

HUBUNGAN TINGKAT KECEMASAN IBU BALITA DI MASA PANDEMI
COVID-19 DENGAN STATUS KUNJUNGAN KE POSYANDU DI DUSUN
JATI DESA WONOKROMO WILAYAH KERJA PUSKESMAS PLERET
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ABSTRAK

Latar Belakang : Pandemi COVID-19 menyebabkan pembatasan aktivitas termasuk pelayanan kesehatan. Posyandu di Wilayah kerja Puskesmas Pleret pernah mengalami pemberhentian Posyandu dan kembali melaksanakannya pada Agustus 2020. Berdasarkan studi pendahuluan pada kader di Wilayah kerja tersebut menyebutkan bahwa ada sebagian ibu balita cemas yang mengakibatkan ibu balita tersebut tidak melakukan pemantauan pertumbuhan balitanya di Posyandu.

Tujuan : Mengetahui hubungan tingkat kecemasan ibu balita di Masa Pandemi COVID-19 dengan status kunjungan ke Posyandu di Dusun Jati Desa Wonokromo Wilayah Kerja Puskesmas Pleret tahun 2021.

Metode : Penelitian ini merupakan penelitian korelasi dengan desain *case control*. Penelitian ini dilaksanakan pada bulan Maret 2021 secara *door to door*. Responden dalam penelitian ini berjumlah 60 dengan jumlah masing-masing 30 ibu balita pada kelompok kasus maupun kelompok kontrol. Analisis data yang digunakan dalam penelitian ini menggunakan *chi-square*.

Hasil : Terdapat hubungan antara tingkat kecemasan ibu balita dengan status kunjungan ke Posyandu (*p value* : 0.000) dengan klasifikasi tingkat kecemasan yang didapat yaitu ibu dengan tingkat kecemasan ringan. (OR: 10.000 CI : 2.941-34.008).

Kesimpulan : Ada hubungan tingkat kecemasan ibu balita di Masa Pandemi COVID-19 dengan status kunjungan ke Posyandu di Dusun Jati Desa Wonokromo Wilayah Kerja Puskesmas Pleret Kabupaten Bantul

Kata Kunci : COVID-19, tingkat kecemasan, status kunjungan pemantauan pertumbuhan balita, Posyandu.

THE RELATION OF ANXIETY LEVEL FROM MOTHER TODDLER IN
COVID-19 PANDEMIC WITH THE STATUS OF VISIT TO POSYANDU AT
JATI WONOKROMO VILLAGE WORKING AREA OF PUSKESMAS

PLERET IN 2021

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ABSTRACT

Background: The COVID-19 pandemic caused activity restrictions including the health services. Posyandu in Puskesmas Pleret has experienced the dismissal and it start over in August 2020. Based on study from cadre in that working area, it told us that there were some mothers toddler who were anxious and it caused the mothers didn't monitor the growth of their toddlers in Posyandu.

Objective: To know the relation of anxiety level from mother toddler in COVID-19 pandemic with the status of visit to Posyandu at Jati Wonokromo Village working area of Puskesmas Pleret in 2021.

Method: This research is correlation with case control design. It was conducted by door to door in March 2021. Respondents in this study amounted to 60 with a total of 30 mothers toddler in the case group and control group. Analysis of the data in this study using chi-square test.

Result : There is a relation between the anxiety level from mother toddler with the status of visit to Posyandu (p value : 0.000) with the classification of the level of anxiety obtained that is the mother with a mild level of anxiety. (OR: 10.000 CI : 2.941-34.008)

Conclusion: There is a relation between the anxiety level of mother toddler with the status of visit to Posyandu at Jati Wonokrom village working area of Puskesmas Pleret in 2021.

Keywords: COVID-19, anxiety level, the status of monitoring the growth of toddlers, Posyandu.