GAMBARAN TINGKAT PENGETAHUAN DAN PERILAKU WANITA USIA SUBUR (WUS) DALAM PEMERIKSAAN PAYUDARA SENDIRI (SADARI) DI WILAYAH KERJA PUSKESMAS SRANDAKAN TAHUN 2025

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ABSTRAK

Latar Belakang: Prevalensi kanker menurut SKI 2023 di Provinsi DIY yaitu 3,6 per 1000 dengan jumlah kasus kanker payudara di DIY sebanyak 1304 kasus. Di Kabupaten Bantul pada tahun 2023 terbanyak berada di Kecamatan Srandakan dengan 224 kasus. SADARI merupakan upaya deteksi dini kanker payudara. Pengetahuan dan perilaku WUS menjadi faktor kunci dalam upaya deteksi dini kanker payudara

Tujuan: Mengetahui gambaran pengetahuan dan perilaku WUS dalam SADARI di eilayah kerja Puskesmas Srandakan

Metode: Penelitian ini dilaksanakan pada bulan Mei 2025. Penelitian ini adalah penelitian deskriptif dengan desain penelitian *cross-sectional*. Populasi penelitian ini adalah seluruh WUS di Padukuhan Sambeng III yang bersedia menjadi responden sebanyak 58 orang. Alat ukur yang digunakan yaitu kuesioner (angket).

Hasil: Berdasarkan hasil penelitian diketahui bahwa sebagian besar responden berusia antara 16-25 tahun (27.6%), responden berpendidikan menengah (53,4%),, mendapatkan sumber informasi dari 1 jenis sumber (44.8%), usia menarche diatas 12 tahun (63.8%) dan tidak ada riwayat keluarga (100%). Sebagian besar responden memliki tingkat pengetahuan baik berusia 16-25 tahun (24,1%), berpendidikan menengah (39,7%), mendapat sumber informasi dari 2 sumber (34,5%), usia menarche >12tahun (48,3%), dan tidak ada riwayat keluarga (100%). Sebagian besar responden memliki perilaku cukup baik berusia 16-25 tahun sebanyak 12 orang (20,7%), berpendidikan menengah sebanyak 22 orang (37,9%), mendapatkan sumber informasi dari 2 jenis sumber sebanyak 18 orang (31%), usia menarche >12tahun sebanyak 28 orang (48,3%), dan tidak ada riwayat keluarga sebanyak 39 orang(67,2%). Sebagian besar responden memliki pengetahuan baik dengan perilkau cukup baik (51,7%).

Kesimpulan: Sebagian besar responden mempunyai tingkat pengetahuan baik tentang SADARI dengan perilaku cukup baik dalam SADARI.

Kata Kunci: Perilaku, SADARI, Tingkat pengetahuan

DESCRIPTION OF KNOWLEDGE LEVEL AND BEHAVIOR OF WOMEN OF REPRODUCTIVE AGE (WRA) IN BREAST SELF-EXAMINATION (BSE) IN THE WORK AREA OF SRANDAKAN COMMUNITY HEALTH CENTER IN 2025

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ABSTRACT

Background: *The prevalence of cancer according to SKI 2023 in the Province of DIY is 3.6 per 1000 with the number of breast cancer cases in DIY as many as 1304 cases. In Bantul Regency in 2023, the most were in Srandakan District with 224 cases. SADARI is an effort to detect breast cancer early. Knowledge and behavior of WUS are key factors in efforts to detect breast cancer early.*

Objective: *To find out the description of knowledge and behavior of WUS in SADARI in the working area of Srandakan Health Center.*

Methods: *This study was conducted in May 2025. This study is a descriptive study with a cross-sectional research design. The population of this study was all WUS in Sambeng III Hamlet who were willing to be respondents, totaling 58 people. The measuring instrument used was a questionnaire.*

Results: *Based on the results of the study, it is known that most respondents were aged between 16-25 years (27.6%), respondents with secondary education (53.4%), obtained information sources from 1 type of source (44.8%), menarche age above 12 years (63.8%) and no family history (100%). Most respondents had a good level of knowledge aged 16-25 years (24.1%), had secondary education (39.7%), obtained information sources from 2 sources (34.5%), menarche age>12 years (48.3%), and had no family history (100%). sufficient behavior aged 16-25 years as many as 12 people (20.7%), had secondary education as many as 22 people (37.9%), obtained information sources from 2 types of sources as many as 18 people (31%), menarche age>12 years as many as 28 people (48.3%), and had no family history as many as 39 people (67.2%). Most respondents have good knowledge with fairly good behavior (51.7%).*

Conclusion: *Most respondents have a good level of knowledge about SADARI with quite good behavior in SADARI.*

Keywords: *Behavior, Knowledge level, BSE*