

NURSING CARE FOR MR. K WITH DIABETES MELLITUS IN RSUD PANEMBAHAN SENOPATI BANTUL

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ABSTRACT

Background : Diabetes mellitus (DM) is a disease of a set of symptoms caused by an increase in blood sugar (glucose) levels due to insulin deficiency. Data from the Bantul Health Office regarding the prevalence of diabetes mellitus based on a doctor's diagnosis in residents aged > 15 years by district / city of DIY province in 2018 in Bantul 3.28%, Sleman 3.16%, Kulon Progo 2.5%, Yogyakarta City 4 ,79 %, Gunung Kidul 2, 15 %.

Objective : to gain real experience in carrying out nursing care for patients with diabetes mellitus at Panembahan Senopati Hospital, Bantul.

Methods : this study uses a descriptive case study method to describe nursing care reports which include assessment, planning, diagnosis, nursing planning, implementation, evaluation, and documentation.

Result : case report found data based on patient Mr. K experienced pain, unstable blood glucose levels, and there was a wound on his back. So that the instability of blood glucose levels, acute pain and skin integrity disorders are formulated, then plan nursing actions, carry out nursing actions, are evaluated and documented

Conclusion : nursing care was carried out for 3 days, the problem of glucose level instability was not resolved, pain problems were resolved and skin integrity problems were partially resolved.

Keywords: Nursing Care, Diabetes Mellitus

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ASUHAN KEPERAWATAN PADA Tn. K DENGAN DIABETES MELITUS DI RSUD PANEMBAHAN SENOPATI BANTUL

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INTISARI

Latar belakang : Diabetes melitus (DM) adalah suatu penyakit dari sekumpulan gejala yang disebabkan oleh adanya peningkatan kadar gula darah (glukosa) akibat kekurangan insulin. Data dari Dinas Kesehatan Bantul mengenai prevalensi diabetes mellitus berdasarkan diagnosis dokter pada penduduk umur ≥ 15 tahun menurut kabupaten / kota provinsi DIY pada tahun 2018 di Bantul 3,28 %, Sleman 3,16 %, Kulon Progo 2,5 %, Kota Yogyakarta 4,79 %, Gunung Kidul 2,15 %.

Tujuan : mendapat pengalaman nyata dalam melaksanakan asuhan keperawatan pada pasien diabetes mellitus di RSUD Panembahan Senopati Bantul.

Metode : penelitian ini menggunakan metode studi kasus deskriptif untuk menggambarkan laporan asuhan keperawatan yang meliputi pengkajian, perencanaan, diagnosa, perencanaan keperawatan, implementasi, evaluasi, dan dokumentasi.

Hasil : laporan kasus ditemukan data berdasarkan pasien Tn. K mengalami nyeri, kadar glukosa darah yang tidak stabil, dan terdapat luka pada punggungnya. Sehingga dirumuskan ketidakstabilan kadar glukosa darah, nyeri akut dan gangguan integritas kulit, selanjutnya merencanakan tindakan keperawatan, melakukan tindakan keperawatan, dievaluasi dan didokumentasi

Kesimpulan : asuhan keperawatan dilakukan selama 3 hari, masalah ketidakstabilan kadar glukosa belum teratasi, masalah nyeri teratasi dan masalah gangguan integritas kulit teratasi sebagian.

Kata kunci : Asuhan Keperawatan, Diabetes Melitus

Keterangan

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