

PENGARUH VIDEO KELINGAN TERHADAP PENINGKATAN
PENGETAHUAN IBU BALITA TENTANG PERAWATAN KESEHATAN
BALITA DI MASA PANDEMI COVID-19

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ABSTRAK

Latar belakang: Dalam menghadapi pandemi covid-19, pemerintah telah melakukan berbagai penanganan salah satunya vaksinasi. Akan tetapi, vaksinasi untuk balita belum ada. Satu-satunya cara untuk melindungi balita dari paparan virus covid-19 adalah dengan penerapan protokol kesehatan dan perawatan yang tepat bagi balita. Sayangnya, pengetahuan tentang perawatan kesehatan balita di masa pandemi masih minim. Pendidikan kesehatan merupakan cara untuk meningkatkan pengetahuan, salah satunya dengan video kelingan.

Tujuan: Mengetahui pengaruh video kelingan terhadap peningkatan pengetahuan ibu balita tentang perawatan kesehatan balita di masa pandemi covid-19.

Metode: Jenis penelitian ini adalah *quasy experimental* dengan desain *pretest-posttest with control group*. Penelitian ini dilakukan pada Bulan Februari 2022 dengan populasi sebanyak 74 ibu balita di posyandu RW 01 dan RW 04 di Desa Butuh. Teknik pengambilan sampel dengan metode *purposive sampling*. Analisis data menggunakan *paired t test*.

Hasil: Rata-rata skor pengetahuan ibu balita tentang perawatan kesehatan balita di masa pandemi covid-19 sebelum pemberian video kelingan adalah 59,3. Sedangkan rata-rata skor pengetahuan ibu balita tentang perawatan kesehatan balita di masa pandemi covid-19 sesudah pemberian video kelingan adalah 84. Hasil penelitian menunjukkan adanya pengaruh pemberian video kelingan terhadap perubahan pengetahuan ($p=0,000$).

Kesimpulan: ada pengaruh pendidikan kesehatan dengan video kelingan terhadap pengetahuan ibu balita tentang perawatan kesehatan balita di masa pandemi covid-19.

Kata kunci: media video, pengetahuan, ibu balita, pencegahan covid-19

THE EFFECT OF KELINGAN VIDEO ON CHILDREN UNDER FIVE'S
MOTHER'S KNOWLEDGE ABOUT HEALTH CARE OF TODDLER
DURING COVID-19 PANDEMIC

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ABSTRACT

Background: In dealing with the covid-19 pandemic, the government has taken various measures, one of them is vaccination. However, there is no vaccination for children under five. The only way to protect children under five from exposure of the covid-19 virus is by implementing health protocols and proper care for children under five. Unfortunately, knowledge about children under five health care during the pandemic is not good enough. Health education is a way to increase knowledge, one of them is kelingan video.

Objective: To determine the effect of kelingan video on increasing the knowledge of children under five's mother about health care for children under five during the covid-19 pandemic.

Methods: This type of research is a quasi-experimental with a pretest-posttest design with a control group. This research was conducted in February 2022 with a population of 74 children under five's mother in posyandu RW 01 and RW 04 in Butuh Village. The sampling technique was purposive sampling method. Data analysis using paired t test.

Results: The average knowledge score of children under five's mother about health care for children under five during the covid-19 pandemic before the provision of kelingan video was 59.3. Meanwhile, the average knowledge score of children under five's mother about health care for children under five during the covid-19 pandemic after the provision of video surveillance was 84. The results showed that there was an effect of kelingan video toward increasing the knowledge ($p = 0.000$).

Conclusion: there is an effect of health education with kelingan video on children under five's mother knowledge of children under five health care during the covid-19 pandemic.

Kata kunci: video, knowledge, children under five's mother, covid-19