

# **GAMBARAN POLA KOMUNIKASI KELUARGA PADA LANSIA DI DUSUN KWARASAN DESA NOGOTIRTO KECAMATAN GAMPING SLEMAN TAHUN 2019**

Mayang Nurindah M<sup>1</sup>, Wahyu Ratna<sup>2</sup>, Harmilah<sup>3</sup>

Jurusian Keperawatan Poltekkes Kemenkes Yogyakarta

Jl. Tatabumi No. 3 Banyuraden, Gamping, Sleman, D.I.Yogyakarta (0274)617601

Email: [mayangnurindah774@gmail.com](mailto:mayangnurindah774@gmail.com)

## INTISARI

**Latar Belakang.** Lanjut usia adalah seseorang yang usianya mencapai lebih dari sama dengan 60 tahun (Kemenkes, 2016). Kemunduran psikis pada lansia menyebabkan perubahan pada sifat dan perilaku yang dapat memunculkan permasalahan pada lansia. Oleh karena itu, dukungan keluarga berupa komunikasi sangat dibutuhkan lansia dalam meminimalisir terjadinya permasalahan pada lansia.

**Tujuan.** Peneliti ingin mengetahui gambaran pola komunikasi keluarga pada lansia

**Metode.** Peneliti menggunakan cara penelitian deskriptif. Penelitian dilakukan pada 24 Februari hingga 25 April 2019. Lokasi penelitian di Dusun Kwarasan. Subjek penelitian ini adalah keluarga yang tinggal dengan lansia sejumlah 59 orang. Penelitian ini dilakukan dengan menggunakan kuisioner mengenai pola komunikasi keluarga pada lansia. Analisis data menggunakan distribusi frekuensi.

**Hasil.** Pada penelitian ini didapatkan hasil bahwa 74,6% pola komunikasi keluarga pada lansia kurang sesuai. Sebanyak 40 orang (67,8%) penerapan teknik komunikasi dengan lansia kurang sesuai, dan sebanyak 33 orang (55,9%) komunikasi keluarga dan lansia tidak terhambat.

**Kesimpulan.** Mayoritas masyarakat menyatakan pola komunikasi antara keluarga dengan lansia masih kurang sesuai.

**Kata Kunci:** Lansia, keluarga, pola komunikasi

- 
1. Mahasiswa Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta
  2. Dosen Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta
  3. Dosen Jurusan Keperawatan Poltekkes Kemenkes Yogyakarta

## **DESCRIPTION OF THE ELDERLY FAMILY COMMUNICATION PATTERNS IN KWARASAN, NOGOTIRTO VILAGE, SUBDISTRICT GAMPING, SLEMAN REGENCY OF 2019**

Mayang Nurindah M<sup>1</sup>, Wahyu Ratna<sup>2</sup>, Harmilah<sup>3</sup>

Nursing Department Polytechnic of Health Ministry Yogyakarta

Jl. Tatabumi No. 3 Banyuraden, Gamping, Sleman, D.I.Yogyakarta (0274)617601

Email: [mayangnurindah774@gmail.com](mailto:mayangnurindah774@gmail.com)

### **ABSTRACT**

**Background.** Advanced age was someone who reached more than the same age as 60 years (Ministry of Health, 2016). Psychological setbacks in the elderly caused change in the nature and behavior that can cause problems in the elderly. Therefore, family support in the form of communication was needed by the elderly to minimize the occurrence of problems in the elderly.

**Aim.** Researchers want to know the description of family communication patterns in the elderly

**Methods.** Researchers used descriptive research methods. The study was conducted on February 24 to April 25, 2019. The research location was in Kwarasan Hamlet. The subjects of this research were 59 families who lived with the elderly. This research was conducted using a questionnaire regarding the pattern of family communication in the elderly. Data analysis uses frequency distribution.

**Result.** In this research, it was found that 74.6% of family communication patterns in the elderly were not appropriate. A total of 40 people (67.8%) applied communication techniques with the elderly less suitable, and as many as 33 people (55.9%) communication between family and elderly were not hampered.

**Conclusion.** From this research, it can be concluded that the majority of the community stated that the communication pattern between the family and the elderly was still not appropriate.

**Keyword:** Elderly, family, communication pattern

- 
1. Student Nursing Department Polytechnic of Health Ministry Yogyakarta
  2. Lecture Nursing Department Polytechnic of Health Ministry Yogyakarta
  3. Lecture Nursing Department Polytechnic of Health Ministry Yogyakarta