

**NURSING CARE IN Mr. W WITH *POST DEBRIDEMENT ULCUS CRURIS*
SINISTRA CELLULITIS IN ROOM MENOREH 1
RSUD WATES**

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ABSTRACT

Background : Bacterial infections, fungi, viruses, and due to allergies are the biggest cause of skin disease in Indonesia, while degenerative factors are a factor in skin diseases in western countries. Cellulitis is an infection of the subcutaneous tissue, occurs in people with normal immunity and mostly affects children and the elderly. Cellulitis data in the world there are 123 patients with skin disease, 35 patients with superficial erysipelas type and 88 patients with cellulitis from 2009 to 2012. **Objectives:** Gained real experience in carrying out nursing care for Mr. W with post ulcers. op debridement of cellulitis cruris sinistra in Menoreh 1 RSUD Wates Yogyakarta which is in accordance with *evidence based nursing* **Methods:** Case study with a nursing process approach which was conducted on 9 - 11 May 2022 by interview, observation, and physical examination. The data source for this case is Mr. W. who was treated at Menoreh 1 RSUD Wates Yogyakarta **Results:** the results of the assessment on Mr. W found complaints of pain in the left leg, lack of appetite, low serum albumin, weight loss, inability to move, there was a grade 3 ulcer along the left leg cruris twisting and Grade 2 decubitus injuries to the tailbone and buttocks. **Conclusion:** nursing care was carried out for 3 days, the nursing diagnoses were acute pain, nutritional deficits, impaired physical mobility and impaired skin and tissue integrity, with pain management interventions, nutritional monitoring and management of hypoglycemia, mobilization support and wound care.

Keywords: Cellulitis Ulcer, Modern Dressing

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ASUHAN KEPERAWATAN PADA Tn. W DENGAN *ULKUS POST DEBRIDEMENT SELULITIS CRURIS SINISTRA* DI BANGSAL MENOREH 1 RSUD WATES

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ABSTRAK

Latar belakang : Infeksi bakteri jamur, virus, dan karena alergi menjadi dominasi terbesar dalam penyebab penyakit kulit di Indonesia, sedangkan faktor degeneratif menjadi faktor penyakit kulit di negara barat. Selulitis merupakan infeksi pada jaringan subkutan, terjadi pada orang-orang dengan imunitas normal dan kebanyakan diderita oleh anak-anak dan usia lanjut. Data selulitis di dunia terdapat 123 pasien dengan penyakit kulit, 35 pasien dengan tipe *erisipelas superfisial* dan 88 pasien dengan selulitis periode 2009 sampai dengan 2012. **Tujuan :** Diperoleh pengalaman nyata dalam melaksanakan Asuhan Keperawatan pada Tn.W dengan *ulkus post debridement selulitis cruris sinistra* di bangsal menoreh 1 RSUD Wates Yogyakarta yang sesuai dengan *evidence based nursing* **Metode :** Studi kasus dengan pendekatan proses keperawatan yang dilakukan pada tanggal 9 - 11 Mei 2022 dengan cara wawancara, observasi, dan pemeriksaan fisik. Sumber data kasus ini adalah Tn.W. yang dirawat di bangsal menoreh 1 RSUD Wates Yogyakarta **Hasil :** hasil pengkajian pada Tn.W didapatkan keluhan nyeri pada kaki kiri, kurang nafsu makan, serum albumin rendah, penurunan berat badan, ketidakmampuan melakukan pergerakan, terdapat ulkus derajat 3 sepanjang cruris kaki kiri memutar dan luka decubitus grade 2 ditulang ekor dan bokong. **Kesimpulan :** asuhan keperawatan dilaksanakan selama 3 hari, diagnosa keperawatan yang ditegakkan adalah nyeri akut, defisit nutrisi, gangguan mobilitas fisik dan gangguan integritas kulit dan jaringan, dengan intervensi manajemen nyeri, pemantauan nutrisi dan manajemen hipoglikemia, dukungan mobilisasi dan perawatan luka.

Kata Kunci : Ulkus Selulitis, Modern Dressing

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