

**GAMBARAN KOMPETENSI PEMERIKSAAN PAYUDARA KLINIS  
(SADANIS) PADA MAHASISWA KEBIDANAN POLTEKKES  
KEMENKES YOGYAKARTA**

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**ABSTRAK**

**Latar Belakang:** Kanker payudara merupakan kanker yang paling banyak dialami oleh wanita di Indonesia. Tingginya kasus dan angka kematian menunjukkan pentingnya upaya pencegahan melalui deteksi dini, salah satunya dengan pemeriksaan payudara klinis oleh dokter atau bidan yang kompeten. Mahasiswa kebidanan sebagai calon bidan perlu memiliki kompetensi dalam melakukan pemeriksaan SADANIS.

**Tujuan:** Mengetahui gambaran kompetensi mahasiswa kebidanan dalam melakukan pemeriksaan payudara klinis.

**Metode:** Peneliti menggunakan jenis penelitian deskriptif dengan desain penelitian *cross sectional*. Subjek penelitian yaitu mahasiswa kebidanan semester VI program studi DIII dan DIV Kebidanan. Instrumen penelitian menggunakan form checklist tindakan pemeriksaan payudara klinis.

**Hasil:** Hasil penelitian menunjukkan berdasarkan pengalaman yang dimiliki sebagian besar mahasiswa memiliki pengalaman latihan/klasikal di laboratorium (73,3%). Hampir seluruh mahasiswa memperoleh pengetahuan melalui pembelajaran teori dikelas (88,3%), dan sebagian besar memiliki pengalaman pemeriksaan payudara klinis dari lahan praktik (85%). Berdasarkan sumber informasi, hampir setengah dari mahasiswa mengetahui pemeriksaan ini melalui media elektronik (75%) dan media sosial (63,3%). Secara keseluruhan sebanyak (43,3%) mahasiswa kebidanan dinyatakan kompeten dalam melakukan pemeriksaan payudara klinis.

**Kesimpulan:** Sebagian besar mahasiswa kebidanan telah memiliki kompetensi dalam melakukan pemeriksaan payudara klinis.

**Kata Kunci:** Kompetensi, SADANIS, Mahasiswa Kebidanan, Kanker Payudara

## Overview of Clinical Breast Examination (CBE) Competence Among Midwifery Students at Poltekkes Kemenkes Yogyakarta

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### ABSTRACT

**Background:** Breast cancer is the most common type of cancer among women in Indonesia. The high incidence and mortality rates highlight the importance of prevention through early detection, one of which is clinical breast examination conducted by competent doctors or midwives. As future midwives, midwifery students need to be competent in performing clinical breast examinations (SADANIS), which can be developed through theoretical learning, laboratory-based classical training, and clinical practice.

**Objective:** To describe the competence of midwifery students in performing clinical breast examinations.

**Method:** This research used a descriptive method with a cross-sectional design. The subjects were sixth-semester students from the DIII and DIV Midwifery Study Programs. The instrument used was a clinical breast examination checklist form.

**Results:** The results showed that most students had experience in laboratory/classical training (73.3%). Nearly all students gained knowledge through classroom-based theoretical learning (88.3%), and the majority had hands-on experience with clinical breast examinations from field practice (85%). In terms of information sources, nearly half of the students learned about the examination through electronic media (75%) and social media (63.3%). Overall, 43.3% of midwifery students were categorized as competent in performing clinical breast examinations.

**Conclusion:** Most midwifery students have acquired competence in performing clinical breast examinations..

**Keywords:** Competence, SADANIS, Midwifery Students, Breast Cancer