

**HUBUNGAN KECEMASAN IBU HAMIL TRIMESTER III
DENGAN KESIAPAN PERSALINAN PADA MASA
PANDEMI COVID-19 DI PUSKESMAS
PAJANGAN BANTUL**

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ABSTRAK

Latar Belakang: Dimasa pandemi COVID-19 ibu hamil merasa semakin cemas terutama untuk ibu hamil trimester III yang akan segera melahirkan. Puskesmas Pajangan merupakan wilayah dengan cakupan kunjungan terendah di Bantul yaitu sebesar 73,4%. Selain itu sebanyak 26 orang (4,29%) ibu hamil wilayah Pajangan terpapar COVID-19 dan tahun 2021 sejumlah 3 ibu hamil meninggal. Kecemasan ibu hamil yang mengakibatkan kurangnya persiapan ibu hamil trimester III.

Tujuan: Mengetahui hubungan kecemasan ibu hamil trimester III dengan kesiapan persalinan masa Pandemi COVID-19 di Puskesmas Pajangan Bantul.

Metode: Deskriptif analitik observasional dengan pendekatan *cross sectional*. Populasi penelitian yaitu semua ibu hamil trimester III yang melakukan pemeriksaan kehamilan di Puskesmas Pajangan. Teknik pengambilan sampel menggunakan *purposive sampling* dengan kriteria inklusi dan eksklusi sebanyak 82 responden. Teknik pengumpulan data menggunakan data primer dengan kuesioner. Analisis data menggunakan univariat dan analisis bivariat menggunakan *kendall-tau*.

Hasil: Karakteristik ibu hamil sebagian besar dalam kategori tidak beresiko, tidak bekerja, pendidikan tamat SMU, pendapatan <Rp.1790.500, dan paritas yaitu nulipara. Mayoritas tingkat kecemasan pandemi COVID-19 pada ibu hamil kategori cemas sedang sebesar 62,2% dan kesiapan persalinan ibu hamil trimester III di Puskesmas Pajangan kategori cukup sebesar 57,3%. Ada hubungan kecemasan ibu hamil trimester III dengan kesiapan persalinan pada masa pandemi COVID-19 di Puskesmas Pajangan Bantul dengan nilai signifikan sebesar 0,010 ($P < 0,05$).

Kesimpulan: Ada hubungan kecemasan ibu hamil trimester III dengan kesiapan persalinan pada masa pandemi COVID-19 di Puskesmas Pajangan Bantul.

Kata Kunci: kecemasan, kesiapan persalinan, pandemi covid-19

**THE CORRELATION BETWEEN PREGNANT WOMEN'S ANXIETY IN
THE THIRD TRIMESTER AND READINESS FOR CHILDBIRTH DURING
THE COVID-19 PANDEMIC AT THE PAJANGAN
PUBLIC HEALTH CENTER, BANTUL**

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ABSTRACT

Background: *Pregnant women feel increasingly anxious during the COVID-19 pandemic, especially for the third trimester pregnant women who are expecting childbirth. Pajangan Public Health Center was the area with the lowest coverage of visits in Bantul, which is 73.4%. In addition, as many as 26 people (4.29%) of pregnant women in the Pajangan area were exposed to COVID-19 and in 2021 a total of 3 pregnant women died. Anxiety of pregnant women resulting in a lack of preparation for pregnant women in the second trimester.*

Objective: *To determine the correlation between the pregnant women's anxiety in the third trimester and readiness for childbirth during the COVID-19 pandemic at the Pajangan Public Health Center, Bantul.*

Methods: *This research used observational descriptive analytic method with a cross sectional approach. The study population was all third trimester pregnant women who had a pregnancy checkup at the Pajangan Public Health Center. The sampling technique used purposive sampling with inclusion and exclusion criteria as many as 82 respondents. The data collection technique used primary data with questionnaires distributed via google form. Data analysis used univariate and bivariate analysis used kendall-tau.*

Results: *The majority of the characteristics of pregnant women in the category of not at risk, not working, completing high school education, income <Rp.1790.500, and parity, namely nulliparity. The majority of the anxiety level of the COVID-19 pandemic in the pregnant women in the medium anxiety category was 62.2% and the readiness for childbirth of the third trimester pregnant women at the Pajangan Public Health Center in the medium category was 57.3%. There was a correlation between the anxiety of the pregnant women in the third trimester and the readiness of the childbirth during the COVID-19 pandemic at the Pajangan Public Health Center, Bantul with a significant value of 0.010 ($P < 0.05$).*

Conclusion: *There was a correlation between the pregnant women's anxiety in the third trimester and the readiness of the childbirth during the COVID-19 pandemic at the Pajangan Public Health Center, Bantul.*

Keywords: *anxiety, childbirth readiness, COVID-19 pandemic*