

**HUBUNGAN DUKUNGAN KELUARGA DENGAN PERILAKU REMAJA
DALAM PENCEGAHAN COVID-19 DI WILAYAH KERJA
PUSKESMAS TANJUNGSARI KABUPATEN PACITAN**

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ABSTRAK

Latar Belakang: *Coronavirus Disease 2019* (Covid-19) adalah penyakit yang disebabkan oleh SARS-CoV-2. Kunci pencegahan meliputi pemutusan rantai penularan yaitu PHBS. Dukungan keluarga dapat meningkatkan kewaspadaan dan kesiapsiagaan terhadap Covid-19. Keluarga dapat memberikan contoh dalam mematuhi peraturan pemerintah dan mendorong remaja untuk mengikuti ketentuan yang ada. Dukungan keluarga yang masih kurang adalah dukungan penilaian/penghargaan. Keluarga kurang *mensupport* melakukan isolasi mandiri dan kurang membantu memecahkan masalah yang dialami anaknya saat belajar di rumah.

Tujuan: Mengetahui hubungan dukungan keluarga dengan perilaku remaja dalam pencegahan Covid-19 di wilayah kerja Puskesmas Tanjungsari Kabupaten Pacitan.

Metode: Jenis penelitian ini kuantitatif analitik dengan desain penelitian potong lintang (*Cross Sectional*). Sampel penelitian berjumlah 94 responden dengan teknik pengambilan sampel yaitu *Proportional Random Sampling*, uji yang digunakan adalah *Spearman Rank*. Instrumen yang digunakan berupa kuesioner.

Hasil: Hasil penelitian yang telah dilakukan terdapat 48 remaja (51,1%) yang memiliki dukungan keluarga dengan kategori baik dan terdapat 40 remaja (42,5%) yang memiliki perilaku pencegahan Covid-19 dengan kategori baik. Berdasarkan hasil uji *Spearman Rank* didapatkan hasil *p value* 0,001 dan nilai $r = 0,334$ yang artinya ada hubungan antara dukungan keluarga dengan perilaku remaja dalam pencegahan Covid-19.

Kesimpulan: Ada hubungan yang rendah antara dukungan keluarga dengan perilaku remaja dalam pencegahan Covid-19 di wilayah kerja Puskesmas Tanjungsari Kabupaten Pacitan

Kata Kunci: Dukungan Keluarga, Perilaku Pencegahan Covid-19, Remaja

THE RELATIONSHIP BETWEEN FAMILY SUPPORT WITH YOUTH BEHAVIOUR IN PREVENTION OF COVID-19 IN THE WORKING AREA OF PUSKESMAS TANJUNGSARI IN PACITAN REGENCY

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ASBTRACT

Background: Coronavirus Disease 2019 (Covid-19) is a disease caused by SARS-CoV-2. The key to prevention includes breaking the chain of transmission, namely PHBS. Family support can increase awareness and preparedness for Covid-19. Families can set an example in complying with government regulations and encourage youth to comply with existing regulations. Family support that is still lacking is appraisal / appreciation support. Families lack support for independent isolation and less help solve problems experienced by their children while studying at home.

Objectives: To knowing the relationship between family support with youth behaviour in prevention of Covid-19 in the working area of Puskesmas Tanjungsari in Pacitan Regency.

Methods: This type of research is quantitative analytic with a cross sectional research design. The research sample consisted of 94 respondents with the sampling technique, namely Proportional Random Sampling, the test used was the Spearman Rank. The instrument used was a questionnaire.

Result: The results of the research that have been carried out are 48 youth (51.1%) who have good family support and there are 40 youth (42.5%) who have good categories of Covid-19 prevention behaviour. Based on the results of the Spearman Rank test, the p value was 0.001 and the value of $r = 0.334$, which means that there is a relationship between family support with youth behaviour in prevention of Covid-19.

Conclusion: There is a low relationship between family support with youth behaviour in prevention of Covid-19 in the working area of Puskesmas Tanjungsari in Pacitan Regency.

Keywords: Family Support, Covid-19 Prevention Behaviour, Youth