

CHARACTERISTICS OF WOMEN OF REPRODUCTIVE AGE WITH BREAST CANCER AT RSUD PANEMBAHAN SENOPATI BANTUL IN 2025

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ABSTRACT

Background: Cancer is the second leading cause of death in the world. According to the Ministry of Health, breast cancer ranks first, namely (9.6% or 22,430. Riskesdas data shows that breast cancer is highest in DIY province, namely (2.4% or 4,325). The highest proportion of breast cancer distribution is in Bantul Regency, namely 1,424 cases. Panembahan Senopati Regional Hospital experienced an increase in breast cancer cases in 2023, amounting to 33 cases and in 2024, amounting to 36 cases.

Objective: To determine the characteristics of women of reproductive age with breast cancer at RSUD Panembahan Senopati Bantul in 2025.

Method: Descriptive research with a cross sectional approach. The research subjects consisted of 36 WUS with breast cancer. Data collection was carried out using a checklist sheet. Data processing was carried out using a univariate analysis computer program.

Results: The results of the study showed that almost all subjects with first onset breast cancer were aged 40-49 years, most did not have a family history of cancer; most had menarche before 12 years old, most breastfed for less than 2 years, the age at first pregnancy was over 35 years, half of the subjects used hormonal contraception for more than 5 years, most had a BMI less than 25 kg/m², and most subjects had a history of breast cancer.

Conclusion: Women of reproductive age with breast cancer at Panembahan Senopati Regional Hospital Bantul were mostly aged 40-49 years, the majority did not have a family history of cancer, had menarche before 12 years old, breastfed for less than 2 years, used contraception for more than 5 years, had a BMI less than 25 kg/m², and had a history of breast cancer.

Keywords: Characteristics, women of reproductive age, breast cancer

KARAKTERISTIK WANITA USIA SUBUR DENGAN KANKER PAYUDARA DI RSUD PANEMBAHAN SENOPATI BANTUL TAHUN 2025

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ABSTRAK

Latar Belakang: Kanker merupakan penyumbang kematian nomor dua di dunia. Berdasarkan Kementerian Kesehatan kanker payudara menempati urutan pertama yaitu (9,6% atau 22.430. Data Riskesdas menunjukkan kanker payudara tertinggi di provinsi DIY yaitu (2,4% atau 4.325). Proporsi persebaran kanker payudara tertinggi di Kabupaten Bantul yaitu 1.424 kasus. RSUD Panembahan Senopati mengalami kenaikan kasus kanker payudara di tahun 2023 berjumlah 33 kasus dan 2024 berjumlah 36 kasus.

Tujuan: Mengetahui karakteristik wanita usia subur dengan kanker payudara di RSUD Panembahan Senopati Bantul tahun 2025.

Metode: Penelitian deskriptif dengan pendekatan *cross sectional*. Subjek penelitian terdiri dari 36 WUS dengan kanker payudara. Pengambilan data dilakukan menggunakan lembar *checklist*. Pengolahan data dilakukan dengan program *computer* analisis univariat.

Hasil: Hasil penelitian menunjukkan hampir seluruh dari subjek usia pertama kanker payudara usia 40-49 tahun, sebagian besar tidak memiliki riwayat kanker pada keluarga, sebagian besar *menarche* <12 tahun, sebagian besar menyusui <2 tahun, usia pertama hamil >35 tahun, setengah dari subjek penggunaan kontrasepsi hormonal >5 tahun, sebagian besar IMT <25 kg/m², sebagian besar subjek memiliki riwayat kanker payudara.

Kesimpulan: Wanita usia subur dengan kanker payudara di RSUD Panembahan Senopati Bantul hampir seluruh dari subjek usia mengalami kanker payudara usia 40-49 tahun, sebagian besar tidak memiliki riwayat kanker pada keluarga, *menarche* <12 tahun, lama menyusui <2 tahun, lama penggunaan kontrasepsi >5 tahun, IMT <25 kg/m², memiliki riwayat kanker payudara.

Kata Kunci: Karakteristik, wanita usia subur, kanker payudara