

THE CORRELATION BETWEEN THE HUSBANDS SUPPORT AND THE USE OF POSTPARTUM CONTRACEPTIVES DURING COVID-19 PANDEMIC IN SENTOLO I PUBLIC HEALTH CENTER OF KULON PROGO

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ABSTRACT

Background: Total population of Indonesia is 270,20 million people, an increase of 32,56 million people compared to the SP2010. Population growth control needs to be done with Family Planning Program (KB), one of them are postpartum contraceptives ≤ 42 days. The coverage of postpartum family planning in Kulon Progo was 36,98%, in Sentolo 1 Public Health Center only 16.07%. The low interest in using postpartum contraceptives is influenced by the husband's support.

Objective: To find out about the correlation between the husband's support and the use of postpartum contraceptives during the Covid-19 pandemic in Sentolo I Public Health Center of Kulon Progo.

Methods: The research employed analytical observational using cross sectional approach. The population of this research was all postpartum mothers, from August to October 2021 in the area of Sentolo I Public Health Center, Kulon Progo. The research sample was 55 postpartum mothers which were taken by purposive sampling technique. The research instrument using a questionnaire related to husband's support. The data was analyzed using Chi Square test.

Results: The respondents characteristics showed that they were mostly 20-35 years old (92.7%) who obtained senior high or vocational school degree (SMA/SMK) (65.5%), had a parity of 2 children (83.6%), and unemployed or housewives (61.8%). The questionnaire result indicated that 67.3% of husbands supported the use of postpartum contraceptives and the majority of mothers (58.2%) used postpartum contraceptives. The Chi-Square test resulted the value of $p = 0.001$ ($p < 0.05$) with the value of *odds ratio* = 10,889.

Conclusion: There was a significant correlation between the husband's support and the use of postpartum contraceptives during the Covid-19 pandemic in Sentolo I Public Health Center of Kulon Progo.

Keywords: the husbands support, postpartum contraceptives

HUBUNGAN DUKUNGAN SUAMI DENGAN PENGGUNAAN KONTRASEPSI PASCA PERSALINAN PADA MASA PANDEMI COVID-19 DI WILAYAH PUSKESMAS SENTOLO I KULON PROGO

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ABSTRAK

Latar Belakang: Jumlah penduduk Indonesia sebanyak 270,20 juta jiwa, mengalami kenaikan 32,56 juta jiwa dibandingkan SP2010. Pengendalian pertumbuhan penduduk perlu dilakukan yaitu dengan program keluarga berencana (KB) salah satunya dengan KB pasca persalinan yaitu ≤ 42 hari. Cakupan KB Pasca Persalinan di Kulon Progo adalah 36,98%, di Puskesmas Sentolo 1 hanya mencapai 16,07%. Rendahnya minat penggunaan kontrasepsi pasca persalinan dipengaruhi oleh dukungan suami.

Tujuan: Mengetahui hubungan dukungan suami dengan penggunaan kontrasepsi pasca persalinan pada masa pandemi Covid-19 di wilayah Puskesmas Sentolo I Kulon Progo

Metode: Jenis penelitian ini adalah observasional analitik dengan pendekatan *cross sectional*. Populasi penelitian yaitu seluruh ibu nifas yang terhitung sejak bulan Agustus sampai Oktober Tahun 2021 di Wilayah Puskesmas Sentolo I Kulon Progo. Sampel penelitian berjumlah 55 ibu nifas yang diambil dengan teknik *purposive sampling*. Instrumen penelitian menggunakan kuisioner dukungan suami. Analisis data dilakukan dengan uji *Chi Square*.

Hasil: Karakteristik responden berdasarkan usia mayoritas 20-35 tahun (92,7%) dengan tingkat pendidikan menengah (SMA/SMK) (65,5%), paritas ≤ 2 anak (83,6%), dan status pekerjaan tidak bekerja atau sebagai ibu rumah tangga (61,8%). Dukungan suami dalam penggunaan kontrasepsi pasca persalinan mayoritas mendukung (67,3%) dan mayoritas ibu menggunakan kontrasepsi pasca persalinan ibu nifas (58,2%). Hasil uji analisis *Chi-Square* diperoleh nilai $p = 0,001$ ($p < 0,05$) dengan nilai *odds ratio* = 10,889.

Kesimpulan: Ada hubungan yang signifikan antara dukungan suami dengan penggunaan kontrasepsi pasca persalinan pada masa pandemi Covid-19 di wilayah Puskesmas Sentolo I Kulon Progo

Kata Kunci: Dukungan suami, Kontrasepsi pasca persalinan