

THE CORRELATION OF FAMILY SUPPORT WITH STUDENT'S ANXIETY FACING CLINICAL PRACTICES DURING COVID-19 PANDEMIC AMONG NURSING STUDENTS IN HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH IN YOGYAKARTA

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ABSTRACT

Background: Nursing students who will do clinical practice mostly tend to experience anxiety because they will be in direct contact with the patient and can harm the patient if anxiety shifts the student's focus when taking action on the patient. The Covid-19 pandemic has also affected student anxiety. One of the ways to handle anxiety is with family support. By receiving support from those closest to them, especially their families, students will be healthier physically and psychologically than students who do not receive support so that it has an effect on reducing the level of anxiety.

Objective: To know the relationship between family support and student anxiety in facing clinical practice during the Covid-19 pandemic in Nursing students of Health Polytechnic of the Ministry of Health in Yogyakarta

Methods: This type of research is a non-experimental study with a cross-sectional research design. This research was conducted on January 26, 2021 until Januari 28, 2021. The sample of this research was all students of Diploma III and Applied Nursing in Semester VI as many as 91 students. Data analysis was performed using the Spearman Rank test.

Results: The results showed that there was a negative and significant relationship between family support and student anxiety in facing clinical practice during the Covid-19 pandemic, the value of Sig. (2-tailed) or p-value is 0.042 and the r value is -0.214, this means that the higher family support, the lower the anxiety felt by student who will facing clinical practice during the Covid-19 pandemic.

Conclusion: There is a significant relationship between family support and student anxiety in facing clinical practice during the Covid-19 pandemic in the Nursing Department of Health Polytechnic of the Ministry of Health in Yogyakarta.

Keywords: family support, anxiety, clinical practice, nursing students, the Covid-19 pandemic

HUBUNGAN DUKUNGAN KELUARGA DENGAN KECEMASAN MAHASISWA MENGHADAPI PRAKTIK KLINIK SAAT MASA PANDEMI COVID-19 PADA MAHASISWA KEPERAWATAN POLTEKKES KEMENKES YOGYAKARTA

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ABSTRAK

Latar Belakang: Mahasiswa Keperawatan yang akan melakukan praktik klinik kebanyakan cenderung akan mengalami kecemasan karena akan berhubungan langsung dengan pasien dan dapat membahayakan pasien bila kecemasan mengalihkan fokus mahasiswa saat melakukan tindakan pada pasien. Pandemi Covid-19 turut mempengaruhi kecemasan mahasiswa. Kecemasan dapat ditangani salah satunya dengan dukungan keluarga. Dengan diterimanya dukungan dari orang terdekat khususnya keluarga maka mahasiswa akan lebih sehat fisik dan psikisnya daripada mahasiswa yang tidak menerima dukungan sehingga berpengaruh terhadap penurunan tingkat kecemasan.

Tujuan: Diketahuinya hubungan dukungan keluarga dengan kecemasan mahasiswa menghadapi praktik klinik saat masa pandemi Covid-19 pada mahasiswa Keperawatan Poltekkes Kemenkes Yogyakarta.

Metode: Jenis penelitian ini adalah penelitian non-eksperimen dengan desain penelitian *crossectional*. Penelitian ini dilakukan pada 26 Januari 2021 sampai 28 Januari 2021. Sampel penelitian ini adalah semua Mahasiswa Program Studi Diploma III dan Sarjana Terapan Keperawatan Semester VI sebanyak 91 orang mahasiswa. Analisa data dilakukan dengan uji *Spearman Rank*.

Hasil: Hasil penelitian menunjukkan bahwa ada hubungan yang negatif dan signifikan antara dukungan keluarga dengan kecemasan mahasiswa menghadapi praktik klinik saat masa pandemi Covid-19 besarnya nilai Sig. (2-tailed) atau p-value adalah 0,042 dan nilai r adalah -0,214, artinya semakin tinggi dukungan keluarga maka semakin rendah kecemasan yang dirasakan mahasiswa yang akan melaksanakan praktik klinik saat masa pandemi Covid-19

Kesimpulan: Terdapat hubungan yang signifikan antara dukungan keluarga dengan kecemasan mahasiswa menghadapi praktik klinik saat masa pandemi Covid-19 pada Mahasiswa Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta

Kata Kunci: dukungan keluarga, kecemasan, praktik klinik, mahasiswa keperawatan, pandemi Covid-19