

**HUBUNGAN PERSEPSI PASIEN TERHADAP PERILAKU
KOMUNIKASI TERAPEUTIK PERAWAT DENGAN
KECEMASAN PRA *GENERAL* ANESTESI DI
RSUD DR. TJITROWARDOJO PURWOREJO**

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ABSTRAK

Latar Belakang: Pelayanan keperawatan perioperatif berlangsung sebelum, saat, dan segera sesudah prosedur pembedahan. Respon paling umum pada pasien pra operasi salah satunya ialah kecemasan menghadapi anestesi. Kecemasan pra operasi dapat menyebabkan hipertensi, disritmia, dan berujung pada penolakan tindakan operasi oleh pasien. Salah satu cara menurunkan kecemasan pra *general* anestesi dengan teknik non farmakologis yaitu komunikasi terapeutik.

Tujuan Penelitian: Mengetahui hubungan persepsi pasien terhadap perilaku komunikasi terapeutik perawat dengan kecemasan pra *general* anestesi.

Metode Penelitian: Desain penelitian ini yaitu studi korelasi dengan pendekatan *survey cross sectional*. Penelitian ini dilaksanakan pada bulan Maret – April 2019. Populasi penelitian ini pasien pra *general* anestesi di RSUD Dr. Tjitrowardojo Purworejo dengan jumlah sampel sebanyak 48 orang. Alat ukur yang digunakan yaitu kuesioner Perilaku Komunikasi Terapeutik dan kuesioner HARS. Analisis data menggunakan uji *Kendall Tau*.

Hasil Penelitian: Mayoritas pasien pra *general* anestesi di RSUD Dr. Tjitrowardojo mengalami cemas berat dan menilai baik perilaku komunikasi terapeutik perawat. Hasil uji statistik menunjukkan nilai signifikansi sebesar 0,084 ($0,084 > 0,05$).

Kesimpulan: Tidak ada hubungan persepsi pasien terhadap perilaku komunikasi terapeutik perawat dengan kecemasan pra *general* anestesi di RSUD Dr. Tjitrowardojo Purworejo.

Kata Kunci: kecemasan, perilaku komunikasi terapeutik, persepsi pasien, pra general anestesi

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THE RELATIONSHIP OF PATIENT PERCEPTION ON THE BEHAVIOR OF NURSING TERAPEUTIC COMMUNICATION WITH ANXIETY OF PRE GENERAL ANESTHESIA IN RSUD DR. TJITROWARDOJO PURWOREJO

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ABSTRACT

Background: Perioperative nursing services take place before, during, and immediately after the surgical procedure. The most common response in preoperative patients is the anxiety facing anesthesia. Preoperative anxiety can cause hypertension, dysrhythmias, and lead to rejection of surgery by the patient. One way to reduce anxiety is pre-general anesthesia with non-pharmacological techniques, namely therapeutic communication.

Objective: To find out the relationship between patient's perception of the therapeutic communication behavior of the nurse and the anxiety of pre-general anesthesia.

Methods: The design of this study is a correlation study with a cross sectional survey approach. The research was conducted in March - April 2019. The population of this study was patients with pre-general anesthesia at the RSUD Dr. Tjitrowardojo Purworejo with a total sample of 48 people. The measuring instrument used was the Therapeutic Communication Behavior questionnaire and the HARS questionnaire. Data analysis using the Kendall Tau test.

Results: The majority of patients pre-general anesthesia at Dr. Tjitrowardojo experienced severe anxiety and assessed the nurse's therapeutic communication behavior. The results of the statistical test showed a significance value of 0.084 ($0.084 > 0.05$).

Conclusion: There is no correlation between the patient's perception of the therapeutic communication behavior of the nurse and the anxiety of the pre-general anesthesia at Dr. Tjitrowardojo Purworejo.

Keywords: anxiety, patient perception, pre general anesthesia, therapeutic communication behavior.

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