03.hariwibowo@gmail.com

ABSTRAK

Latar Belakang: Masalah cara menyikat gigi penduduk Indonesia memiliki persentase 94,7% menyikat gigi setiap hari, hanya 2,8% menyikat gigi di waktu yang benar yaitu sesudah makan pagi dan malam sebelum tidur. Berdasarkan studi pendahuluan melalui lembar kuesioner di SD Muhammadiyah Mirisewu, diperoleh data 70% belum mengetahui cara menyikat gigi yang baik dan benar.

Tujuan: Diketahui pengaruh penyuluhan menggunakan media *coloring book* terhadap cara menyikat gigi pada anak sekolah dasar.

Metode: Penelitian ini menggunakan *Quasi Experimental Design* jenis *One-Group Pretest-Posttest Design* dan mengambil sampel menggunakan teknik *purposive sampling* mendapatkan jumlah 74 siswa. Alat untuk mengambil data menggunakan lembar kuesioner *pretest* dan *posttest*, kemudian analisis data menggunakan uji *Wilcoxon Signed Rank Test*.

Hasil: Hasil skor pengetahuan baik cara menyikat gigi sebelum penyuluhan menggunakan media *coloring book* adalah 3 responden 4,1%, sedangkan hasil skor pengetahuan baik sesudah penyuluhan menggunakan media *coloring book* meningkat menjadi 73 responden 98,6%. Hasil *Uji Wilcoxon* diperoleh 0,000 ($p < 0,05$) pada tingkat pengetahuan, dapat disimpulkan bahwa ada pengaruh media *coloring book* terhadap cara menyikat gigi pada anak sekolah dasar.

Kesimpulan: Media *coloring book* berpengaruh terhadap cara menyikat gigi pada anak sekolah dasar.

Kata Kunci: Penyuluhan, Cara Menyikat Gigi, *Coloring Book*, Tingkat Pengetahuan

THE EFFECT OF COUNSELING USING *COLORING BOOK MEDIA* ON THE METHODS OF BRUSHING TEETH IN PRIMARY SCHOOL CHILDREN

Medita Sekti Nur Sasti¹, Dwi Suyatmi², Hari Wibowo³
Department of Dental Health, Poltekkes Yogyakarta Ministry of Health. Kyai
Mojo No. 56, Bener , Tegalrejo District , Yogyakarta City
Email: meditastic21@gmail.com , dwi_suyatmi@yahoo.com ,
03.hariwibowo@gmail.com

ABSTRACT

Background: Problem method brushing tooth Indonesian people have 94.7% brushing percentage tooth every day, only 2.8% brush teeth at the right time that is after Eat morning and night before sleep. Based on studies introduction through sheet questionnaire at Muhammadiyah Mirisewu Elementary School, data obtained showed that 70% had not know method brushing good and proper teeth.

Objective: It is known influence counseling using *coloring book* media to method brushing teeth in children school base.

Method: Study This use *Quasi-Experimental Design* type *One-Group Pretest-Posttest Design* and taking sample use technique *purposive sampling* to obtain total of 74 students. Tools for retrieve data using sheet questionnaire *pretest* and *posttest*, then Data analysis using the *Wilcoxon Signed Rank Test*.

Results: Score results knowledge Good method brushing tooth before counseling using *coloring book* media was 3 respondents 4.1%, while results score knowledge Good after counseling using *coloring book* media increase to 73 respondents 98.6%. The *Wilcoxon test results* obtained 0.000 ($p < 0.05$) at the level of knowledge, can concluded that There is the influence of *coloring book* media to method brushing teeth in children school base.

Conclusion: *Coloring book* media influential to method brushing teeth in children school base.

Keywords: Counseling, How to Brush Your Teeth, *Coloring Book*, Knowledge Level.