

**TUGAS AKHIR NERS**  
**LAPORAN ASUHAN KEPERAWATAN GERONTIK IBU W**  
**DENGAN KATARAK DI DUSUN GENITEM WILAYAH**  
**KERJA PUSKESMAS GODEAN 1 YOGYAKARTA**

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**ABSTRAK**

**Latar belakang:** Lansia adalah seseorang yang berusia 60 tahun keatas yang berisiko mengalami berbagai penyakit degeneratif seperti katarak. Katarak adalah penyakit mata yang ditandai dengan kekeruhan lensa sehingga penglihatan menjadi kabur. Lansia yang menyandang katarak jumlahnya mengalami peningkatan setiap tahun. Peningkatan angka kejadian katarak pada lansia menandakan bahwa katarak harus ditangani agar tidak berdampak pada berbagai komplikasi bahkan kebutaan. Oleh karena itu diperlukan peran seorang perawat sebagai penyedia layanan kesehatan dengan memberi asuhan keperawatan. **Tujuan:** Memberikan asuhan keperawatan gerontik Ibu W dengan katarak di Dusun Genitem wilayah kerja Puskesmas Godean 1 Yogyakarta. **Metodologi:** Studi kasus dengan menerapkan proses keperawatan yang meliputi pengkajian, diagnosis keperawatan, perencanaan, pelaksanaan, dan evaluasi pada Ibu W dengan katarak di Dusun Genitem wilayah kerja Puskesmas Godean 1 Yogyakarta dari tanggal 11 Mei 2022-15 Mei 2022. **Hasil:** Berdasarkan hasil pengkajian didapatkan keluhan malu dengan kondisinya, nyeri pinggang, sulit tidur di malam hari, dan pernah terjatuh di kamar mandi. Sehingga ditegakkan diagnosis keperawatan harga diri rendah situasional, nyeri akut, gangguan pola tidur, dan risiko jatuh. Intervensi keperawatan yang dilakukan adalah promosi harga diri, manajemen nyeri, dukungan tidur, dan pencegahan jatuh. Setelah dilakukan implementasi keperawatan semua tujuan tercapai penuh sesuai kriteria hasil. **Kesimpulan:** Asuhan keperawatan gerontik Ibu W dengan katarak dapat dilaksanakan dengan baik karena klien kooperatif, ruang tamu klien yang luas, cocok waktu antara klien dan penulis dalam pelaksanaan keperawatan.

Kata Kunci: Asuhan Keperawatan Gerontik, Katarak.

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**TUGAS AKHIR NERS**  
**REPORT OF GERONTIC NURSING CARE FOR MRS. W**  
**WITH CATARACT IN GENITEM HAMLET THE**  
**WORK AREA OF THE GODEAN 1 HEALTH**  
**CENTER YOGYAKARTA**

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**ABSTRACT**

**Background:** Elderly is someone aged 60 years and over who is at risk of experiencing various degenerative diseases such as cataracts. Cataract is an eye disease characterized by clouding of the lens so that vision became blurred. The number of elderly people with cataracts has increased every year. The increase in the incidence of cataracts in the elderly indicates that must be treated so that do not have an impact on various complications and even blindness. Therefore, the role of nurses as health service providers is needed by providing nursing care. **Objective:** Providing gerontic nursing care for Mrs. W with cataracts in Genitem Hamlet the work area of the Godean 1 Health Center Yogyakarta. **Methodology:** Case study by applying the nursing process which includes assessment, nursing diagnosis, planning, implementation, and evaluation for Mrs. W with cataracts in Genitem Hamlet the work area of the Godean 1 Health Center Yogyakarta from 11 May 2022-15 May 2022. **Results:** Based on the results of the study, it was found that he was ashamed of his condition, back pain, difficulty sleeping at night, and had fallen in the bathroom. So that a nursing diagnosis of situational low self-esteem, acute pain, disturbed sleep patterns, and the risk of falls was established. Nursing interventions performed were self-esteem promotion, pain management, sleep support, and fall prevention. After the implementation of nursing, all goals are fully achieved according to the outcome criteria. **Conclutions:** The gerontic nursing care of Mrs. W with cataracts can be carried out well because the client is cooperative, the client's living room is spacious, the time is suitable between the client and the writer in the implementation of nursing.

Keywords: Gerontic Nursing Care, Cataract.

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