

**FACTORS AFFECTING EXCLUSIVE BREASTFEEDING
DURING THE COVID-19 PANDEMIC AT PIYUNGAN
HEALTH CENTER BANTUL**

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ABSTRACT

Background: *The World Health Organization (WHO) and the United Nations of Children's Fund (UNICEF) stated that the prevention of infant mortality was by giving the right food, namely exclusive breastfeeding for 6 months. The scope of exclusive breastfeeding at the Piyungan Health Center has not reached the expectations of the Indonesian Ministry of Health of 80% in 2021.*

Objective : *The aim of the research was to analyze the factors that influence exclusive breastfeeding during the Covid-19 pandemic at the Piyungan.*

Method: *This research was a cross-sectional design. This research was conducted in January 2022. There were 76 samples in this research. The instrument was a questionnaire. Bivariate data analysis with chi square test and multivariate data analysis with logistic regression analysis*

Result: *Bivariate analysis results, it was obtained p-value variable maternal age ($p=0.010$), maternal parity ($p=0.063$), mother's education($p=0.024$), mother's of knowledge ($p=0.001$), husband's support ($p=0.006$), family support ($p=0.011$), and health workers support $p=0.018$. The result of the logistic regression that the husband support variable was the most dominant factor had the largest Exp(B) value of 8.331.*

Conclusion: *The results of the bivariate that there was a significant relationship between maternal age, mother's employment, education, knowledge, husband's support, family support, and health workers support toward exclusive breastfeeding. There was no relationship between maternal parity to exclusive breastfeeding. The husband's support variable was the most dominant factor influencing exclusive breastfeeding during the Covid-19 pandemic at the Piyungan Health Center.*

Keywords: *Exclusive Breastfeeding, Exclusive Breastfeeding Factors, Covid-19 Pandemic.*

**FAKTOR-FAKTOR YANG MEMPENGARUHI PEMBERIAN ASI
EKSKLUSIF PADA MASA PANDEMI COVID-19
DI PUSKESMAS PIYUNGAN BANTUL**

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ABSTRAK

Latar Belakang: *World Health Organization* (WHO) dan *United Nations of Children's Fund* (UNICEF) menyatakan bahwa salah satu strategi pencegahan kematian bayi adalah dengan pemberian makanan yang tepat yaitu pemberian ASI eksklusif. Cakupan pemberian ASI eksklusif di Puskesmas Piyungan belum mencapai harapan Kemenkes RI sebesar 80% di tahun 2021.

Tujuan Penelitian: Menganalisis faktor-faktor yang mempengaruhi pemberian ASI eksklusif pada masa pandemi *Covid-19* di Puskesmas Piyungan .

Metode Penelitian: Penelitian ini desain *crosssectional*. Penelitian ini dilaksanakan pada Januari 2022. Sampel penelitian sejumlah 76 ibu dengan instrumen penelitian kuesioner. Analisis data bivariat dengan uji *chi square* dan analisis data multivariat dengan analisis regresi logistik.

Hasil Penelitian: Hasil analisis bivariat, nilai *p-value* untuk variabel umur ibu ($p=0,010$), paritas ibu ($p=0,063$), tingkat pendidikan ibu ($p=0,024$), pengetahuan ibu ($p=0,001$), dukungan suami ($p=0,006$), dukungan keluarga ($p=0,011$), dukungan tenaga kesehatan ($p=0,018$). Hasil regresi logistik bahwa variabel dukungan suami merupakan faktor paling dominan memiliki nilai $Exp(B)$ terbesar yaitu 8,331.

Kesimpulan: Hasil analisis bivariat ada hubungan bermakna antara umur, pekerjaan, pendidikan, pengetahuan, dukungan suami, dukungan keluarga, dan dukungan tenaga kesehatan terhadap pemberian ASI eksklusif. Tidak ada hubungan antara paritas terhadap pemberian ASI eksklusif. Variabel dukungan suami merupakan faktor paling dominan yang mempengaruhi pemberian ASI eksklusif selama masa pandemi *Covid-19* di Puskesmas Piyungan.

Keywords: ASI Eksklusif, Dukungan, Pandemi *Covid-19*