

## HUBUNGAN POLA ASUH ORANG TUA DENGAN PERKEMBANGAN PSIKOSOSIAL ANAK PRA SEKOLAH PADA MASA PANDEMI COVID-19 DI TK DESA JUMOYO SALAM MAGELANG

Salma Fira Haifani<sup>\*</sup>, Sutejo<sup>\*\*</sup>, Ida Mardalena<sup>\*\*\*</sup>  
Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta  
Jl. Tata Bumi No.3, Banyuraden, Gamping, Sleman, Yogyakarta 55293,  
(0274)587293  
Email : haifaniya@gmail.com

### ABSTRAK

**Latar belakang :** Usia prasekolah 3-6 tahun merupakan masa keemasan, dan masa kritis bagi perkembangan. Tumbuh kembang anak yang optimal dapat tercapai apabila ada interaksi antara anak dan orang tua. Diberlakukannya pembatasan social pada saat pandemi Covid-19 mengakibatkan anak sulit untuk bersosialisasi dan ketergantungan pada orang tua. Pola asuh orang tua berperan penting terutama kepada perkembangan anak, terutama perkembangan psikososial anak.

**Tujuan:** mengetahui adanya hubungan pola asuh orang tua dengan perkembangan psikososial anak usia pra sekolah pada masa pandemic Covid-19 di TK Desa Jumoyo, Salam, Magelang

**Metode:** jenis penelitian *cross sectional*. Jumlah responden 112 orang tua dipilih menggunakan *proporsional random sampling*. Instrumen penelitian ini menggunakan kuesioner pola asuh orang tua dan perkembangan psikososial anak, hasil uji menggunakan *pearson Chi-Square*.

**Hasil penelitian:** pola asuh yang diterapkan demokratis (48,2%), otoriter, (36,6%) permisif (15,2%). Perkembangan psikososial anak usia pra sekolah pada tahap inisiatif (41,1%) rasa bersalah(58,9%). hasil uji *pearson Chi-Square* dengan *p-value*  $0,001 < 0,05$  dan keeratan hubungan sebesar 0,679.

**Kesimpulan:** hasil penelitian ini menunjukkan adanya hubungan pola asuh orang tua dengan perkembangan psikososial anak di TK Desa Jumoyo, Salam, Magelang.

**Kata kunci:** anak pra sekolah, pandemi Covid-19, pola asuh, perkembangan psikososial

### Keterangan :

\*) Mahasiswa Prodi Sarjana Terapan Keperawatan Poltekkes Kemenkes Yogyakarta

\*\*) \*\*\*) Dosen Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta

# **THE RELATIONSHIP BETWEEN PARENTING PATTERN ON CHILD PSYCHOSOCIAL DEVELOPMENT OF PRE-SCHOOL DURING THE COVID-19 PANDEMIC AT TK DESA JUMOYO SALAM MAGELANG**

Salma Fira Haifani<sup>\*</sup>, Sutejo<sup>\*\*</sup>, Ida Mardalena<sup>\*\*\*</sup>  
Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta  
Jl. Tata Bumi No.3, Banyuraden, Gamping, Sleman, Yogyakarta 55293,  
(0274)587293  
Email : haifaniya@gmail.com

## **ABSTRACT**

**Background:** Pre school age 3-6 years is a golden period and a critical period for development. Optimal growth and development of children can be achieved if there is interaction between children and parents. The implementation of social distancing during the Covid-19 pandemic made it difficult for children to socialized and depend on their parents. Parenting patterns of parents played an important role, especially in the development of children, especially psychosocial development.

**Objective:** to find out the relationship between parenting pattern and the psychosocial development of pre-school age children during the Covid-19 pandemic at TK Desa Jumoyo Salam

**Method:** this type of research is cross sectional. Total respondents are 112 respondents there are parents who were selected using proportional random sampling. The instrument of this study used a questionnaire on parenting pattern and children's psychosocial development. test results used Pearson Chi-Square.

**The results of the study:** the parenting pattern applied is authoritarian(48.2%), authoritarian, (36.6%) permissive (15.2%). Psychosocial development of pre-school age children at the initiative stage (41.1%) guilt (58.9%). the results of the Pearson Chi-Square test with a p-value of 0.001 <0.05 and a close relationship of 0.679.

**Conclusion:** The results of this study indicated a relationship between parenting patterns and children's psychosocial development at TK Desa Jumoyo, Salam, Magelang.

**Keywords:** Covid-19 pandemic, preschool children, parenting, psychosocial development

Information :

\*) Students of Applied Nursing Undergraduate Program at Poltekkes, Ministry of Health, Yogyakarta

\*\*) \*\*\*) Lecturer of the Department of Nursing Poltekkes Ministry of Health Yogyakarta