

Daftar Pustaka

- Abdi, F., & Simbar, M. (2023). The Peer Education Approach in Adolescents- Narrative Review Article. In *Iranian J Publ Health* (Vol. 42, Issue 11). <http://ijph.tums.ac.ir>
- Adinda, N. A. R. (2023). *Pengaruh Promosi Peningkatan Konsumsi Sayur dan Buah Melalui Media Kartu Kuartet Terhadap Perbaikan Pengetahuan dan Konsumsi Sayur dan Buah Pada Anak Usia Sekolah di SDN 004 Samarinda Ulu*. 2, 2290–2302.
- Alnuwaysir, R. I. S. (2022). Iron deficiency in heart failure : mechanisms and pathophysiology. *Journal of Clinical Medicine*, 11(1).
- Andriasturi. (2020). Prevalence of anemia and iron profile among children and adolescent with low socio-economic status. *Int J Pediatr Adolesc Med*, 7(2), 88–92.
- Baiti, E. N. N. (2023). *Peran Puskesmas, Sekolah, dan Orang Tua dalam Program Penanggulangan dan Pencegahan Anemia Remaja Putri di SMKN 1 Yogyakarta*.
- Darsini, F. (2019). *Pengetahuan ; Artikel Review*. 12(1), 95–107.
- Dewi, A. D. A. (2022). Asupan Zat Besi, Vitamin C, Pengetahuan Gizi Kaitannya dengan Kejadian Anemia Remaja Putri di Bantul, Daerah Istimewa Yogyakarta. *Amerta Nutrition*, 6(1SP), 291–297. <https://doi.org/10.20473/amnt.v6i1sp.2022.291-297>
- Dinkes, Y. (2023). *Profil Kesehatan Tahun 2023*.
- Dodd, S., Widnall, E., Russell, A. E., Curtin, E. L., Simmonds, R., Limmer, M., & Kidger, J. (2022). School-based peer education interventions to improve health: a global systematic review of effectiveness. *BMC Public Health*, 22(1), 2247. <https://doi.org/10.1186/s12889-022-14688-3>
- Du, Y., Gamal Katoue, M., Qian, H., Xu, M., Luo, Y., Zhang, Y., Xia, R., & Zou, X. (2023). *Game-based learning in medical education*. <https://doi.org/10.3389/fpubh.2023.1113682>
- Elba, F., Daryanti, E., Gumilang, L., & Nurjannah, T. A. (2021). *Correlation Between Consumption of Protein and Vitamin C Among Children Aged 12-24 Months with Anemia in the South Sumedang District*. 2021, 220–227. <https://doi.org/10.18502/cls.v6i1.8606>
- Etik, R. (2020). Pengembangan Instrumen Pengukuran Sikap Tanggung Jawab Siswa. *Journal of Educational Evaluation Studies*, 1(2).
- Fadillah, Q. N., Hakim, L., Studi, P., Guru, P., & Dasar, S. (2023). *Pengembangan Kartu Pertanyaan Truth Or Dare Pada Materi Perubahan Wujud Zat Siswa Sekolah Dasar*. 3, 8333–8346.

- Febriani, D. (2022). The Role of Prior Knowledge in Health Education Interventions Among Teenagers. *BMC Public Health*, 22(1), 1–9.
- Ghadam, O. S., Sohrabi, Z., Mehrabi, M., Fararouei, M., Shahraki, M., Hejazi, N., Clark, C. C. T., Mehrabani, S., Gerami, S., & Nouri, M. (2023). Evaluating the effect of digital game-based nutrition education on anemia indicators in adolescent girls: A randomized clinical trial. *Food Science and Nutrition*, 11(2), 863–871. <https://doi.org/10.1002/fsn3.3120>
- Gui, Y., Cai, Z., Yang, Y., Kong, L., Fan, X., & Tai, R. H. (2023). Effectiveness of digital educational game and game design in STEM learning: a meta-analytic review. *International Journal of STEM Education*, 10(1). <https://doi.org/10.1186/s40594-023-00424-9>
- Gutterman. (2021). The evaluation of iron deficiency an diron overlad. *Deutches Arzteblatt International*, 118(49), 847–856.
- Isaura, R. (2022). The difference of iron levelbased on the coooking time and methods applied on the tempeh and beef liver : An experimental study. *Media Gizi Indonesia*, 17(2), 159–167.
- Kamran, .T. (2023). Iron deficiency anemia. In *StatPearls Publishing*. StatPearls Publishing.
- Kartiwi, N. M. M. (2023). *Gambaran Kejadian Anemia pada Remaja Putri kelas X di SMAN 7 Yogyakarta tahun 2023*.
- Kemenkes. (2023). *Survei Kesehatan Indonesia Tahun 2023*.
- Kemenkes RI. (2018). Pedoman pencegahan dan Penangan Anemia pada Remaja Putri dan Wanita Usia Subur. *Kemenkes RI*.
- Kemenkes RI. (2022). Aksi Bergizi: Gerakan sehat untuk remaja masa kini. *Kementerian Kesehatan Republik Indonesia*.
- Kementerian Kesehatan RI. (2019). *Peraturan Menteri Kesehatan No 28 Tahun 2019 Tentang Angka Kecukupan Gizi*. 11(1), 1–14.
- Kementerian Kesehatan RI. (2023). *Survei Kesehatan Indonesia*. 907.
- Khaer, A. (2021). Tantangan jurnalisme cetak di era digital. *Trilogi*, 2(3).
- Khani Jeihooni, A., Hoshyar, S., Afzali Harsini, P., & Rakhshani, T. (2021). The effect of nutrition education based on PRECEDE model on iron deficiency anemia among female students. *BMC Women's Health*, 21(1). <https://doi.org/10.1186/s12905-021-01394-2>
- Khasanah, P. U., Asyari, A. O., Ratnawati, A. E., & Kurniawati, E. Y. (2022). *Faktor-Faktor yang Berhubungan dengan Anemia Remaja Putri*. 8(1), 30–35.
- Kireyna, E. (2021). *Hubungan Asupan Vitamin C dengan Kejadian Anemia pada Remaja Putri di SMP Negeri 12 Banjarmasin*. 349–356.
- Kusuma. (2022). Efektivitas edukasi gizi dalam mencegah anemia pada remaja perempuan: Literature review. *Jurnal Gizi Dan Kesehatan*, 14(2), 87–95.

- Lawreen Green, K. (2005). *Health program planning: An Educational and Ecological Approach* (4TH Editio). McGraw-Hill Education.
- Mohd, A. (2022). TMPRSS6 gene polymorphisms associated with iron deficiency anaemia among global population. *Egyptian Journal of Medical Human Genetics*, 23(1), 1–16.
- Muhayati, A. (2019). Hubungan Antara Status Gizi dan Pola Makan dengan Kejadian Anemia. *Jurnal Ilmiah Ilmu Keperawatan Indonesia*, 9, 563–570.
- Ngarofah, S. (2018). *Teaching Vocabulary Using Flashcard*. 1(6), 775–782.
- Nugraha, G. (2020). Hubungan antara karakteristik dan kadar Hb ibu hamil trimester III di Puskesmas Jagir Surabaya. *Human Care Journal*, 5(3), 624–630.
- Nurhidayah, S. (2023). Homogeneity of Demographic Characteristics in Health Intervention Studies: A Case of Anemia Education. *Journal of Adolescent Health*, 72(4), 112–120.
- Nurul Fitriani, A. E. Y. H. (2022). *HUBUNGAN TINGKAT PENGETAHUAN MENGENAI ANEMIA DENGAN PERILAKU PENCEGAHAN ANEMIA PADA REMAJA PUTRI DI DAERAH ISTIMEWA YOGYAKARTA*. <http://etd.repository.ugm.ac.id/>
- Pariati, J. (2021). Gambaran Pengetahuan Kesehatan Gigi Dengan Penyuluhan Metode Storytelling Pada Siswa Kelas Iii Dan Iv Sd Inpres Mangasa Gowa. *Media Kesehatan Gigi : Politeknik Kesehatan Makassar*, 19(2), 7–13. <https://doi.org/10.32382/mkg.v19i2.1933>
- Piskin, E. (2022). Iron absorption : factors, limitations, and improvement methods. *ACS Omega*, 7(24).
- Polit, D. F. , & B. C. T. (2021). *Essentials of Nursing Research: Appraising Evidence for Nursing Practice* (10th ed.). Wolters Kluwer.
- Putri, E. P. (2022). *Hubungan Pengetahuan dan Perilaku Pencegahan dengan Kejadian Anemia pada Remaja Putri di SMK Kesehatan Nusantara Surabaya*.
- Rahayu, D. T., Utami, R. P., Karya, S., & Kediri, H. (2020). *Suplementasi Tablet Fe dan Vitamin C pada Remaja Putri dengan Anemia*. *September*, 957–964.
- Rahayu, S. (2023). Faktor-faktor yang Berhubungan dengan Kejadian Anemia Remaja Putri di SMAN 5 Yogyakarta. *Prosiding Seminar Nasional Universitas Respati Yogyakarta*, 5(1).
- Rahmi, S. N. (2021). *Media Kartu Permainan Berbasis Truth or Dare Play (TODP) pada Materi Virus*. 5(3), 399–405.
- Saputro, G. I., Handajani, S., Bahar, A., & Dewi, R. (2022). Game Card Sebagai Media Edukasi Konsumsi Jajanan Sehat untuk Meningkatkan Pengetahuan dan Sikap Siswa SD. *Jurnal Tata Boga*, 11(1), 50–58.
- Segel, G. B. (2022). Iron deficiency anemia. *Pediatric Clinical Advisor*, 30–31.

- Shafi, M. E. (2018). Relation between depressive disorder and iron deficiency anemia among adult reporting to a secondary healthcare facility : A hospital based case control study. *Journal of Teh Collage of Physicians and Surgeons Pakistan*, 28(6), 456–459.
- Soi. (2018). Breakfast habits and its relation to nutritional status and anemia among elementary school children. *Health Polytechnic of Ministry Of Health in Kupang*, 439–448.
- Styaningrum, S. D., Metty, M., Studi, P., Program, G., Kesehatan, F. I., & Yogyakarta, U. R. (2021). *Games Kartu Milenial Sehat sebagai media edukasi pencegahan anemia pada remaja putri di sekolah berbasis asrama Healthy Millennial Card games as an anemia prevention education media among female adolescent at boarding school*. 04(02), 171–178.
- Suchdev, P. S. (2019). Anemia epidemiology, pathophysiology, and etiology in low- and middle-income countries. *Annals of the New York Academy of Sciences*, 1, 1450.
- WHO. (2021). *Anaemia in women and children*. The Global Health Observatory. https://www.who.int/data/gho/data/themes/topics/anaemia_in_women_and_children
- WHO. (2022, November 24). *Adolescent health*. <https://www.who.int/news-room/fact-sheets/detail/adolescent-health>.
- WHO. (2023a). *Anaemia*. World Health Organization. <https://www.who.int/news-room/fact-sheets/detail/anaemia>
- WHO. (2023b). *Anaemia*. World Health Organization.
- Zhu, Z., Sudfeld, C. R., Cheng, Y., Qi, Q., Li, S., Elhoumed, M., Yang, W., Chang, S., Dibley, M. J., Zeng, L., & Fawzi, W. W. (2021). *Anemia and associated factors among adolescent girls and boys at 10 – 14 years in rural western China*. 1–14.