

## **GAMBARAN TINGKAT PENGETAHUAN MENYIKAT GIGI ANAK USIA 10-12 TAHUN DI DESA REJOSO, JOGONALAN, KLATEN**

Inayah Nur Isnaini\*, Eldarita\*, Dwi Eni Purwati\*\*  
Jurusan Keperawatan Gigi Poltekkes Kemenkes Yogyakarta  
Jl. Kyai Mojo No. 56 Pingit, Yogyakarta 55243, 0823-2798-8251  
\*Email : [inayahnisnaini@gmail.com](mailto:inayahnisnaini@gmail.com)

### **ABSTRAK**

**Latar Belakang:** Kesehatan gigi dan mulut masih menjadi permasalahan bagi anak-anak. Anak usia 10-12 tahun perlu mendapatkan perhatian lebih tentang kesehatan gigi dan mulut, terutama menyikat gigi. Pengetahuan yang baik tentang menyikat gigi akan memberikan dampak yang baik bagi anak-anak, sehingga mereka mampu menjaga kesehatan gigi dan mulut.

**Tujuan Penelitian:** Diketuinya gambaran tingkat pengetahuan menyikat gigi anak usia 10-12 tahun di Desa Rejoso, Jogonalan, Klaten.

**Metode Penelitian:** Jenis penelitian deskriptif. Populasi dalam penelitian ini adalah anak berusia 10-12 tahun sebanyak 90 orang. Sampel penelitian ini menggunakan tehnik *purposive sampling* diperoleh reponden sebanyak 47 orang. Pengumpulan data menggunakan kuesioner yang dibagikan kepada responden. Data disajikan dalam bentuk tabulasi silang.

**Hasil Penelitian:** Hasil penelitian menunjukkan tingkat pengetahuan menyikat gigi anak usia 10-12 tahun di Desa Rejoso, Jogonalan, Klaten pada kategori pengetahuan menyikat gigi kriteria baik 91,5%, kriteria sedang sebanyak (8,5%), dan kriteria buruk (0%). Kategori cara menyikat gigi kriteria baik sebanyak (44,7%), kriteria sedang sebanyak (36,2%), kriteria buruk sebanyak (19,1%). Kategori alat dan bahan menyikat gigi kriteria baik sebanyak (85,1%), kriteria sedang sebanyak (14,9%), dan kriteria buruk (0%).

**Kesimpulan:** Tingkat pengetahuan tentang menyikat gigi memiliki kriteria baik pada kategori pengetahuan menyikat gigi, cara menyikat gigi, dan alat dan bahan menyikat gigi.

**Kata Kunci:** Pengetahuan, Cara, Alat, Menyikat Gigi.

**DESCRIPTION OF LEVEL KNOWLEDGE BRUSHING TEETH  
CHILDREN AGE 10-12 YEARS OLD IN REJOSO VILLAGE,  
JOGONALAN, KLATEN**

Inayah Nur Isnaini\*, Eldarita\*, Dwi Eni Purwati\*\*  
Jurusan Keperawatan Gigi Poltekkes Kemenkes Yogyakarta  
Jl. Kyai Mojo No. 56 Pingit, Yogyakarta 55243, 0823-2798-8251  
\*Email : [inayahnisnaini@gmail.com](mailto:inayahnisnaini@gmail.com)

**ABSTRACT**

**Background of Study:** Oral and dental health still become a problem for children. Children aged 10-12 years need to get more attention about oral health, specifically brushing their teeth. A proper knowledge about brushing teeth will have a good impact on children, so that they are able to maintain healthy teeth and mouth.

**Objectives of Study:** Aims to know the description of knowledge level of brushing teeth of children aged 10-12 years in Rejoso Village, Jogonalan, Klaten.

**Method of the Study:** The type of this research is descriptive. The population in this study were children aged 10-12 years as much as 90 children. This research sample used purposive sampling technique obtained as many as 47 respondents. Collecting data being used is a questionnaire distributed to respondents. Data is presented in the form of cross tabulation.

**Result of the Study:** The results showed that the level of knowledge about brushing teeth of children aged 10-12 years in Rejoso Village, Jogonalan, Klaten in the category of knowledge of brushing teeth with good criteria is (91.5%), the moderate criteria is (8.5%), and bad criteria is (0%). The category of how to brush teeth is good, which shows in percentage of (44.7%), the moderate criteria is in (36.2%), and the bad criteria is (19.1%). The categories of tools and materials for brushing teeth are good which in (85.1%), moderate criteria is (14.9%), and bad criteria is (0%).

**Conclusion:** The level of knowledge about brushing teeth has good criteria in the categories of knowledge of brushing teeth, how to brush teeth, and tools and materials for brushing teeth.

**Keywords:** *Knowledge, Methods, Tools, Brushing Teeth.*