

**NURSING CARE IN MR. T WITH SQUAMOSA CELL CARCINOMA  
TONGUE PRO CHEMOTHERAPY AT RSUP DR. SARDJITO  
YOGYAKARTA**

Dira Dwiyuwindriani<sup>1</sup>, Rosa Delima Ekwantini, S.Kp.,M.Kes<sup>2</sup>, Ns. Furaida  
Khasanah, S.Kep.,M.Kep<sup>3</sup>

<sup>1,2,3</sup> Department of Nursing Poltekkes Kemenkes Yogyakarta  
Jln. Tatabumi No.3 Banyuraden, Gamping, Sleman, DIY  
E-mail: dwiyuwindriani11@gmail.com

**ABSTRACT**

**Background:** Squamous cell carcinoma is the most common type of oral cancer. Early detection of carcinoma of the tongue is a very important factor. Delay in making the diagnosis and subsequent treatment will lead to complications and a worse prognosis. This is closely related to the knowledge and vigilance of medical personnel

**Purpose:** Able to apply nursing care to Mr. T with SCC Lidah in Cendana Room 3 RSUP Dr. Sardjito Yogyakarta

**Method:** the method used is a case study on Mr.T with observation techniques, interviews, physical examinations, and document studies which were carried out for six days from 9 – 14 May 2022 in the Sandalwood Room of RSUP Dr. Sardjito Yogyakarta.

**Results:** the main nursing diagnoses found are chronic pain and nutritional deficits, additional diagnoses are allergy risk and the risk of constipation. The interventions that have been carried out are pain management, nutrition management, constipation management, and vomiting nausea management. Evidenced Based Practice is also used in solving nursing problems including deep breath relaxation, education on drinking water at least 2000 ml per day, and acupressure points P6 and ST36

**Conclusion:** chronic pain problems goals have not been achieved, nutritional deficit goals have not been achieved, risk constipation goals are achieved, and allergy risk goals are partially achieved.

**Keywords:** Nursing Care, Tongue Carcinoma, Chemotherapy.

# ASUHAN KEPERAWATAN PADA TN.T DENGAN SQUAMOSA CELL CARCINOMA LIDAH PRO KEMOTERAPI DI RSUP DR. SARDJITO YOGYAKARTA

Dira Dwiyuwindriani<sup>1</sup>, Rosa Delima Ekwantini, S.Kp.,M.Kes<sup>2</sup>, Ns. Furaida  
Khasanah, S.Kep.,M.Kep<sup>3</sup>

<sup>1,2,3</sup> Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta  
Jln. Tatabumi No.3 Banyuraden, Gamping, Sleman, DIY  
Email: dwiyuwindriani11@gmail.com

## ABSTRAK

**Latar Belakang:** Skuamosa sel karsinoma merupakan jenis kanker rongga mulut yang sering terjadi. Penemuan dini karsinoma lidah merupakan faktor yang sangat penting. Keterlambatan dalam penegakan diagnosis dan penanganan selanjutnya akan menimbulkan komplikasi dan prognosis yang lebih buruk. Hal ini erat kaitannya dengan pengetahuan dan kewaspadaan tenaga medis

**Tujuan:** Mampu menerapkan asuhan keperawatan pada Tn. T dengan SCC Lidah di Ruang Cendana 3 RSUP Dr. Sardjito Yogyakarta

**Metode:** metode yang digunakan adalah studi kasus pada Tn.T dengan teknik observasi, wawancara, pemeriksaan fisik, dan studi dokumen yang dilaksanakan selama enam hari dari 9 – 14 Mei 2022 di Ruang Cendana RSUP Dr. Sardjito Yogyakarta.

**Hasil:** diagnosa keperawatan utama yang ditemukan yaitu nyeri kronis dan deficit nutrisi, diagnosa tambahan yaitu resiko alergi dan resiko konstipasi. Intervensi yang telah dilakukan adalah manajemen nyeri, manajemen nutrisi, manajemen konstipasi, dan manajemen mual muntah. *Evidenced Based Practice* juga digunakan dalam penyelesaian masalah keperawatan diantaranya relaksasi napas dalam, edukasi minum air putih minimal 2000 ml perhari, dan akupresure titik P6 dan ST36

**Kesimpulan:** masalah nyeri kronis tujuan belum tercapai, deficit nutrisi tujuan belum tercapai, resiko konstipasi tujuan tercapai, dan resiko alergi tujuan tercapai sebagian.

**Kata Kunci:** Asuhan Keperawatan, Karsinoma Lidah, Kemoterapi.