

KEPATUHAN KELUARGA DALAM PENERAPAN 5M PADA MASA PANDEMI COVID-19 DI DUSUN PENGASIH, PENGASIH, KULON PROGO

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ABSTRAK

Latar belakang : Pandemi Covid-19 merupakan permasalahan yang sangat serius karena mengancam kesehatan dan ekonomi global, serta membuat kekhawatiran di seluruh dunia. Kepatuhan keluarga sangat penting dalam penerapan 5M untuk menurunkan penyebaran kasus Covid-19. Semakin patuh dalam penerapan 5M maka keluarga semakin terhindar dari Covid-19. Hasil studi pendahuluan didapatkan data kasus terkonfirmasi Covid-19 di wilayah kerja Puskesmas Pengasih I merupakan kasus terbanyak yang berada di Kulon Progo yaitu 857 kasus dengan dusun tertinggi kasus Covid-19 di Dusun Pengasih yaitu 184 kasus.

Tujuan : Diketuinya kepatuhan keluarga dalam penerapan 5M pada masa pandemi Covid-19 di Dusun Pengasih, Pengasih, Kulon Progo.

Metode : Jenis penelitian deskriptif dengan menggunakan metode survei. Subyek penelitian berjumlah 78 keluarga. Instrumen penelitian berupa kuesioner.

Hasil : Kepatuhan keluarga dalam menggunakan masker termasuk kategori patuh sebanyak 54 responden (69,2%), Kepatuhan keluarga dalam mencuci tangan termasuk kategori patuh sebanyak 58 responden (74,4%). Kepatuhan keluarga dalam menjaga jarak termasuk kategori patuh sebanyak 54 responden (69,2%). Kepatuhan keluarga dalam menghindari kerumunan termasuk kategori patuh sebanyak 56 responden (71,8%). Serta kepatuhan keluarga dalam mengurangi mobilitas termasuk kategori patuh sebanyak 44 responden (56,4%).

Kesimpulan : Kepatuhan keluarga dalam penerapan 5M pada masa Pandemi Covid-19 di Dusun Pengasih, Pengasih, Kulon Progo berada pada kategori patuh.

Kata Kunci : Kepatuhan keluarga, Penerapan 5M, Pandemi Covid-19

FAMILY COMPLIANCE WITH THE APPLICATION OF 5M DURING THE COVID-19 PANDEMIC IN PENGASIH, PENGASIH KULON PROGO

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ABSTRACT

Background : The Covid-19 pandemic is a very serious problem because it threatens health and the global economy, and creates concern throughout the world. Family compliance is very important in implementing 5M to reduce the spread of Covid-19 cases. The more obedient in implementing 5M, more families will be protected from Covid-19. The results of the preliminary study showed that data on confirmed cases of Covid-19 in the work area of the Pengasih I Health Center were the most cases in Kulon Progo, namely 857 cases, with the highest hamlet of Covid-19 cases in Pengasih Hamlet, which was 184 cases.

Objective : To find out family compliance in implementing 5M during the Covid-19 pandemic in Pengasih, Pengasih, Kulon Progo.

Methods : This type of research is descriptive by using a survey method. The research subjects were 78 families. The research instrument is a questionnaire.

Results : Family compliance in using masks is included in the obedient category as many as 54 respondents (69.2%), Family compliance in washing hands is included in the obedient category as many as 58 respondents (74.4%). Family compliance in maintaining distance is included in the obedient category as many as 54 respondents (69.2%). Family compliance in avoiding crowds is included in the obedient category as many as 56 respondents (71.8%). And family compliance in reducing mobility is included in the obedient category as many as 44 respondents (56.4%).

Conclusion : Family compliance in implementing 5M during the Covid-19 Pandemic in Pengasih Hamlet, Pengasih, Kulon Progo is in the obedient category.

Keywords : Family compliance, 5M implementation, Covid-19 Pandemic