

**Perbedaan Waktu Pulih Sadar Berdasarkan Kelompok Umur
Pada Pasien Lanjut Usia Yang Menjalani Anestesi Umum
Di RSUP Dr. Soeradji Tirtonegoro Klaten**

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INTISARI

Latar Belakang : Pemulihan dari anestesi umum merupakan saat terjadinya stres fisiologis yang berat pada sebagian besar pasien. keterlambatan waktu pulih sadar dapat mengakibatkan keterlambatan pindah ke bangsal perawatan salah satunya penyebab keterlambatan waktu pulih faktor individu yaitu usia.

Tujuan penelitian : Penelitian ini bertujuan untuk mengetahui perbedaan waktu pulih sadar berdasarkan kelompok umur pada pasien lanjut usia yang menjalani anestesi umum Di RSUP Dr Soeradji Tirtonegoro Klaten

Metode penelitian : Jenis penelitian ini merupakan penelitian *kuantitatif non eksperimental*. Penelitian ini adalah mencari perbedaan waktu pulih sadar berdasarkan kelompok umur pada pasien lanjut usia yang menjalani anestesi umum.

Hasil penelitian : Uji statistik menggunakan analisa bivariat dengan uji *chi square*. Hipotesis diterima jika nilai *p value* <0.05. hasil penelitian didapatkan hasil tabulasi silang antara perbedaan waktu pulih sadar dengan kelompok umur pada pasien lanjut usia yaitu *p value* 0,066

Kesimpulan : Tidak terdapat perbedaan bermakna pada waktu pulih sadar berdasarkan kelompok umur pada pasien lanjut usia yang menjalani anestesi umum

Kata kunci : perbedaan waktu pulih, lanjut usia , anestesi umum

Keterangan :

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The Time of Conscious Recovery Based on Age Group in Elderly Patients Undergoing General Anesthesia at dr. Soeradji Tirtonegoro Hospital

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ABSTRACT

Background: Recovery from general anesthesia was a time of severe physiological stress in most patients. delayed recovery time can lead to delays in moving to the nursing ward, one of the causes of delay in recovering individual factors, example age.

Objective : The aim of study was to determine the difference in time of conscious recovery based on age group in elderly patients undergoing general anesthesia at Dr Soeradji Tirtonegoro Klaten Hospital

Method : type of srudy was a non-experimental quantitative research. It was to find out the difference in conscious recovery time based on age groups in elderly patients who underwent general anesthesia.

Results: The statistical test used bivariate analysis with the chi square test. The hypothesis was accepted if the p value was <0.05 . The results of the study showed that the cross tabulation between the differences in conscious recovery time and the age group in elderly patients was p value 0.066

Conclusion: There was no significant difference in the time of conscious recovery based on age group in elderly patients undergoing general anesthesia

Keywords: differences of conscious recovery time, elderly, general anesthesia

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