

GAMBARAN PENGETAHUAN IBU DALAM MEMBIMBING MENYIKAT GIGI DAN SKOR PLAK SERTA JUMLAH KARIES ANAK

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ABSTRAK

Latar Belakang : Penyakit gigi dan mulut yang paling umum adalah kerusakan gigi. Pengetahuan orang tua khususnya ibu tentang cara menjaga kesehatan gigi dan mulut sangat penting dalam membentuk perilaku yang menunjang kebersihan gigi dan mulut anak dalam menjaga kesehatan gigi dan mulut. Karies gigi menjadi perhatian penting bagi anak sekolah dasar karena merupakan salah satu indikator keberhasilan dalam menjaga kesehatan gigi dan mulut anak

Tujuan Penelitian : Diketuinya gambaran pengetahuan ibu dalam membimbing menyikat gigi dan skor plak serta jumlah karies gigi pada anak

Metode Penelitian : Jenis Penelitian ini bersifat *deskriptif* dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah seluruh ibu dan anak sekolah dasar kelas 2. Cara pengambilan sampel menggunakan teknik sampling jenuh dengan jumlah sampel 33 responden ibu dan 33 responden anak. Hasil penelitian disajikan dalam bentuk distribusi frekuensi dan tabulasi silang.

Hasil Penelitian : Hasil penelitian menunjukkan bahwa pengetahuan ibu dalam membimbing menyikat gigi anak sekolah dasar dengan kriteria baik sebanyak 20 responden (60,6%). Kriteria skor plak baik sebanyak 15 responden (45,5%) dan jumlah karies dengan kriteria sedikit sebanyak 18 responden (54,5%).

Kesimpulan : Sebagian besar pengetahuan ibu dalam membimbing menyikat gigi anak sekolah dasar dengan kriteria baik dan skor plak baik serta jumlah karies sedang.

Kata Kunci : Pengetahuan Ibu, Skor Plak, Karies Gigi, Anak Sekolah Dasar

DESCRIPTION OF MOTHER'S KNOWLEDGE IN GUIDING TEETH BRUSHING AND PLAQUE SCORES AND THE NUMBER OF CHILDREN'S CARIES

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ABSTRACT

Background : The most common dental and oral disease is tooth decay. The knowledge of parents, especially mothers, about how to maintain healthy teeth and mouth is very important in forming behavior that supports children's dental and oral hygiene in order to maintain the health of their children's teeth and mouth. Dental caries is an important concern for elementary school children because it is an indicator of success in maintaining children's oral and dental health.

Research Method : To determine the description of mother's knowledge in guiding tooth brushing and plaque scores and the amount of dental caries in children. This type of research is descriptive with a cross sectional approach. The population in this study were all mothers and grade 2 elementary school children. The sampling method used a saturated sampling technique with a sample size of 33 mother respondents and 33 child respondents. The research results are presented in the form of frequency distribution and cross tabulation.

Research Results : The research results showed that mothers' knowledge in guiding elementary school children's tooth brushing was 12.1% poor with a bad plaque score of 15.2% and a large amount of caries was 15.2%.

Conclusion : Most of the mothers' knowledge in guiding elementary school children's tooth brushing with good criteria and good plaque scores and moderate caries levels.

Keywords : Mothers's Knowledge, Plaque Score, Dental Caries, Elementary School Children