

GAMBARAN KETERAMPILAN KADER POSYANDU DALAM MELAKUKAN PROSEDUR PENIMBANGAN DAN PENGUKURAN TINGGI BADAN PADA BALITA DI KALURAHAN TIRTONIRMOLO

Ulfa Nurul Hidayati, Muhammad Primiaji Rialihanto, Siti Budi Utami
Jurusan Gizi Poltekkes Kemenkes Yogyakarta,
Jl. Tatabumi No.3 Banyuraden, Gamping, Sleman
email : ulfanurul987@gmail.com

ABSTRAK

Latar Belakang : Pemantauan tumbuh kembang anak melalui deteksi dini merupakan salah satu tanggung jawab kader posyandu untuk mengidentifikasi keterlambatan tumbuh kembang pada anak sejak dini. Posyandu merupakan suatu bentuk pelayanan Kesehatan utama yang paling dekat dan mudah dijangkau oleh masyarakat.

Tujuan : Untuk mengetahui gambaran keterampilan kader Posyandu dalam melakukan prosedur penimbangan dan pengukuran tinggi badan pada balita di Kalurahan Tirtonirmolo.

Metode : Penelitian ini termasuk dalam jenis penelitian deskriptif dengan desain observasional deskriptif. Subjek dalam penelitian ini adalah 32 kader posyandu yang bertugas pada 16 Posyandu yang tersebar di Kalurahan Tirtonirmolo wilayah kerja Puskesmas Kasihan 2. Pengumpulan data dilakukan melalui observasi menggunakan formulir checklist SOP penimbangan berat badan dan pengukuran tinggi badan.

Hasil : Pada penimbangan berat badan dari 32 kader posyandu yang telah diamati terdapat 28 kader posyandu (87,5%) tergolong terampil berdasarkan hasil pengamatan, sedangkan 4 kader posyandu (12,5%) tidak terampil dalam melakukan penimbangan berat badan sesuai dengan Standar Operasional Prosedur (SOP). Pada pengukuran tinggi badan dari 32 kader posyandu yang telah diamati terdapat 18 kader posyandu (56,25%) tergolong terampil berdasarkan hasil pengamatan, sedangkan 14 kader posyandu (43,75%) tidak terampil dalam melakukan pengukuran tinggi badan sesuai dengan Standar Operasional Prosedur (SOP).

Kesimpulan : Ketidakterampilan kader posyandu dalam melakukan pengukuran antropometri dapat mengakibatkan terimbasnya kesalahan pada penilaian status gizi balita.

Kata kunci : Keterampilan, Kader, Posyandu, Prosedur

AN OVERVIEW OF THE SKILLS OF POSYANDU CADRES IN CONDUCTING WEIGHING AND HEIGHT MEASUREMENT PROCEDURES IN CHILDREN UNDER FIVE IN TIRTONIRMOLO VILLAGE

Ulfa Nurul Hidayati, Muhammad Primiaji Rialihanto, Siti Budi Utami
Department of Nutrition, Health Polytechnic of the Ministry of Health Yogyakarta
Jl. Tatabumi No.3 Banyuraden, Gamping, Sleman
email : ulfanurul987@gmail.com

ABSTRACT

Background : Monitoring children's growth and development through early detection is one of the responsibilities of posyandu cadres to identify growth and development delays in children early on. Posyandu is a form of primary health care that is closest and easily accessible to the community.

Objective : To determine the description of the skills of posyandu cadres in carrying out weighing procedures and measuring height in children under five in Tirtonirmolo Village.

Method : This research is included in the type of descriptive research with descriptive observational design. The subject in this research were 32 posyandu cadres who served at 16 posyandu spread across Tirtonirmolo sub-district in the working area of Kasihan 2 Health Center. Data collection was carried out through observation using a checklist form for the Standard Operating Procedures (SOP) of weighing body weight and measuring height.

Result : In weighing the body weight of 32 posyandu cadres who have been observed there are 28 posyandu cadres (87,5%) classified as skilled based on the results of observations, while 4 posyandu cadres (12,5%) are not skilled in weighing body weight in accordance with Standard Operating Procedures (SOP). In measuring body height of 32 posyandu cadres who have been observed there are 18 posyandu cadres (56,25%) classified as skilled based on the results of observations, while 14 posyandu cadres (43,75%) are not skilled in measuring body height in accordance with Standard Operating Procedures (SOP).

Conclusion : The lack of skill of posyandu cadres in taking anthropometric measurements can result in errors in assessing the nutritional status of children under five.

Key words : Skills, Cadres, Posyandu, Procedures