

## HUBUNGAN TINGKAT PENGETAHUAN IBU DENGAN PERILAKU IBU DALAM MENDIDIK ANAK MENGgosok GIGI

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### ABSTRAK

**Latar Belakang:** Masalah kesehatan gigi dan mulut pada anak di Indonesia masih sangat rendah dimana sebanyak 89% anak di bawah usia 12 tahun menderita masalah kesehatan gigi dan mulut. Pengetahuan orang tua sangat penting dalam membangun perilaku yang mendukung atau tidak mendukung kebersihan gigi dan mulut anak terlebih dalam menggosok gigi.

**Tujuan Penelitian:** Mengetahui hubungan antara pengetahuan ibu tentang menggosok gigi dengan perilaku ibu dalam mendidik anak menggosok gigi.

**Metode Penelitian:** Jenis penelitian ini menggunakan metode penelitian survey analitik. Penelitian survey analitik yaitu menganalisa suatu keadaan dengan cara pendekatan dan pengumpulan data menggunakan rancangan *cross sectional*. Populasi dalam penelitian ini adalah orang tua (ibu) dari anak usia pra sekolah di Teladan Imam Syafi'i di daerah Nusa Tenggara Barat berjumlah 64 orang. Teknik sampling menggunakan *total sampling* yaitu teknik pengambilan sampel dimana jumlah sampel sama dengan populasi. Analisa data dilakukan dengan uji non parametrik *kendall's tau-b*.

**Hasil Penelitian:** Hasil penelitian menunjukkan nilai *p value* sebesar 0,000 ( $0,000 < 0,05$ ). Sebagian besar responden tingkat pengetahuan paling banyak memiliki kriteria tinggi sebanyak 54 responden (84,4%), kriteria perilaku ibu dalam mendidik anak menggosok gigi memiliki kriteria baik sebanyak 47 responden (73,4%).

**Kesimpulan:** Ada hubungan antara tingkat pengetahuan ibu tentang menggosok gigi dengan perilaku ibu dalam mendidik anak menggosok gigi.

Kata Kunci: Pengetahuan, Perilaku, Menggosok Gigi.

## RELATIONSHIPS WITH MOTHER'S KNOWLEDGE LEVEL MOTHER'S BEHAVIOR IN EDUCATING CHILDREN BRUSHING TEETH

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### ABSTRACT

**Background:** *The problem of dental and oral health among children in Indonesia is still very low, where as many as 89% of children under the age of 12 suffer from dental and oral health problems. Parents' knowledge is very important in building behavior that supports or does not support children's oral and dental hygiene, especially in brushing their teeth.*

**Objectives:** *To determine the relationship between maternal knowledge about brushing teeth and maternal behavior in educating children to brush their teeth.*

**Methods:** *This type of research uses analytical survey research methods. Analytical survey research is analyzing a situation by means of an approach and data collection using a cross sectional design. The population in this study were 64 parents (mothers) of pre-school age children at the Imam Syafi'i Example in West Nusa Tenggara. The sampling technique uses total sampling, which is a sampling technique where the number of samples is the same as the population. Data analysis was performed using non-parametric Kendall's tau-b test.*

**Results:** *The results showed a p value of 0.000 ( $0.000 < 0.05$ ). Most of the respondents with the highest level of knowledge had high criteria as many as 54 respondents (84.4%), the criteria for the behavior of mothers in teaching their children to brush their teeth had good criteria as many as 47 respondents (73.4%).*

**Conclusion:** *There is a relationship between the level of knowledge of mothers about brushing their teeth and their behavior in teaching their children to brush their teeth.*

**Keywords:** *Knowledge, Behavior, Tooth Brushing.*