

CASE STUDY

Nursing care for Mr. Tk with Suspect Bladder Cancer in Cendana 2 RSUP Dr. Sardjito Yogyakarta

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ABSTRACT

Background : Bladder cancer (BC) is a malignancy that attacks the bladder. In 2020 there were 573 thousand new cases and 212,000 deaths due to bladder cancer. Nursing care for patients with bladder cancer aims to provide a sense of comfort by helping to manage the pain felt by the patient. **Objective :** To apply nursing care to patients with suspected bladder cancer in Cendana 2 RSUP Dr. Sardjito Yogyakarta. **Method :** Nursing Profession Final Project (TAPN) using a case study method on one patient with suspected bladder cancer at RSUP Dr. Sardjito Yogyakarta. **Results :** Preoperative nursing assessment data obtained complaints of pain when the urinary tube is not smooth, such as being stabbed in the suprapubic section with a scale of 4, occurs when the foley catheter is not smooth, disappears when a nurse is given medication and appears to hold pain and postoperative complaints data are obtained. pain when the operation is finished, such as being stabbed in the quadrant of the abdomen with a scale of 3, occurs when the cystoscopy procedure is completed up to TURBT (Transurethral Resection of Bladder Tumor), disappears when applying deep breaths and when the nurse is given medication. Nursing problems that arise in the form of acute pain, risk of bleeding, and risk of infection. Nursing interventions and nursing implementation carried out were pain management and administration of analgesics, prevention of bleeding, and prevention of infection. The nursing evaluation showed all three problems were resolved. **Conclusion :** The three nursing problems were resolved.

Keywords : Bladder cancer, Nursing care, Case studies, Deep breath, Music therapy, Vitamin K, Washing hands

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TUGAS AKHIR NERS

Asuhan Keperawatan pada Bp. Tk dengan *Suspect Bladder Cancer* di Ruang Cendana 2 RSUP Dr. Sardjito Yogyakarta

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ABSTRAK

Latar belakang : *Bladder cancer* (BC) merupakan keganasan yang menyerang kandung kemih. Tahun 2020 terdapat 573 ribu kasus baru dan 212 ribu kematian akibat *bladder cancer*. Asuhan keperawatan pada pasien dengan *bladder cancer* bertujuan untuk memberikan rasa nyaman dengan membantu mengelola nyeri yang dirasakan pasien. **Tujuan :** Mengaplikasikan asuhan keperawatan pada pasien dengan *suspect bladder cancer* di Ruang Cendana 2 RSUP Dr. Sardjito Yogyakarta. **Metode :** Tugas Akhir Profesi Ners (TAPN) menggunakan metode studi kasus pada satu pasien dengan *suspect bladder cancer* di RSUP Dr. Sardjito Yogyakarta. **Hasil :** Pengkajian keperawatan pada pre operatif didapatkan data keluhan nyeri ketika selang kencing tidak lancar seperti ditusuk – tusuk pada bagian suprapubik dengan skala 4, timbul saat *foley catheter* tidak lancar, menghilang jika diberi obat perawat dan tampak menahan nyeri serta pada post operatif didapatkan data keluhan nyeri ketika selesai operasi seperti ditusuk – tusuk pada abdomen kuadran dengan skala 3, timbul saat selesai operasi tindakan sistoskopi sampai dengan TURBT (*Transurethral Resection of Bladder Tumor*), menghilang saat menerapkan napas dalam dan saat diberi obat perawat. Masalah keperawatan yang muncul berupa nyeri akut, risiko perdarahan, dan risiko infeksi. Intervensi keperawatan dan implementasi keperawatan yang dilakukan yaitu manajemen nyeri dan pemberian analgesik, pencegahan perdarahan, serta pencegahan infeksi. Evaluasi keperawatan menunjukkan ketiga masalah teratasi. **Kesimpulan :** Ketiga masalah keperawatan teratasi.

Kata Kunci : *Bladder cancer*, Asuhan keperawatan, Studi kasus, Napas dalam, Terapi musik, Vitamin K, Cuci tangan

Keterangan :

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