

ABSTRAK

KARAKTERISTIK IBU DENGAN BAYI BERAT LAHIR RENDAH DI RSUD WONOSARI TAHUN 2020

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Latar Belakang: Bayi berat lahir rendah dapat menyebabkan *stunting* dan merupakan penyumbang angka kematian bayi dengan angka kejadian BBLR di DIY tahun 2020 sebesar 6,10%. Ada beberapa karakteristik ibu yang dapat mempengaruhi berat badan lahir rendah (BBLR) meliputi umur, paritas, usia kehamilan, kadar Hb, dan kejadian preeklampsia.

Tujuan: Diketahui karakteristik ibu dengan bayi berat lahir rendah di RSUD Wonosari Tahun 2020

Metode: Penelitian deskriptif dengan rancangan *cross sectional*. Populasi penelitian adalah ibu dengan BBLR sebanyak 120 orang, yang memenuhi karakteristik penelitian yaitu umur, riwayat paritas, usia kehamilan, kadar Hb, dan kejadian preeklampsia. Penelitian dilakukan pada bulan Maret 2021 dengan cara mengambil data sekunder dari rekam medis RSUD Wonosari. Pengolahan data dilakukan dengan program komputer dengan analisis univariat.

Hasil: Hampir seluruh bayi lahir dengan klasifikasi BBLR (1500-<2500 gr). Berdasarkan karakteristik umur ibu lebih besar dari responden berumur 20-35 tahun (tidak berisiko) 67,5%, riwayat paritas berisiko (80%), usia kehamilan preterm 65,8% dan tidak mengalami preeklampsia ketika hamil 56,7%. Sebagian besar dari responden tidak anemia 82,5%.

Kesimpulan: Ibu dengan bayi berat lahir rendah di RSUD Wonosari tahun 2020 lebih besar dari setengah responden berumur 20 - 35 tahun (tidak berisiko), riwayat paritas berisiko, usia kehamilan preterm (<37 minggu), tidak mengalami preeklampsia dan sebagian besar tidak mengalami anemia.

Kata Kunci: Bayi Berat Lahir Rendah, Karakteristik, Ibu

ABSTRACT

CHARACTERISTICS OF MOTHER WITH A LOW BIRTH WEIGHT BABIES IN RSUD WONOSARI IN 2020

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Background: Low birth weight babies can cause stunting and are a contributor to infant mortality with the incidence of LBW in DIY in 2020 of 6.10%. There are several characteristics of mothers that can affect low birth weight (LBW) including age, parity, gestational age, hemoglobin levels, and the incidence of preeclampsia.

Objective: To know the characteristics of mothers with low birth weight babies at Wonosari Hospital in 2020.

Methods: Study Descriptive with cross sectional design. The study population was 120 mothers with LBW, who met the characteristics of the study, namely age, parity, gestational age, hemoglobin levels, and the incidence of preeclampsia. The research was conducted in March 2021 by taking secondary data from the medical records of RSUD Wonosari. Data processing was performed using a computer program with univariate analysis.

Results: Almost all babies were born with LBW classification (1500- <2500 g). Based on the characteristics of the mother's age more bigger than half the respondents aged 20-35 years (not at risk) 67.5%, 55.8% risk parity history, preterm gestational age 65.8% and 56.7% did not experience preeclampsia when pregnant. Most of the respondents were not anemic 82.5%.

Conclusion: Mothers with low birth weight babies at Wonosari Hospital in 2020 more bigger than half of the respondents aged 20-35 years (not at risk), risk parity history, preterm gestational age (<37 weeks), did not experience preeclampsia and most of them did not experience anemia.

Keywords: Low Birth Weight Babies, Characteristics, Mother