

**NURSING CARE FOR MR. G WITH NON HEMORRHAGIC STROKE
IN RSUD NYI AGENG SERANG
KULON PROGO**

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ABSTRACT

Background : Non-hemorrhagic stroke is a condition in which blood flow is interrupted due to brain blood blockage, so that the blood supply and oxygen to the brain has decreased which causes damage to brain tissue. According to (Riskesdas, 2018) the prevalence of stroke sufferers in DIY based on a doctor's diagnosis in the population aged more than 15 years ranks second after East Kalimantan, which is 14.7% per mil in 2018, which has increased from 2013.

Purpose : Obtain real experience in the application of nursing care to non-hemorrhagic stroke patients at the Nyi Ageng Serang Kulon Progo hospital.

Method : This study uses a descriptive case study research design. The study was conducted focused on 1 case, namely patients with non-hemorrhagic stroke

Result : From the results of the assessment of patients with non-hemorrhagic stroke, 5 nursing diagnoses can be established, namely the risk of ineffective cerebral perfusion, impaired physical mobility, acute pain, knowledge deficit, and risk of falling. The interventions carried out were neurological monitoring, mobilization support, pain management, health education, and fall prevention. Implementation in patients is carried out based on interventions for 3x24 hours and evaluation is carried out at the end of each implementation

Conclusion : After 3 days of nursing care, the patient showed that the risk of ineffective cerebral perfusion and impaired physical mobility had not been resolved, while in the diagnosis of acute pain, knowledge deficits and the risk of falling the problem were resolved.

Keywords : Nursing Care, Non Haemorrhagic Stroke

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ASUHAN KEPERAWATAN PADA TN.G DENGAN STROKE NON HEMORAGIK DI RSUD NYI AGENG SERANG KULON PROGO

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INTISARI

Latar Belakang : Stroke Non Hemoragik merupakan suatu keadaan dimana aliran darah terganggu akibat sumbatan darah otak, sehingga suplai darah dan oksigen ke otak mengalami penurunan yang menyebabkan kerusakan jaringan otak. Menurut data Riset Kesehatan Dasar (Riskesdas, 2018) prevalensi penderita stroke di DIY berdasarkan diagnosis dokter pada penduduk usia lebih dari 15 tahun menempati urutan ke dua setelah Kalimantan Timur yaitu sebanyak 14,7% permil pada 2018 yang mengalami kenaikan dari tahun 2013.

Tujuan : Memperoleh pengalaman nyata dalam penerapan asuhan keperawatan pada pasien stroke non hemoragik di Rumah Sakit Nyi Ageng Serang Kulon Progo.

Metode : Penelitian ini menggunakan jenis rancangan penelitian studi kasus deskriptif. Penelitian dilakukan terfokus pada 1 kasus yaitu pasien dengan stroke non hemoragik.

Hasil : Dari hasil pengkajian pada pasien dengan Stroke Non Hemoragik dapat ditegakkan 5 diagnosa keperawatan yaitu risiko perfusi serebral tidak efektif, gangguan mobilitas fisik, nyeri akut, defisit pengetahuan, dan risiko jatuh. Intervensi yang dilakukan yaitu pemantauan neurologis, dukungan mobilisasi, manajemen nyeri, edukasi kesehatan, dan pencegahan jatuh. Implementasi pada pasien dilakukan berdasarkan intervensi selama 3x24 jam dan evaluasi dilaksanakan setiap akhir melakukan implementasi.

Kesimpulan : Pasien setelah diberikan tindakan asuhan keperawatan selama 3 hari didapatkan hasil yaitu risiko perfusi serebral tidak efektif dan gangguan mobilitas fisik masalah belum teratasi, sedangkan pada diagnosa nyeri akut, defisit pengetahuan dan risiko jatuh masalah teratasi.

Kata Kunci : Asuhan Keperawatan, Stroke Non Hemoragik

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