

GAMBARAN SANITASI RUANG UKS SEKOLAH DASAR DI KECAMATAN SADANG KEBUMEN TAHUN 2021

Ratih Rahmadani¹, Lucky Herawati², Ibnu Rois³
^{1,2,3}Jurusan Kesehatan Lingkungan Poltekkes Kemenkes Yogyakarta,
Jl. Tatabumi No.3 Banyuraden, Gamping, Sleman
Email : ratihrahmadani6@gmail.com, dok031204@yahoo.co.id,
ibnu.rois@poltekkesjogja.ac.id

ABSTRAK

Latar Belakang : WHO mengatakan bahwa sanitasi yang buruk berkaitan dengan banyak penularan penyakit seperti kolera, diare, disentri, hepatitis A, tipus dan polio, dan juga dapat memperburuk stunting. Kondisi sanitasi sekolah sangat berkaitan erat dengan penyakit, khususnya penyakit berbasis lingkungan. Lingkungan sekolah yang sanitasinya buruk berpotensi menjadi sumber penularan berbagai penyakit yang dapat mengganggu kesehatan peserta didik. Penyakit berbasis lingkungan karena sanitasi buruk tersebut diantaranya adalah penyakit diare, ISPA, dan kecacingan.

Tujuan : Mengetahui gambaran pemenuhan persyaratan sanitasi Ruang UKS Sekolah Dasar Di Kecamatan Sadang Kebumen tahun 2021.

Metode : Penelitian ini adalah survei deskriptif. Sampel dalam penelitian ini 10 Ruang UKS Sekolah Dasar di Kecamatan Sadang, Kebumen. Pengambilan data dengan observasi menggunakan *checklist* dan pengukuran menggunakan alat ukur meteran, *lux meter* dan *hygrometer*. Data yang didapatkan kemudian dianalisis secara deskriptif untuk mendapatkan gambaran pemenuhan persyaratan sanitasi Ruang UKS Sekolah Dasar.

Hasil : Berdasarkan 10 Ruang UKS Sekolah Dasar, tempat cuci tangan dengan air bersih yang mengalir 90% tidak memenuhi syarat, luas ruang UKS 90% tidak memenuhi syarat, intensitas pencahayaan di Ruang UKS 70% tidak memenuhi syarat, luas lubang ventilasi terhadap luas lantai 50% memenuhi syarat dan 50% tidak memenuhi syarat, tingkat kelembaban di Ruang UKS 100% tidak memenuhi syarat, kebersihan dan kerapian di Ruang UKS 70% tidak memenuhi syarat dan lantai kedap air, rata, tidak licin di Ruang UKS 100% memenuhi syarat.

Kesimpulan : Ruang UKS Sekolah Dasar di Kecamatan Sadang, Kebumen tidak memenuhi persyaratan sesuai dengan Keputusan Menteri Kesehatan Republik Indonesia Nomor 1429/MENKES/SK/XII/2006 tentang pedoman penyelenggaraan kesehatan lingkungan sekolah.

Kata Kunci : Sanitasi Ruang UKS, Ruang UKS Sekolah Dasar

THE DESCRIPTION OF SANITATION UKS ELEMENTARY SCHOOL ROOM IN THE SADANG DISTRICT KEBUMEN IN 2021

Ratih Rahmadani¹, Lucky Herawati², Ibnu Rois³
^{1,2,3}Environmental Health of Poltekkes Kemenkes Yogyakarta,
Jl. Tatabumi No.3 Banyuraden, Gamping, Sleman
Email : ratihrahmadani6@gmail.com, dok031204@yahoo.co.id,
ibnu.rois@poltekkesjogja.ac.id

ABSTRACT

Backgrounds : WHO says that poor sanitation is associated with many transmissions of diseases such as cholera, diarrhea, dysentery, hepatitis A, typhoid and polio, and can also exacerbate stunting. School sanitation conditions are closely related to disease, especially environmental-based diseases. A school environment with poor sanitation has the potential to be a source of transmission of various diseases that can interfere with the health of students. Environmental-based diseases due to poor sanitation include diarrheal diseases, ARI, and worms.

Objective : This study aims to knowing the description of fulfilling the sanitation requirements UKS Elementary School Room in the Sadang District, Kebumen in 2021.

Method : The research method used is a descriptive survey. The samples that being used were 10 UKS Elementary School Room in the Sadang District, Kebumen. Data retrieval with observation using a checklist and measurement using instruments meter, lux meter and hygrometer. The data that already obtained were then analyzed descriptively to get a description of fulfilling the sanitation requirements UKS Elementary School Room.

Result : Based on 10 UKS Elementary School Room, where to wash hands with clean running water 90% doesn't meet the requirements, 90% UKS room area doesn't meet the requirements, the lighting intensity in the UKS Room 70% doesn't meet the requirements, the area of the ventilation holes to the floor area is 50% eligible and 50% doesn't meet the requirements, humidity level in the UKS Room 100% doesn't meet the requirements, cleanliness and tidiness in the UKS Room 70% doesn't meet the requirements and waterproof, flat, non-slippery floor in the UKS Room 100% meets the requirements.

Conclusion : The conclusion of this study is that UKS Elementary School Room in the Sadang District, Kebumen doesn't meet the requirements in accordance with the Decree of the Minister of Health of the Republic of Indonesia Number 1429/MENKES/SK/XII/2006 concerning guidelines for the implementation of school environmental health.

Keywords : UKS Room Sanitation, UKS Elementary School Room