

KARYA TULIS ILMIAH
ASUHAN KEPERAWATAN PADA IBU MASA NIFAS NY.S
DI WILAYAH KERJA PUSKESMAS PLAYEN II

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ABSTRAK

Latar belakang: Sekitar 60% kematian ibu terjadi setelah melahirkan dan hampir 50% dari kematian pada masa nifas terjadi pada 24 jam pertama setelah melahirkan. Ibu masa nifas mengalami perubahan fisiologis dan perubahan psikologis. Oleh karena itu, diperlukan asuhan keperawatan dalam memberikan penanganan yang tepat.

Tujuan penelitian: Menggambarkan Asuhan Keperawatan pada Ibu Masa Nifas di Wilayah Kerja Puskesmas Playen II

Metode penelitian: KTI ini menggunakan metode penelitian deskriptif dengan pendekatan studi kasus. Lokasi studi kasus ini dilakukan di Wilayah Kerja Puskesmas Playen II. Subyek studi kasus yang diambil adalah satu orang ibu masa nifas multipara. Waktu studi kasus dilaksanakan tanggal 21 Februari- 25 Februari 2021. Teknik pengumpulan data dari wawancara dan pemeriksaan fisik.

Hasil : Setelah dilakukan pengkajian dan analisa data didapatkan 4 diagnosa keperawatan yaitu konstipasi, gangguan pola tidur, ketidaknyamanan pasca partum, dan risiko infeksi. Intervensi yang dilakukan yaitu manajemen eliminasi fekal, dukungan tidur, manajemen nyeri, dan pencegahan infeksi. Hasil evaluasi pada diagnosa konstipasi dan gangguan pola tidur teratasi sebagian. Diagnosa ketidaknyamanan pasca partum dan risiko infeksi teratasi seluruhnya.

Kesimpulan: Asuhan keperawatan dilakukan selama 4 kali kunjungan rumah. Setelah dilakukan asuhan keperawatan, diagnosa konstipasi dan gangguan pola tidur teratasi sebagian, diagnosa ketidaknyamanan pasca partum dan risiko infeksi teratasi seluruhnya.

Kata kunci: Asuhan Keperawatan, Masa Nifas

Kepustakaan: 37 sumber (tahun 2011-2020)

SCIENTIFIC PAPERS
Nursing Care For The Post-Partum Mother Of Mrs.S
In The Working Area Of Puskesmas Playen II

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ABSTRACT

Background: About 60% of maternal deaths occur after childbirth and nearly 50% of deaths during the puerperium occur within the first 24 hours after delivery. Postpartum mothers undergo physiological changes and psychological changes. Therefore, nursing care is needed in providing appropriate treatment.

Purpose: Describing Nursing Care for Postpartum Mothers in the Playen II Public Health Center.

Methodology: This KTI uses a descriptive research method with a case study approach. The location of this case study was conducted in the Playen II Public Health Center. The subject of the case study was a multiparous postpartum mother. When the case study was carried out on February 21 - February 25, 2021. The technique of collecting data from interviews and physical examinations.

Result: After conducting a study and data analysis, 4 nursing diagnoses were obtained, namely constipation, sleep disturbance, post-partum discomfort, and the risk of infection. The interventions carried out were management of fecal elimination, sleep support, pain management, and infection prevention. The results of the evaluation on the diagnosis of constipation and sleep disturbances were partially resolved. Post-partum discomfort and risk of infection is completely diagnosed.

Conclusion: Nursing care was carried out during 4 home visits. After nursing care, the diagnosis of constipation and sleep disturbances is partially resolved, the diagnosis of postpartum discomfort and the risk of infection is completely resolved.

Keywords: Nursing Care, Postpartum period

Literature: 37 sources (years 2011-2020)