

ASUHAN KEPERAWATAN PADA Ny. Y DENGAN STROKE NON HEMORAGIK DI RSUD PANEMBAHAN SENOPATI BANTUL

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INTISARI

Latar Belakang : Stroke Non Hemoragik adalah keadaan pasokan darah keotak mengalami hambatan atau terhenti, yang menyebabkan kematian pada sel. Data studi pendahuluan di RSUD Panembahan Senopati Bantul tanggal 5 November 2020, kasus Stroke Non hemoragik pada tahun 2020 sampai bulan Oktober ada 178 Kasus. Asuhan Keperawatan pada pasien Stroke penting untuk mencegah terjadinya komplikasi.

Tujuan : Tujuan penulisan studi kasus adalah memperoleh pengalaman dalam melaksanakan asuhan keperawatan pada pasien Stroke Non Hemoragik di RSUD Panembahan Senopati Bantul.

Metode : Metode penelitian ini adalah studi kasus deskriptif. Fokus Penelitian ini adalah 1 pasien Stroke Non Hemoragik.

Hasil : Hasil dari pengkajian pada pasien dengan Stroke Non Hemoragik dapat ditegakkan 5 diagnosa keperawatan yaitu nyeri akut, risiko perfusi serebral tidak efektif, gangguan mobilitas fisik, risiko jatuh, dan defisit pengetahuan. Intervensi yang dilakukan yaitu manajemen nyeri, pemantauan neurologis, dukungan mobilisasi, pencegahan jatuh dan edukasi kesehatan. Implementasi dilakukan berdasarkan intervensi selama 3 hari dan evaluasi dilaksanakan setiap akhir melakukan implementasi.

Kesimpulan : Setelah pasien diberikan tindakan asuhan keperawatan selama 3 hari didapatkan hasil yaitu risiko perfusi serebral tidak efektif, gangguan mobilitas fisik, dan risiko jatuh teratasi sebagian, pada diagnosa nyeri akut, defisit pengetahuan masalah teratasi. Sebaiknya masyarakat mengetahui tanda gejala, penyebab, komplikasi Stroke dan menjalani pola hidup sehat.

Kata Kunci : Asuhan Keperawatan, Pasien, Stroke Non Hemoragik

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NURSING CARE FOR Mrs. Y WITH NON HEMORRHAGIC STROKE IN
RSUD PANEMBAHAN SENOPATI BANTUL

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ABSTRACT

Background : Non-hemorrhagic stroke is a state of blood supply to the brain experiencing obstruction or stopping, which causes cell death. Preliminary study data at Panembahan Senopati Bantul Hospital on November 5, 2020, cases of Non-hemorrhagic Stroke in 2020 until October there were 178 cases. Nursing care for Stroke is important to prevent complications.

Purpose : The purpose of writing a case study is to gain experience in implementing nursing care for non-hemorrhagic stroke patients at Panembahan Senopati Hospital, Bantul.

Method : This research method is a descriptive case study. The focus of this study was 1 non-hemorrhagic stroke patient.

Result : The results of the assessment of patients with non-hemorrhagic stroke can be confirmed 5 nursing diagnoses, namely acute pain, risk of ineffective cerebral perfusion, impaired physical mobility, risk of falls, and knowledge deficit. The interventions included pain management, neurological monitoring, mobilization support, fall prevention and health education. Implementation is carried out based on intervention for 3 days and evaluation is carried out at the end of each implementation.

Conclusion : After the patient was given nursing care for 3 days, the results were that the risk of ineffective cerebral perfusion, impaired physical mobility, and the risk of falling was partially resolved, in the diagnosis of acute pain, the knowledge deficit of the problem was resolved. It is better if people know the signs of symptoms, causes, complications of stroke and live a healthy lifestyle.

Keywords : Nursing Care, Patients, Non Haemorrhagic Stroke

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