

**THE RELATIONSHIP BETWEEN HUSBAND'S SUPPORT AND THE
SUCCESS OF EXCLUSIVE BREASTFEEDING AMONG MOTHERS WITH
INFANTS AGED 6-12 MONTHS AT SEWON I PUBLIC HEALTH CENTER
BANTUL**

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ABSTRACT

Background: The coverage of exclusive breastfeeding in Bantul Regency in 2023 was 83.30%, but it was not evenly distributed across all regions, including the Sewon I Bantul Community Health Center (68.6%). Exclusive breastfeeding is influenced by various factors, one of which is husband's support

Objective: To determine the relationship between husband's support and the success of exclusive breastfeeding in breastfeeding mothers.

Methods: This study used a quantitative approach with a cross-sectional design. The independent variable in this study was husband's support, while the dependent variable was the success of exclusive breastfeeding in breastfeeding mothers aged 6-12 months. A sample of 55 respondents was obtained from a total of 77 respondents after selection based on inclusion and exclusion criteria. The instrument used was a questionnaire to measure husband's support (emotional, informational, instrumental, and assessment) and the success of exclusive breastfeeding. Data were analyzed using the chi-square test.

Result: The study showed that 60.8% of mothers received good husband's support, and 72.5% were successful in exclusive breastfeeding. There is a significant relationship between husband's support and the success of exclusive breastfeeding ($p < 0.05$).

Conclusion: Husband's support plays a significant role in the success of exclusive breastfeeding. Husband's involvement needs to be increased through targeted health education and promotion.

Keywords: Husband support, exclusive breastfeeding, breastfeeding mothers.

HUBUNGAN DUKUNGAN SUAMI DENGAN KEBERHASILAN PEMBERIAN ASI EKSKLUSIF PADA IBU MENYUSUI USIA 6-12 BULAN DI PUSKESMAS SEWON I BANTUL

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ABSTRAK

Latar Belakang: Cakupan pemberian ASI eksklusif di Kabupaten Bantul pada tahun 2023 (83,30%), namun belum merata di semua wilayah, termasuk Puskesmas Sewon I Bantul (68,6%). Pemberian ASI eksklusif dipengaruhi oleh berbagai faktor, salah satunya adalah dukungan suami.

Tujuan: Mengetahui hubungan antara dukungan suami dan keberhasilan pemberian ASI eksklusif pada ibu menyusui.

Metode: Penelitian ini menggunakan pendekatan kuantitatif dengan desain *cross sectional*. Variabel independen dalam penelitian ini adalah dukungan suami, sedangkan variabel dependen adalah keberhasilan pemberian ASI eksklusif pada ibu menyusui usia 6-12 bulan. Sampel sebanyak 55 responden diperoleh dari total 77 responden setelah dilakukan seleksi berdasarkan kriteria inklusi dan eksklusi. Instrumen yang digunakan berupa kuesioner untuk mengukur dukungan suami (emosional, informasi, instrumental, penilaian) serta keberhasilan pemberian ASI eksklusif. Data dianalisis menggunakan uji chi-square.

Hasil: Penelitian menunjukkan bahwa 60,8% ibu menerima dukungan suami yang baik, dan 72,5% berhasil memberikan ASI eksklusif. Ada hubungan yang signifikan antara dukungan suami dengan keberhasilan ASI eksklusif ($p < 0,05$).

Kesimpulan: Dukungan suami memiliki peran yang signifikan dalam keberhasilan pemberian ASI eksklusif. Keterlibatan suami perlu ditingkatkan melalui edukasi dan promosi kesehatan yang terarah.

Kata Kunci: Dukungan suami, ASI eksklusif, ibu menyusui.

