

ASUHAN KEPERAWATAN KELUARGA DENGAN LANSIA SELAMA
PANDEMI COVID-19 DI KELURAHAN PRAWIRODIRJAN
KOTA YOGYAKARTA

Fina Amalia¹, Tri Prabowo², Induniasih³
Email: finaamalia97@gmail.com

INTISARI

Latar Belakang : Pada awal tahun 2020 ini, dunia memang sedang dikejutkan dengan wabah virus corona (COVID-19) yang menginfeksi hampir seluruh negara di dunia. WHO (*World Health Organization*) semenjak Januari 2020 telah menyatakan dunia masuk ke dalam darurat global terkait virus ini. Virus corona (COVID-19) menjangkiti beragam kelompok umur penduduk. Meskipun demikian warga lansia lebih berisiko tertular virus tersebut. Risiko lansia ditentukan oleh tingkat keberhasilan lansia menyesuaikan diri dengan kondisi yang ada sehingga, peran keluarga sangat penting dalam mengasuh lansia di masa pandemi COVID-19.

Tujuan : Memperoleh pengalaman nyata dalam memberikan asuhan keperawatan keluarga dengan lansia selama masa pandemi yang berada di Kelurahan Prawirodirjan Kota Yogyakarta.

Metode : Penelitian ini menggunakan metode deskriptif dalam bentuk studi kasus asuhan keperawatan dengan pendekatan proses keperawatan meliputi pengkajian, diagnosa keperawatan, intervensi, implementasi dan evaluasi.

Hasil : Asuhan keperawatan yang diberikan pada keluarga didapatkan dua diagnosis yaitu defisit pengetahuan dan ketidakmampuan koping keluarga. Setelah dilakukan tindakan keperawatan selama 3×pertemuan dalam 2 minggu didapatkan hasil keluarga bisa melakukan cuci tangan 6 benar dengan sabun dengan tindakan keperawatan yang dilakukan mengajarkan cuci tangan 6 benar dengan sabun.

Kesimpulan : Keluarga mampu melakukan tindakan keperawatan yang sudah diajarkan dan mampu menerapkan di kehidupan sehari-hari secara mandiri

Kata kunci : Asuhan keperawatan keluarga, lansia, pandemi COVID-19

¹Mahasiswa poltekkes kemenkes yogyakarta jurusan keperawatan

²Pembimbing I

³Pembimbing II

FAMILY NURSING CARE WITH ADVANCED AGE DURING COVID-19
PANDEMIC IN PRAWIRODIRJAN VILLAGE
YOGYAKARTA CITY

Fina Amalia¹, Tri Prabowo², Induniasih³
Email: finaamalia97@gmail.com

ABSTRAC

Background : At the beginning of 2020, the world is indeed being shocked by the outbreak of the corona virus (COVID-19) which has infected almost all countries in the world. Since January 2020, WHO (World Health Organization) has declared the world entered into a global emergency related to this virus. The corona virus (COVID-19) affects various age groups of the population. Even so, the elderly are more at risk of contracting the virus. The risk of the elderly is determined by the level of success of the elderly in adapting to existing conditions so that the role of family is very important in caring for the elderly during the COVID-19 pandemic.

Purpose : Obtain real experience in providing family nursing care for the elderly during the pandemic period in Prawirodirjan Village, Yogyakarta City.

Method : This study uses a descriptive method in the form of case studies of nursing care with a nursing process approach including assessment, nursing diagnosis, intervention, implementation and evaluation.

Result : Nursing care provided to the family obtained two diagnoses, namely knowledge deficit and family coping inability. After carrying out nursing actions for 3 × meetings in 2 weeks, it was found that the family was able to wash hands properly with soap with nursing actions that taught how to wash hands properly with soap.

Conclusion : Families are able to carry out nursing actions that have entered and are able to independently apply daily life.

Keywords : Family nursing care, elderly, COVID-19 pandemic

¹Yogyakarta Ministry Health Polytechnic Student Department of Nursing

²Instructure I

³Instructure II