

**ASUHAN KEPERAWATAN PADA NN. F DENGAN ACUTE
LYMPHOCYTIC LEUKIMIA (ALL) DI RUANG DAHLIA 1 RSUP Dr.
SARDJITO YOGYAKARTA**

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ABSTRAK

Latar Belakang: Leukemia merupakan penyakit keganasan sel darah yang berasal dari sumsum tulang. **Tujuan:** menerapkan asuhan keperawatan pada pasien dengan *Acute Lymphocytic Leukemia* (ALL) **Metodologi:** Metode penelitian ini menggunakan studi kasus dengan pendekatan Asuhan Keperawatan dengan menerapkan intervensi berdasarkan SIKI dan *Evidence Based Practice*. **Hasil:** relaksasi *Guided imagery* dapat mengurangi skala nyeri, pemberian transfusi dapat mencegah terjadinya kekurangan cairan, *tepid sponge bath* menurunkan suhu tubuh, pencegahan perdarahan, pencegahan infeksi serta pencegahan jatuh. **Kesimpulan:** Pengkajian keperawatan didapatkan nyeri kepala, suhu tubuh yang tinggi serta keabnormalan beberapa hasil laboratorium. Diagnosis keperawatan yang muncul yaitu nyeri akut, perfusi perifer tidak efektif, hipertermi, risiko perdarahan, risiko infeksi dan risiko jatuh. Intervensi dan implementasi yang dilakukan adalah manajemen nyeri salah satunya diberikan relaksasi *Guided imagery*, pemantauan hasil laboratorium, manajemen hipertermi salah satunya diberikan *tepid sponge bath*, pencegahan perdarahan, pencegahan infeksi serta pencegahan jatuh. Evaluasi keperawatan menunjukkan bahwa *Guided imagery* efektif dalam penurunan intensitas nyeri serta *tepid sponge bath* efektif dalam penurunan suhu tubuh.

Kata Kunci : (ALL, Asuhan Keperawatan)

**NURSING CARE AT NN. F WITH ACUTE LYMPHOCYTIC LEUKIMIA
(ALL) IN DAHLIA 1 ROOM RSUP Dr. SARDJITO YOGYAKARTA**

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ABSTRACT

Background: Leukemia is a malignant disease of blood cells originating from the bone marrow. **Objective:** To apply nursing care to patients with Acute Lymphocytic Leukemia (ALL). **Methodology:** This research method uses a case study with a Nursing Care approach by implementing interventions based on SIKI and Evidence Based Practice. **Results:** Guided imagery relaxation can reduce pain scale, transfusion can prevent fluid deficiency, tepid sponge bath lowers body temperature, prevention of bleeding, prevention of infection and prevention of falls. **Conclusion:** Nursing assessment found headaches, high body temperature and abnormalities in some laboratory results. Nursing diagnoses that emerged were acute pain, ineffective peripheral perfusion, hyperthermia, risk of bleeding, risk of infection and risk of falling. Interventions and implementations carried out were pain management, one of which was guided imagery relaxation, monitoring of laboratory results, hyperthermia management, one of which was being given a tepid sponge bath, prevention of bleeding, prevention of infection and prevention of falls. Nursing evaluations showed that Guided imagery was effective in reducing pain intensity and that the tepid sponge bath was effective in reducing body temperature.

Keywords: (ALL, Nursing Care)