

**STUDY OF THE KNOWLEDGE AND ATTITUDE OF POSYANDU
CADRES ABOUT GROWTH AND DEVELOPMENT OF UNDER-FIVE
CHILDREN IN SUMBERSARI MOYUDAN SLEMAN**

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ABSTRACT

Childhood is prepared to form qualified human resources in the future. Children growth and development are started since birth until adult. Monitoring growth and development of under-fives is important to determine whether the growth and development are normal or not. Monitoring growth and development in *Posyandu* (Integrated Service Center) is done by the *Posyandu* cadres. Therefore, the knowledge and attitude of *Posyandu* cadres are very important as the main criteria in doing their jobs optimally. The objective of the research was to determine the level of knowledge and attitude of *Posyandu* cadres about the growth and development of under-fives in Summersari, Moyudan, Sleman. This was an observational with cross sectional study and was conducted in June 2016. The subjects of the research were *Posyandu* cadres who served in 13 *Posyandu* Summersari with the total of 72 respondents. The data collection system or research instrument was a questionnaire. Then it was analyzed using percentages. The results showed that 37 respondents (51.4%) had good knowledge of the growth of under-fives and 38 respondents (52.8%) had less knowledge about early childhood development. Meanwhile, all respondents (100%) had good attitude about the growth and development of under-fives. It is hoped that there will be some efforts to increase knowledge of the health center cadres through education / training on early childhood development.

Keywords : under-five children growth, early childhood development, *Posyandu* cadres, *Posyandu*

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KAJIAN TINGKAT PENGETAHUAN DAN SIKAP KADER POSYANDU TENTANG PERTUMBUHAN DAN PERKEMBANGAN BALITA DI DESA SUMBERSARI KECAMATAN MOYUDAN SLEMAN

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ABSTRAK

Masa balita dipersiapkan untuk membentuk sumber daya yang berkualitas di masa depan. Pertumbuhan dan perkembangan anak dimulai sejak lahir hingga mencapai dewasa. Pemantauan pertumbuhan dan perkembangan balita penting dilakukan untuk menentukan apakah pertumbuhan dan perkembangan seorang anak berjalan normal atau tidak. Pemantauan pertumbuhan dan perkembangan balita di Posyandu dilakukan oleh kader Posyandu. Oleh karena itu, pengetahuan dan sikap kader Posyandu sangat penting sebagai modal utama bagi kader itu sendiri dalam melakukan tugasnya secara optimal. Tujuan Penelitian untuk mengetahui tingkat pengetahuan dan sikap kader Posyandu tentang pertumbuhan dan perkembangan balita di Desa Sumbersari, Moyudan, Sleman. Penelitian ini bersifat observasional dengan pendekatan *cross sectional* dilakukan pada bulan Juni 2016. Subyek penelitian adalah kader Posyandu yang bertugas di 13 Posyandu di Desa Sumbersari yang berjumlah 72 responden. Pengambilan data atau *instrument* penelitian berupa kuesioner. Kemudian dianalisis menggunakan prosentase. Hasil penelitian menunjukkan sebanyak 37 responden (51,4%) memiliki pengetahuan yang baik tentang pertumbuhan balita dan 38 responden (52,8%) memiliki pengetahuan kurang tentang perkembangan balita. Sedangkan semua responden (100%) memiliki sikap yang baik tentang pertumbuhan dan perkembangan balita. Diharapkan adanya upaya dari Puskesmas untuk meningkatkan pengetahuan kader melalui pendidikan/pelatihan tentang perkembangan balita.

Kata Kunci : Pertumbuhan balita, perkembangan balita, kader Posyandu, Posyandu

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