

**ASUHAN KEPERAWATAN PADA TN.S DENGAN
CA PROSTATE DI RUANG BOUGENVILLE 3
RSUP DR. SARDJITO D.I.YOGYAKARTA**

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ABSTRAK

Latar Belakang : Kanker prostat merupakan pembunuh nomor 3 di kalangan pria. Kanker prostat mayoritas diderita oleh pria berumur lebih dari 40 tahun dan kebanyakan terdeteksi saat kanker prostat sudah masuk ke stadium lanjut, kanker ini juga dapat menyebabkan beberapa komplikasi jika sudah mengalami perluasan dan metastase. Terdapat sebanyak 39 pasien dengan kanker prostat dimana angka tersebut dapat dihitung dari jumlah pasien yang di rawat di ruang *Bougenville 3* RSUP dr. Sardjito selama kurun waktu satu tahun (April 2021-2022).

Tujuan: Melaksanakan asuhan keperawatan pada Tn. S dengan *Ca Prostate* di ruang *Bougenville 3* RSUP dr. Sardjito sesuai dengan diagnosa keperawatan yang relevan.

Metode: Metode yang digunakan adalah studi kasus dengan teknik wawancara, observasi, pemeriksaan fisik, dan studi dokumen pada Tn. S dengan *Ca Prostate* di ruang *Bougenville 3* RSUP dr. Sardjito yang dilakukan selama 5 hari sejak tanggal 10 Mei 2022 sampai 14 Mei 2022.

Hasil: Diagnosa keperawatan yang muncul adalah intoleransi aktivitas berhubungan dengan kelemahan, nyeri kronis berhubungan dengan infiltrasi tumor, retensi urin berhubungan dengan peningkatan tekanan uretra, ansietas berhubungan dengan kebutuhan tidak terpenuhi, gangguan mobilitas fisik berhubungan dengan kerusakan integritas struktur tulang/nyeri, dan resiko jatuh. Intervensi yang dilakukan adalah manajemen energi, manajemen nyeri, perawatan retensi urin, reduksi ansietas, dukungan mobilisasi, dan pencegahan jatuh.

Kesimpulan: Masalah keperawatan nyeri kronis, retensi urin, ansietas, dan resiko jatuh teratasi. Gagguan mobilitas fisik dan intoleransi aktivitas tidak teratasi.

Kata Kunci : *Ca Prostate, Bougenville 3, RSUP dr. Sardjito, asuhan keperawatan*

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**NURSING CARE IN TN.S WITH
CA PROSTATE IN BOUGENVILLE ROOM 3
RSUP DR. SARDJITO D.I.YOGYAKARTA**

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ABSTRACT

Background : Prostate cancer is the number 3 killer among men. Prostate cancer that has been suffered by men aged over 40 years and is most often detected when prostate cancer enters an advanced stage, this cancer can also cause several complications if it has experienced expansion and metastasis. There are 39 patients with prostate cancer where this number can be calculated from the number of patients in Bougenville 3, dr. Sardjito for a period of one year (April 2021-2022).

Objective: His surrounding support of Mr. S with Ca Prostate in Bougenville 3 RSUP dr. Sardjito fits the relevant diagnosis.

Method: The method used is a case study on Mr. S with Ca Prostate in Bougenville 3 RSUP dr. Sardjito was held from May 10, 2022 to May 14, 2022. The techniques used were interviews, observation, physical examination, and document studies.

Results: The diagnosis that emerged was activity intolerance associated with weakness, chronic pain associated with tumor infiltration, urine retention associated with increased urethral pressure, anxiety associated with unmet needs, impaired physical mobility associated with structural integrity damage or pain, and the risk of falling. The interventions that have been carried out was energy management, pain management, urinary retention treatment, anxiety reduction, mobilization support, and fall prevention.

Conclusion: The problems of chronic complications, urinary retention, anxiety, and the risk of falling were resolved. Impaired physical mobility and activity intolerance is not resolved.

Keywords: Ca Prostate, Bougenville 3, RSUP dr. Sardjito, Nursing Care

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