

CHARACTERISTICS OF PREGNANT WOMEN WITH ANEMIA IN PMB HARYANTI PANIMBANG VILLAGE, CIMANGGU DISTRICT, CILACAP REGENCY IN 2019

Silvy Oktafiani¹, Dwiana Estiwidani², Wafi Nur Muslihatun³

¹⁾²⁾³⁾ Department of Midwifery Poltekkes Kemenkes Yogyakarta

Jl. Mangkuyudan MJ III/304 Yogyakarta

email: silvy.oktafiani@gmail.com

Abstract

Background: The incidence of anemia in pregnant woman in The Independent Practice of Midwife (PMB) Haryanti Panimbang Village, Cimanggu District, Cilacap Regency in the last three years has always increased. The cause of anemia in pregnant woman can be influenced by several characteristic factors such as age, parity, distance of pregnant, occupation, education level, and, gestational age.

Purpose: Knowing the characteristic of pregnant woman who have anemia in The Independent Practice of Midwife (PMB) Haryanti Panimbang Village, Cimanggu District, Cilacap Regency in 2019.

Method: This research is a quantitative descriptive with a cross sectional approach, conducted on May 2020. Data analysis uses univariate analysis. The subject of study were 22 pregnant women who experienced anemia in The Independent Practice of Midwife (PMB) Haryanti Panimbang Village, Cimanggu District, Cilacap Regency which is seen the cohort pregnant woman in 2019.

Research Results: Characteristics of pregnant woman who experience anemia majority in mothers of healthy reproductive age 20-35 years (72,72%), the majority of mothers at risk of parity 1 and <4 (68,19%), the majority of mothers with high school secondary education, junior high school 50%, the majority of mothers out of work (95,46%), the majority of mothers with a trimester gestational age III (40,91%) and the majority of mothers with mild anemia (95,46%).

Conclusion: The incidence of anemia in pregnant women in (PMB) Haryanti is 17,05% the majority mild anemia as much as 95,46% and mild anemia as much as 4,54%. Characteristics of pregnant woman who have anemia in (PMB) Haryanti Panimbang Village Cimanggu District, Cilacap Regency in 2019 the majority of mothers of healthy reproductive age, parity of risk, secondary education level, mothers work and third trimester pregnancy age.

Keywords: Characteristics, Pregnancy Anemia

KARAKTERISTIK IBU HAMIL YANG MENGALAMI ANEMIA DI PRAKTIK MANDIRI BIDAN (PMB) HARYANTI DESA PANIMBANG, KECAMATAN CIMANGGU, KABUPATEN CILACAP TAHUN 2019

Silvy Oktafiani¹, Dwiana Estiwidani², Wafi Nur Muslihatun³

¹⁾²⁾³⁾ Jurusan Kebidanan Poltekkes Kemenkes Yogyakarta

Jl. Mangkuyudan MJ III/304 Yogyakarta

email:silvy.oktafiani@gmail.com

INTISARI

Latar Belakang : Kejadian anemia pada ibu hamil di Praktik Mandiri Bidan (PMB) Haryanti Desa Panimbang, Kecamatan Cimanggu Kabupaten Cilacap dalam tiga tahun terakhir selalu meningkat. Penyebab anemia pada ibu hamil dapat dipengaruhi oleh beberapa faktor karakteristik seperti umur, paritas, jarak kehamilan, pekerjaan, tingkat pendidikan, dan usia kehamilan

Tujuan : Mengetahui karakteristik ibu hamil yang mengalami anemia di Praktik Mandiri Bidan (PMB) Haryanti Desa Panimbang, Kecamatan Cimanggu, Kabupaten Cilacap Tahun 2019

Metode : Penelitian ini merupakan *deskriptif kuantitatif* dengan pendekatan *cross sectional*, dilakukan bulan Mei 2020. Analisis data menggunakan analisis univariat. Subjek penelitian ini adalah 22 ibu hamil yang mengalami anemia di Praktik Mandiri Bidan (PMB) Haryanti Desa Panimbang, Kecamatan Cimanggu, Kabupaten Cilacap yang dilihat dari kohort ibu hamil tahun 2019.

Hasil : Karakteristik ibu hamil yang mengalami anemia mayoritas pada ibu umur reproduksi sehat 20-35 tahun (72,72%), mayoritas ibu paritas berisiko 1 dan >4 (68,19%), mayoritas ibu dengan tingkat pendidikan menengah SLTA, SMP 50%, mayoritas ibu tidak bekerja (95,46%), mayoritas ibu dengan usia kehamilan trimester III (40,91), dan mayoritas ibu mengalami anemia ringan (95,46%)

Kesimpulan : Kejadian anemia pada ibu hamil di PMB Haryanti sebanyak 17,05% mayoritas mengalami anemia ringan sebanyak 95,46% dan anemia ringan sebanyak 4,54%. Karakteristik ibu hamil yang mengalami anemia di Praktik Mandiri Bidan (PMB) Haryanti Desa Panimbang, Kecamatan Cimanggu, Kabupaten Cilacap tahun 2019 mayoritas ibu umur reproduksi sehat, paritas berisiko, tingkat pendidikan menengah, ibu tidak bekerja dan usia kehamilan trimester III.

Kata Kunci : Karakteristik, Anemia Kehamilan