

GAMBARAN KEAKTIFAN IBU DALAM KEGIATAN POSYANDU KAITANNYA DENGAN STATUS GIZI BALITA DI DESA SUMBERAGUNG JETIS BANTUL

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ABSTRAK

Latar Belakang : Status gizi kurang dan gizi buruk merupakan masalah yang cukup mendapat perhatian. Prevalensi gizi kurang dan gizi buruk di Kabupaten Bantul pada tahun 2019 berdasarkan Dinas Kesehatan Kabupaten Bantul yaitu 8,62%.

Tujuan Penelitian : Mengetahui gambaran keaktifan Ibu dalam kegiatan Posyandu kaitannya dengan status gizi balita di Desa Sumberagung Jetis Bantul.

Metode Penelitian : Jenis penelitian ini merupakan penelitian observasional deskriptif dengan desain penelitian *cross sectional*, lokasi penelitian di Desa Sumberagung, Kecamatan Jetis, Kabupaten Bantul. Pengambilan sampel menggunakan teknik *purposive sampling* dan diperoleh sampel sebanyak 55 anak balita.

Hasil Penelitian : Hasil penelitian ini menunjukkan bahwa sebagian besar ibu aktif dalam kegiatan posyandu sebanyak 38 orang atau 69,1% dan sebagian besar anak balita dengan status gizi normal sebanyak 42 orang atau 76,4%.

Kesimpulan : Ada kaitan antara keaktifan ibu dalam kegiatan posyandu dengan status gizi balita.

Kata kunci : Keaktifan ibu, Status Gizi, Balita

DESCRIPTION OF MOTHER ACTIVITY IN POSYANDU ACTIVITIES ASSOCIATED WITH THE NUTRITIONAL STATUS OF CHILDREN IN SUMBERAGUNG VILLAGE JETIS BANTUL

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ABSTRACT

Background : Malnutrition status and malnutrition are problems that receive enough attention. The prevalence of malnutrition and malnutrition in Bantul Regency in 2019 based on the Bantul District Health Office was 8,62%.

Research Objectives : To determine the description of mother's activeness in Posyandu activities in relation to the nutritional status of children under five in Sumberagung Village Jetis Bantul.

Research Method : This type of research is a descriptive observational study with a *cross-sectional* research design, the research location is in Sumberagung Village, Jetis District, Bantul Regency. Sampling using *purposive sampling* technique and obtained a sample of 55 children under five.

Research Result : The results of this study showed that most mothers were active in posyandu activities as many as 38 people or 69.1% and most of the children under five with normal nutritional status were 42 people or 76.4%.

Conclusion: There is a relationship between the activeness of mothers in posyandu activities with the nutritional status of children under five.

Keywords : Mother Activity, Nutritional Status, Toodler