

**PERCEPTION OF CHILDREN'S PRIMARY CAREGIVERS  
ON OBESITY AT PRESCHOOL AGE IN BANGUNJIWO VILLAGE  
OF KASIHAN BANTUL 2020**

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***Abstract***

***Background :*** Obesity was defined as an abnormal or an excessive fat accumulation that may interfere one's health. Bantul Regency occupies 2,609 children of obesity, with the highest number discovered in the district of Kasihan, with 116 toddlers in 2018.

***Objective:*** To know the perception of the children's primary caregiver towards obesity at preschool age in Bangunjiwo Village of Kasihan Bantul 2020.

***Methods:*** This research applied a descriptive study, with cross sectional design. The subject in this study was 18 primary caregivers of preschool of 2-6 years, with childhood obesity and willing to be a respondent in Bangunjiwo Village of Kasihan Bantul. Variable perception of obesity was based on the relationship between the children and their ages, last educations, and job status. The instrument of the study were used a questionnaire with a descriptive analysis.

***Results:*** This study suggests that as much as 55.6% of children's primary caregivers have a positive perception, and 44.4% of of children's primary caregivers have a negative perception of obesity in children.

***Conclusion:*** The perception of the children's primary caregiver on obesity at a preschool age in Bangunjiwo Village of Kasihan Bantul, the majority of children's primary giver has positive perception. It means that children's primary caregiver approve that obesity is a problem of health disorder to solve under preventive actions.

***Keywords :*** Perception, Obesity, Preschool Age

**PERSEPSI PENGASUH UTAMA ANAK TERHADAP OBESITAS  
PADA USIA PRASEKOLAH DI DESA BANGUNJIWO  
KASIHAN BANTUL TAHUN 2020**

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**INTISARI**

**Latar Belakang :** Obesitas didefinisikan sebagai akumulasi lemak abnormal atau berlebihan yang dapat mengganggu kesehatan. Kabupaten Bantul memiliki 2.609 anak balita yang mengalami obesitas, dengan angka tertinggi terdapat di wilayah Kecamatan Kasihan yaitu sebanyak 116 balita pada tahun 2018.

**Tujuan :** Mengetahui persepsi pengasuh utama anak terhadap obesitas pada usia prasekolah di Desa Bangunjiwo Kasihan Bantul Tahun 2020.

**Metode :** Penelitian ini merupakan penelitian deskriptif, dengan desain cross sectional. Subjek dalam penelitian ini adalah 18 pengasuh utama anak usia prasekolah (2-6 tahun) dengan anak mengalami obesitas dan bersedia menjadi responden di Desa Bangunjiwo Kasihan Bantul. Variabel dalam penelitian ini yaitu persepsi pengasuh utama anak terhadap obesitas berdasarkan hubungan dengan anak asuh, usia, pendidikan terakhir, dan status pekerjaan. Instrumen yang digunakan adalah kuesioner dengan analisis secara deskriptif.

**Hasil :** Hasil dari penelitian ini sebanyak 55,6% pengasuh utama anak memiliki persepsi positif terhadap obesitas pada anak. Sedangkan pengasuh utama anak yang memiliki persepsi negatif sebanyak 44,4%.

**Kesimpulan :** Persepsi pengasuh utama anak terhadap obesitas pada usia prasekolah di Desa Bangunjiwo Kasihan Bantul mayoritas berpersepsi positif yaitu mendukung bahwa obesitas merupakan suatu masalah dan harus segera dilakukan pencegahan.

**Kata Kunci :** Persepsi, Obesitas , Usia Prasekolah