

THE KNOWLEDGE OF DENTAL AND ORAL HEALTH AND THE EFFORTS TO PREVENT DECIDUOUS CARIES IN MOTHERS OF TODDLERS

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ABSTRACT

Background : The parents' knowledge, especially the mothers in dental care has a significant influence on dental and oral health in toddlers because mothers are the closest people to them. Based on the results of Baseline Health Research in 2018, stated that the index of dental caries in Indonesians from one adult totalled 32 on average there were seven teeth damaged, while 93% of early childhoods have cavities.

Research Objectives: To know the level of knowledge about dental and oral health and the efforts to prevent deciduous caries in mothers of toddlers in Pagak Indah Village, Banyuurip, Purworejo.

Research Methods: The research method was descriptive research with a cross-sectional survey research design. The samples of the study were 20 mothers of toddlers. Sampling by purposive sampling and analyzed using cross-tabulation.

Research Results: The results showed that: The mothers' knowledge about dental and oral health including at high criteria as many as 15 people (75%). Most of them made efforts to prevent deciduous caries in toddlers with good category as many as 13 people (65%).

Conclusion: Most of the mothers (65%) have known about dental and oral health with high criteria and the efforts to prevent dental caries in toddlers in good category.

Keywords: knowledge of mothers, dental caries, toddlers.

PENGETAHUAN KESEHATAN GIGI DAN MULUT DAN UPAYA MENCEGAH KARIES GIGI SUSU PADA IBU BALITA

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ABSTRAK

Latar Belakang : Pengetahuan orang tua, terutama ibu dalam pemeliharaan gigi memberi pengaruh yang cukup signifikan terhadap kesehatan gigi dan mulut pada balita, karena ibu adalah orang yang paling dekat dengan balita. Berdasarkan Hasil Riskesdas 2018, bahwa indeks karies gigi orang Indonesia dari satu orang dewasa yang jumlahnya 32, rata-rata ada 7 gigi yang mengalami kerusakan, sementara 93% anak usia dini mengalami gigi berlubang.

Tujuan Penelitian : Diketuinya tingkat pengetahuan tentang kesehatan gigi dan mulut dan upaya mencegah karies gigi susu pada ibu balita di dusun Pagak Indah, Banyuurip, Purworejo .

Metode Penelitian : Metode penelitian ini adalah penelitian deskriptif dengan rancangan penelitian cross sectional survey. Sampel dari penelitian ini adalah 20 ibu balita. Pengambilan sampel dengan purposive sampling dan dianalisis menggunakan tabulasi silang.

Hasil Penelitian : Hasil menunjukkan bahwa : Pengetahuan ibu tentang kesehatan gigi dan mulut termasuk kriteria tinggi sebanyak 15 ibu (75 %). Sebagian besar ibu balita melakukan upaya mencegah karies gigi susu pada balita dengan kategori baik sebanyak 13 ibu balita (65 %).

Kesimpulan : Sebagian besar ibu (65%) memiliki pengetahuan tentang kesehatan gigi dan mulut kriteria tinggi dan upaya dalam mencegah karies gigi pada balita kategori baik.

Kata Kunci : pengetahuan ibu, karies gigi, balita.